

# SOHRA GOVERNMENT COLLEGE



## ANNUAL REPORT

JULY 2019 – JUNE 2020



## *From The Principal's Desk*

**S**ohra Government College, Sohra was established on 10<sup>th</sup> July, 1982, has completed 38 (thirty-eight) years of yeo-man service. Days and years have gone with rain, shower, mist, dust, fog, wind and storm, the challenges that nature has posed but these did not deter its spirit. It cannot be denied that its progress is in a slow pace, yet it did not give up, but kept the motto of the institution glowing 'Progress with wisdom'.



Within the period of July 2019 to June 2020, the college has witnessed a great leap forward in every activity, be it academics or ex-curricular. Teachers in charge of different committees had organised programmes related to the theme. They had participated in different workshops and webinars. The College has credited itself with a Webinar, on 'Social Media'; A Potent of Societal Change' (the detail report shall be in the next year). Students have expressed that they felt a change in the academic atmosphere of the institution. Overall participation during the academic outstanding and progressive.

In this Annual-Report all the activities during the academic year are noted.

*Dr. (Miss) Alfreda L Lyngdoh*  
*Principal*

# SOHRA GOVERNMENT COLLEGE, SOHRA

## East Khasi Hills District, Meghalaya

### THE MEETING OF THE STAFF AND THE PRINCIPAL OF SOHRA GOVERNMENT COLLEGE, SOHRA

DATE : 15<sup>th</sup> JULY, 2019

TIME : 10 AM

VENUE : PRINCIPAL'S CHAMBER, SOHRA GOVERNMENT COLLEGE

The Principal, Dr (Miss). A.L. Lyngdoh welcomed the teachers who were present in the meeting. The following are the thoughts and ideas shared by the Principal for the improvement of the college.

- To improve the college by taking one step ahead and improve the student-teacher relation.
- To understand the condition of the student and help them with consideration of their needs and requirements. To make classroom teaching more interactive.
- To complete the course in time and the teachers should help each other to make sure the classes are taken regularly. For this, there should be arrangement within the department and there is no need to approach the Principal for the same.
- To maintain fairness in giving internal marks and students must write all the two test and the assignment for which the teachers should help them with study materials.
- To start maintaining Department profile and Department Diary.
- To pursue research as far as possible
- To name the Magazine Committee as Editorial Committee and to start to projects:
- Annual Report: this should start from 15<sup>th</sup> July, 2019 itself.
- College Magazine: For this, every department must think of a subject to contribute in the magazine.
- To conduct one seminar (district level or nation or international) every year for which two department may work together to organise such programme.
- To prepare for placement.
- To start the preparation for NAAC Accreditation.
- To keep Station Leave for any eventualities.
- To reach the college half-an-hour early during examinations.

In conclusion, the Principal thanked the members present and the meeting was closed thereafter.

*Dated: 19<sup>th</sup> July, 2019*

To,

The Principal,  
Sohra Government College,  
Sohra.

Subject : Report of the activities of the Women Cell, Sohra Government College from the day of its inception to date.

Madam,

With reference to the subject cited above I as the Member Secretary of the Women Cell Sohra Government College, Sohra have the honour to submit to you the Report of the activities of the Cell from the day of its inception to date, for your kind consideration and necessary action.

*Thanking You,*

*Yours faithfully,*

*Smt. H. W. Kharshiing  
(Member Secretary)  
Women Cell  
Sohra Government College  
Sohra*

19<sup>th</sup> July, 2019

### **A Report of the activities of the Women Cell Sohra Government College, Sohra from the time of its inception to date.**

The Women Cell Sohra Government College, Sohra was constituted on the 3<sup>rd</sup> of January, 2016 as per the guidelines of the UGC since Gender Sensitization and Women Empowerment is a major concern in our country today. The Cell has the following Members:

1. Mrs. Heini Wanka Kharshiing, Member Secretary.
2. Mrs. Mayfair Wahlang, Member.
3. Ms. Phiiada Khyriem, Member.

#### **The following are the activities of the Cell:**

- 1) The Members of the Cell had their first meeting on the 24<sup>th</sup> of January, 2016. The outcome of the meeting were:
  - 1/a: The aims and objectives of the Cell both long term and short term were laid down.
  - 1/b: Action Plans were chalked out for fulfilling the aims and objectives.
  - 1/c: It was also decided to include two additional members as advisers as and when the need arise.
  - 1/d: A decision was also made to ask for a room to be allotted to the Cell.
- 2) The Second meeting of the Women Cell was on the 5<sup>th</sup> of October, 2016. The meeting was called to review what has been done so far and to inform the members present of the fact that the Cell has not received any complaint of harassment till date. The meeting ended with the Member Secretary thanking everyone for their presence.
- 3) On the 24<sup>th</sup> of August, 2017 another meeting was called and the agenda was:
  - 3/a: **Plans for organizing an Awareness Programme on Gender Sensitization.**
    - 3/a/i: The members present decided to organize a Programme on Gender Sensitization on the 5<sup>th</sup> of December, 2017 with future adjustment if the need arises. The Principal suggested approaching the Indian Council of Social Science Research for funding.
    - 3/a/ii: It was agreed that the Programme should focus on Gender Sensitization and Women Empowerment.
    - 3/a/iii: The Principal also suggested approaching the Labour Department, the State Commission for Women, Social Welfare Department and the Integrated Child Development Services to help organize the Programme.
  - 3/b: **Action plan in case a complaint of harassment is put forth.**
    - 3/b/i: If a complaint of harassment is brought to the Cell then any decision will be made

after hearing both sides and in the presence of the Principal and the members of the Grievance Cell.

**3/c: Miscellaneous:**

**3/c/i:** The members requested the Principal to give separate toilets to the female teachers and improve the toilets of the female students by ensuring dustbins and constant water supply. Both the requests were granted the next day. The members of the Cell met the Principal Mr. O U Lyngdoh and expressed their gratitude for his prompt action.

**3/c/ii:** A request was also made for the improvement of the Girl's Common Room.

- 4) In response to Letter no. MSCW/LAP/15/81/2216, dated the 25<sup>th</sup> of July, 2018, Office of the Meghalaya State Commission for Women, Government of Meghalaya, informing the Principal of a Legal Awareness Programme to be organized by the Commission, a decision was made to send students for the Programme accompanied by a few teachers. As the member of the College Cell could not attend the Programme due to personal reasons the Member Secretary requested Mrs. Banita Mawiong and Ms. Uniqueen Khylllep to accompany students from different semesters to attend this Programme.

The Programme started at 11:00 am with the inaugural session and light refreshment. This was followed by a talk on Women and the Indian Constitution by Mrs. Rebina Subba, Advocate with the High Court. She further enlightened the audience on the importance of Women and Family Law. The second speaker was Mrs. Annie Sohtun, Coordinator for Meghalaya State Commission for Women who talked about The Protection of Women from Domestic Violence Act, 2005. The audience was then made familiar with the Child Marriage Act by Mrs. I Tariang, Member Secretary MSCW. After the lunch breaks Mrs. Matti Warjri, District Child Protection Officer, East Khasi Hills District Shillong gave a lecture on the Protection of Children from Sexual Offences Act, 2012. A representative of the Police Department, East Khasi Hills District talked about Criminal Law and Women and a representative from the Meghalaya State Legal Service Authority explained about Procedural guidelines for free legal aid and services, rights of arrested women and bailable and non-bailable offences. The Programme concluded with the evaluation, closing statement and the vote of thanks.

- 5) As per Letter No.SGC/Misc/2018-19/2238-40 dated Sohra the 27<sup>th</sup> of July 2018 from Mr. L S Marbaniang, Principal, Sohra Government College, Sohra to Mr. A Ch Marak (MCS), Director of Higher and Technical Education, the names of Mrs. H W Kharshiing and Ms.P Khyriem were forwarded as Co-ordinator and Asst. Co-ordinator respectively of the Women's Grievance Cell, Sohra Government College.
- 6) In pursuance of the decision made at the meeting called on the 24<sup>th</sup> of August, 2017 a Legal Awareness Programme was organized by the Women Cell Sohra Government College in collaboration with the Meghalaya State Commission for Women with the support of The National Commission for Women, New Delhi on the 19<sup>th</sup> of July, 2019. Due to a number of

constraints the Programme could not be held at an earlier date. As the Commission agreed to help financially as much as it could, a decision was made to ask the Office of the Principal of the College for further assistance. Without any hesitation the Principal, Dr Ms. A J Lyngdoh sanctioned the required amount for the Programme.

On the 19th of July, 2019 the Programme started with the members of the State Commission arriving at 10:30am. They were received by the Principal and the inaugural session started with the welcome speech given by Mrs. L M Synrem, Assistant Professor, Education Department. This was followed by an introductory speech given by Mrs. Theilin Phanbuh, Chairperson, Women Commission, Government of Meghalaya. The Awareness Programme then commenced with a talk on Understanding Gender, Women and the Indian Constitution by Mrs. Annie Sohtun, Co-ordinator, Meghalaya State Commission for Women. The next speaker, Mrs. Daisily Thangkhiew an advocate with the District Legal Services Authority spoke animatedly on Women and Family Law. This was followed by a talk from Mrs. I Tariang, Member Secretary of the Commission who spoke on the Protection of Women from Domestic Violence Act, 2005. A Sub – Inspector from Sohra Police Station, Mr. R B Sten then spoke on Criminal Law and Women. This was well received by the audience which comprised of students from the first, third and fifth semester as his speech was humorous as well as informative. It was indeed an enlightening Programme. The entire session ended with the vote of thanks proposed by the Member Secretary of the Women Cell of the College. The members present including the students were given lunch and dispersed at around three in the evening.

- 7) In pursuance of order No.SGC/Misc/2019/2550 dated Sohra the 3<sup>rd</sup> of Sept, 2019 with reference to letter No.DHTE/Esstt/Misc/41/2019/4-2027, dated Shillong the 19<sup>th</sup> of August, 2019, Mrs. H W Kharshiing and Ms. Phiiada Khyriem attended a Workshop organized by The Meghalaya Administrative Training Institute on Implementation of Prevention of Sexual Harassment of Women at the Workplace on the 11<sup>th</sup> of September, 2019. The Workshop started at 10:00 am in



the morning with all the participants registering themselves for the first day. The first session was conducted by the members of Sanhita a Gender Resource Center based in Calcutta. This was followed by an interactive session on understanding sexual harassment at the workplace, the types and manifestations. During the course of the workshop, videos were screened and written exercises were conducted to enlighten the participants on the subject. The members of Sanhita took turns to explain Laws related to sexual harassment, how to respond to such cases, sensitizing the employees and employers about gender discrimination and preferential treatment also being some kind of harassment. The participants were divided into groups for different activities which made the workshop more interesting. After a hearty lunch the participants were made aware of complaints and redressal mechanism included in The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, and Strategies for safe workplaces.

The Workshop concluded with the question and answer session, the vote of thanks and a photo session.

- 8) A review meeting of the Women's Cell, Sohra Government College, and Sohra was called on the 8<sup>th</sup> of September, 2020. The Member Secretary informed the members present that the Cell has not received any complaints of Sexual Harassment till date. The meeting concluded with the Member Secretary thanking everyone for their presence and cooperation.





23<sup>rd</sup> July, 2019

Joint Meeting of the Infrastructure Committee and the official from the PWD (Buildings) Shillong.

#### MEMBERS PRESENT

1. Dr. (Ms.) A. L Lyngdoh
2. Shri. P. Hynniewta
3. Shri. K. Niangmih
4. Shri. P. Mawniuh
5. Shri. G. S. Kharwanlang (Apologies accepted)

#### AGENDA: REPAIRING OF THE COLLEGE.

The meeting after a thread bare discussion, the J.E. PWD (Buildings) clearly explain that as of now there is no proper handing and taking over of the building of the College with the PWD (Buildings). Further, the J.E. PWD (Buildings) clearly explain that as of now no proposal for the expenditure of the College to be included in the budget of the PWD (Buildings).

The meeting resolves kind authorizes the office of the Principal to write and pursue the matter with the DHTE for proper handing and taking over of the College building to the PWD (Buildings) Shillong, and MePDCL. As far as PHE Dept is concerned the meeting resolve to write to DHTE and giving suggestion to hand over to the PHE (Div) Sohra instead with PHE (Div.) Shillong. The meeting further resolve to write & impress the DHTE about the need of fencing of the new land of the College which is situated at WahKhlek-Khlek Saitsohpen, Sohra.

The meeting also resolve to write to the DHTE about the urgent need for repairing of the College like, broken glasses, windows & doors of the existing college. Further, the Meeting resolves to write to the DHTE about the urgent need for renovation of the whole existing College building as of now it does not look safe to use anymore.

## OFFICE OF THE PRINCIPAL SOHRA GOVERNMENT COLLEGE SOHRA

Dated Sohra, The 25<sup>th</sup> July 2019

To The Principal  
Sohra Government College  
Sohra

Subject: Resolution of the joint meeting of the Evaluation Committee and all HOD's

Madam,

With reference to the subject cited, I have the honour to place herewith the resolution of the said meeting which was held on the 23<sup>th</sup> July 2019.

1. The meeting passed a resolution that the scheduled of the 1<sup>st</sup> and 2<sup>nd</sup> Internal Test to be held from 5<sup>th</sup> August, 2019 till 10<sup>th</sup> August, 2019 and 9<sup>th</sup> September, 2019 till 14<sup>th</sup> September, 2019 respectively.
2. For this matter a resolution was also taken that the papers to be used for these two Internal Test have been entrusted to the Office of the Principal and Purchase Committee of the College to procure.

This is for your kind information and necessary action from your side.

**Shri P. Hynniewta**  
**Member Secretary**  
**Evaluation Committee**

**26.07.2019:** A meeting with the purchase committee was held at the Principal's chamber at 12:00 noon.

It was resolved that the answer sheets for internal assessment should bear the name of the college on the front page.

31<sup>st</sup> July, 2019

The demise of late Dr. Donkumar Roy, MLA, Shella Constituency, Speaker of Meghalaya Legislative Assembly.

Sohra Government College lost a great leader with the demise of Late. Dr. Donkumar Roy, who was then a Speaker of the Meghalaya Legislative Assembly.

Late Dr. Donkpar Roy, was a man of vision who wanted development for the area he represented. He took up the issue of raising Sohra College to a Government College with Late Shri. P.A. Sangma, who was then a Chief Minister of a Coalition Government in 2007. With his initiative the Government that followed provincialized it on 18<sup>th</sup> Feb, 2009, and it was formally recognised as a Government College in 2011.

A State funeral in his honour was held on 31<sup>st</sup> July 2019.

May his soul rest in peace.

6<sup>th</sup> August, 2019

## *Student Orientation Programme*

**T**he Principal of the college organized an hour Orientation Programme for the Students on 6<sup>th</sup> August, 2019 at 11:00 AM in the Hall of the College.

The theme of the Orientation Programme was to highlight their duty as a Student. To make them understand their responsibilities as a learner preparing for a career and his/ her duty to society.

In the institution, they should maintain their etiquette as students. Teacher-student relationship should be that of duty and morality. Students should look-up to the teachers as role model, should approach them whenever necessary, not only for material preparation but for morality as well, should dress decently and behave decently.

Attendance is an utmost importance in educational institution. Students should adhere to it, as 75% is required to qualify them to appear for an examination.

Internal assessment should be taken as a top-most priority, students should appear in all the internal test and assignments should be submitted in time.

Cleanliness is next to Godliness. Therefore, students should keep the campus clean. Should also maintain a healthy habit.

Personal impression is also equally important. Students should always have a positive approach to life; Should be confident in all activities and any other undertakings.

Lastly, Students should always set a goal in life. By setting a Goal, one can achieve one's aim no matter how small it may be, but it will be a step to success.

**08.08.2019**, Smti. C. Syngai, Lecturer in Political Se and Dr. S. Kharwanlang, Asst. Prof. in Environment attended workshop for IQAC organised by NEHU.

**13.08.2019**: Student Union Election list.

# *Sohra College Student Union*



- |                                  |   |                        |
|----------------------------------|---|------------------------|
| 1. President                     | – | BevansonKhyllep        |
| 2. Vice President                | – | BasdonalKhyllep        |
| 3. General Secretary             | – | KyntiewlangNongrum     |
| 4. Asst. General Secretary       | – | PhilaKhongjliw         |
| 5. Finance Secretary             | – | AlvinlarryPde          |
| 6. Organising Secretary          | – | KyntiewboklangKhongwir |
| 7. Publicity Secretary           | – | IengskhemMawkhiew      |
| 8. Asst. Publicity Secretary     | – | George Thabah          |
| 9. Sport Secretary               | – | Stevenson Lyngdoh      |
| 10. Asst. Sports Secretary       | – | LizadoraKhongshet      |
| 11. Student Editor               | – | Daryl DolfPhanbuh      |
| 12. Common Room Incharge (Boys)  | – | SynrapsingRiahtam      |
| 13. Common Room Incharge (Girls) | – | NaphisabetDiengdoh     |
| 14. Discipline Secretary         | – | Lapdianhun War         |
| 15. Bus Incharge                 | – | SamborlangNongrum      |

**CLASS REPRESENTATIVE****6<sup>th</sup> Semester**

Boys	–	Pynkmenlang Pahsyntiew
Girls	–	Ibansarakini Rajee

**5<sup>th</sup> Semester**

Ibadaker Nongbri  
Bansynshar Sawian

**3<sup>rd</sup> Semester**

Boys	–	Marbiang Majaw
Girls	–	Leany Girl Pde

**23.08.2019:** Principal along with Shri. P. Hynniewta had a meeting with Smt. J. Umdor EAC and Shri. A. Mukhim, BDO, Sohra Sub Division, Sohra. The purpose was to inform the intention of the College to pen a Khasi Music Course.

**02.09.2019** – Visit by the Thai Team during research on Tourism from Chulalongkorn University, Bangkok, Thailand along with Prof. Streamlet Dkhar, Dean of School of Humanities NEHU, Shillong. Chulalongkorn University, Bangkok.

1. Narumon Arunotoi Ph.D
2. USA Kotsripetch
3. Jason Sanglir

3<sup>rd</sup> September, 2019**Minutes of the Staff Meeting of Sohra Government College, held on the 3<sup>rd</sup> November, 2019 at 01:15pm at the Staff Common Room of the College.**

The meeting was called to order by the Principal, who also Chaired the meeting and welcome the Staff attending the same. During the meeting, after a careful deliberation, the staff meeting resolved to take the following decisions:

1. **Equity Programme:** The Chaired briefed the meeting on the objectives of Equity Programme after which the following decisions were taken:
  - a. The training programme on communication skillets will be conducted in the College from 16<sup>th</sup> September to the 21<sup>st</sup> September, 2019 in collaboration with Avenues, the training Institute.
  - b. All students are to participate in the said programme; attendance will be taken on each day of the programme.
  - c. Each department will take charge for at least one day of the programme during the mentioned dates.
2. **Placement of Teaching Staff:**
  - a. The Chaired outlines the requirements pertaining to the submission of documents for the placement of teachers and urged the teachers to make necessary arrangements for timely submission of their documents.
  - b. A copy of all necessary documents and certificates are to be kept in the Office of the Principal for necessary future reference.
3. **Additional Bus for the College:** The meeting resolved to refer this matter to the Transport Committee for deliberation and suggestions and to report the same in the next staff meeting.
4. **Renovation of Classroom:** The Chaired apprised the meeting that there had been complaints from the students of the college that the concrete plasters of the ceiling of many of the classrooms were crumbling during class hours.
  - a. The meeting resolved to entrust the Office of the Principal to take up the matter with relevant higher authority.
5. **Convocation/ Felicitation Programme for Students:** The meeting resolved to felicitate all successful graduated students of the college during the College Week celebration 2019. The Academic Committee is to be entrusted to make necessary arrangements in this regard.

6. **Various Committees and their Activities:** Pertaining to the non-functioning of some of the Committees of the College, the meeting resolved to urge all Committees to start functioning with immediate effect, to conduct relevant programmes and activities, and to also keep a record of all activities and proceedings.
7. **Traditional Music Course in the College:** The meeting was apprised by the Chair on the need for an initiative of Conducting Traditional Music Course in the College, the meeting therefore resolved to refer this matter to the Cultural Committee to deliberate and to submit the Concept paper in the next staff meeting.
8. **Observation of Road Safety Week:** The meeting resolved to observe a Road Safety Week by organizing an awareness programme, the matter is refer to the NSS and the Transport Committee to jointly take the initiatives for the mention programme.
9. **Physical Trainer:** The meeting resolved to appoint at least one Physical Trainer to guide the students of the College for sports in difference disciplines. Pertaining to this matter, The Sport and Cultural Committee is entrusted with the responsibilities to prepare a concept paper and submit the same to the Office of the Principal at the earliest possible.
10. **Documentation and records of Academic Data:** The meeting resolved to instruct the Academic Committee to make necessary documentation and record for all academic data viz., the number of students appearing in the examination, result and percentage of pass, etc for the record of the college, for all semester, and this task will have to be undertaken with immediate effect.
11. **Admission Process:** In order to streamline the admission process, the meeting resolved to instruct the Admission Committee to put a ceiling of a maximum enrolment of 50 students in each Department.
12. **Redefining the Logo of the College:** The meeting deliberate on the need to redefine the meaning and colours of the College's Logo. It was resolved that the matter should be refer to the Magazine Committee to look into the matter and report the same in the next committee.
13. **College Foundation Day:** The meeting unanimously resolved to observe the College Foundation Day on every 10<sup>th</sup> July every year to commemorate its inception. It was also resolved that the Commemoration will start from the year 2020. The Sport and Cultural Committee will be entrusted to deliberate and make necessary arrangements in consultant with the Office of the Principal for the commemoration of the College Foundation Day.
14. **Closing:** The meeting was closed by a vote of thanks proposed by the Chaired.

**05.09.2019: TEACHER'S DAY**

On 5<sup>th</sup> September, 2019 Students celebrated Teachers Day Cultural Programmers were organized as a mark of respect on the occasion. It ended the refreshment provided by the students.

**POLITICAL SCIENCE DEPARTMENT**

## *Rusa Equity Programme*

16<sup>th</sup> – 21<sup>st</sup> September 2019

The agreement to organize the programme was made on the 13<sup>th</sup> day of September 2019 between Sohra Government College as the First Party and Mark A.R Laitphlang Stone, proprietor M/s Avenues having registered office at “Crossways” building, Jingkieng, Lower Nongthymmai, Shillong as the Second Party.

The Programme was organized from 16<sup>th</sup> – 21<sup>st</sup> September and deployed a 30 (Thirty) hour workshop on Improving Employability on Campus for students of the campus.

The Object was:

To equip young adults with the skills and coping strategies required to live more wholesome, productive lives, encouraging welfare and success on the personal and professional fronts as they leave school and colleges.

The college shall work towards the improvement of the students as an outcome of the programme, to be: –

- a. Self –worth, first impression and body language.
- b. Formal communication & the basics of Resource Building.
- c. Public Speaking & Presentation Skills.
- d. Conversational Etiquette, Everyday English and Communication styles.

Side by side a programme on ‘Aspire Meghalaya’ was also organized for Higher Secondary Section, which was sponsored by the Government of Meghalaya, Deptt. of Arts and Culture.

1<sup>st</sup> October, 2019

Meeting with the Head of Department on the 1<sup>st</sup> October, 2019

1. Smt. Tapashi Sinha – English
2. Shri. KhustardhonNiangmih – Khasi – informed
3. Smt. Catherine Syngai – Pol. Sc
4. Smt. Catherine Swer – History
5. Smt. Lucia Mary Synrem – Edn
6. Shri. Ajay Kumar Choudhury – Eco
7. Dr.ShembhalangKharwanlang – Env.

The meeting started with a Welcome speech from the Principal.

#### AGENDAS:

Report relating to the workshop conducted by the Education Dept. NEHU

#### OBJECTIVE:

Designing of the syllabus for the 4 year Integrated course BA, BSC, BCOM, B.Ed to be done in the workshop which will commence in NEHU from the 16 – 18 Oct, 2019 but as per information the Workshop is shifted.

UGC Letter: Instruction to organise various programme. The Programmes are entrusted to committee and deptts as follows:

- a) SwacchataSeva – NSS
- b) 15<sup>th</sup> Birth Anniversary of Mahatma Gandhi – NSS & History Dept.
- c) Awareness on Single Plastic use Education Deptt.
- d) Fit India Movement – Pol Sc. Deptt.
- e) One Student on tree – English v EVS Deptts.
- f) Stride – Economics and Khasi Deptts.
- g) SWAYAM MOCC (Massive open online courses) (Access, Equity v Quality) to be incorporated from the Testimony from students who have benefitted from the Communication skills Programme conducted by Avenues.

The meeting resolved that the above allotted programme will be conducted on the 14<sup>th</sup> Oct, 2019 in the College premises.

3. 'SOHRA RAINS' initiative taken by the students is entrusted to Smt. S. M. Synrem to follow up the Programme.

4. Canteen: The meeting resolved that the canteen of the college must.
- 1) Pay rent of Rs. 500 (Five Hundred) per month
  - 2) Pay electricity bill i.e. half the rate of the bill, whatever amount it may be, and half will be borne by the institution.

This will be effective from the next academic session 2020.

It is also suggested that the Canteen should improve the Quality of food and maintain cleanliness.

**Members incharge for Canteen:**

- 1) Smt. L. M. Synrem.
- 2) Smt. C. Syngai
- 3) Smt. C. Swer
5. Honorarium for Sir. E.V. War, Khasi Deptt. who is still holding a college post.

The meeting resolved to increase the honorarium from Rs. 8000/ – (Eight Thousand) to Rs. 13,000/ – (Rupees thirteen thousand) only. An increase of Rs. 5,000/ – (Rupees Five Thousand) only. This will be implemented with immediate effect.

The institution has implemented it w.e.f. September, 2019.

The meeting ended with a vote of thanks from the chair.

**11.10.2019** Advisory Body Committee meeting in the Chamber of the Principal Sohra Government College.

# SOHRA GOVERNMENT COLLEGE, SOHRA

A report on the Awareness Programme organized by the Education Department

**Date** : 14<sup>th</sup> October. 2019

**Venue** : College Campus

**Topic** : Single – Plastic: Its Harmful effects to Human Health and to the Environment (As part of the UGC Programme)

On the 14<sup>th</sup> October, 2019, the Education Department of Sohra Government College, organised an Awareness Programme on “the Harmful effects of single – used plastics to human health and to the Environment”. This was one of the programmes as instructed to organized by the UGC under its scheme.

The Programmes started at 11:00 am in the College Campus with the welcome speech and introduction of the programme by the Chairperson, Santi Kharmaw. Five speakes delivered their speech on the topic, three speakers, Judith Shangpliang, Kermi Mary Kharnaioir and DaphiraSwer delivers their speech in English and two speakers, Lapdianghun War and RikordorKharnaioir delivers their speech in their own mother tongue. All the speakers dwelt at length on the plastics menace and its harmful effects to human lives and to all living species here on the planet Earth. The awareness programme has sent a strong message to the audience to completely stop the use of “Use and Throw” plastics like plastics cups, plastics bottles, plastics wrappers, plastics chips, etc., if we want to enjoy a healthy life here on Earth.



Slogan Writing on the Topic has also been prepared by the students.

The programme concluded with a message “Think globally. Act Locally. The time to act is Now ”.

Smt L. M. Synrem  
HOD Education Department

## REPORT ON THE 'FIT INDIA MOVEMENT' HELD ON 14<sup>TH</sup> OCTOBER 2019

'Fit India Movement' was launched by Prime Minister Shri Narendra Modi on 29<sup>th</sup> August, 2019 on the occasion of National Sport Day. The Movement seeks to address the health issue caused due to sedentary lifestyle.

As part of the movement Higher Education Institutions and affiliated colleges can make well-meaning efforts for the well-being of their students, teachers, staff to achieve physical fitness, mental strength and emotional equanimity.

The Department of Political Science, Sohra Government College, Sohra organized the Fit India Movement on the 14<sup>th</sup> October, 2019 at the College Premises. The aim of the programme is to create awareness regarding the dangers of physical inactivity and encouraging everyone to actively engage in recreational physical activity for their physical and psychological well-being.

As part of the programme, initiative was taken up by the students where they demonstrated some fitness regime which is part of the skill-related fitness (SRT) and a component of physical fitness.

Fit India Movement is a necessary initiative and more such programmes need to be taken up on a regular basis considering the increase in lifestyle diseases and disorders.



(Smt. Catherine Syngai) HOD,  
Political Science Dept.  
Sohra Govt. College, Sohra

# SOHRA GOVERNMENT COLLEGE

## DEPARTMENT OF ENGLISH

Dated 15<sup>th</sup> October, 2019

To

The Principal  
Sohra Government College, Sohra

Subject: Brief report of Tree Plantation under the One – Student – One – Tree Scheme

Respected Madam,

With reference to the subject mentioned above, and in response to the responsibility assigned to the Department of English to implement the One – Student – One – Tree Scheme, the Department on the 14<sup>th</sup> October, 2019 mobilised about 200 students of the College to undertake a tree plantation drive in the College Campus with a view to achieve the target of one – student – one-tree,

During the programme each of the 200 students donated a sapling and about 200 saplings of various species of tree were planted in the College Campus. The tree plantation drive highlighted by the students' pledge to adopt one tree each for nurturing his\ her academic years in the College.

This is for your information and necessary action.

*Thanking you.*

Yours faithfully

Dr. Kamilang Nongmalieh  
Department of English

## Scheme for Trans – disciplinary Research for India’s Developing Economy (STRIDE)

Dated: 17<sup>th</sup>/10/2019

A brief report of the programme – Scheme for Trans – disciplinary Research for India’s Developing Economy (STRIDE) jointly conducted by the Economics and Khasi Department of Sohra Government College.

### Part – 1 (Economics Department)

The Survey basically focus on various problems like unemployment, health care, sanitisation, etc,. It covered 20 villages of Sohra Civil Sub – Division in the District of East Khasi Hills, Meghalaya and the following villages are covered viz..

Mawkisyiem, Pynshadkhurai, Pdengshnong – Sohra, Laitryngew, Mawmluh, Mawkma, Sohrarim, Pyrda, Mawlong, Khliehshnong – Sohra, Saitsohpen, Mawkdok and Kutmadan.

The sample survey was conducted by using simple questionnaire method and the following result are found.

The common basic problems faced by the Entire Villages (Priority wise) are unemployment, lack of health care facilities, sanitation and scarcity of potable water.

Unemployment is the major issue in these villages. Economically they are very poor. Majority of households have very low income and it range from Rs. 5000/ – to Rs. 10000/ – only a month. Self – employment (mostly agriculture), daily labour, tiny business etc, are only their main source of income. Occasionally, there were few households whose sources of income is service. There found to be many families living below poverty line.

So far health and sanitation is concerned, only few villages have PHC/CHC facilities. Very few villages have proper waste disposal system. Of course the majority of the villages have sanitary toilets.

The most sticking features is that households of many villages are still fetching potable water either from natural stream or water holes. PHE has not been able to cover the 100% villages.

It has also been revealed that majority of the youths can’t find job after they completed their higher education. Also there are many school dropouts.

**Part: 2 (Department of Khasi)**

The concept of the questioner prepared by the Khasi Department are included the general knowledge, of History of Khasi Nation of Meghalaya – The Languages they Speak, The Traditions, Cultures, etc, that the people will know how they live in the early ages.

1. Economics Department
2. Khasi Department

**Signature**

**Scheme for Trans – disciplinary Research for India’s Developing Economy (STRIDE):** To access, analyze ameliorate the economic condition of the people of the area in and around Sohra, the College undertook a survey under the guidelines of STRIDE in about 20 villages under Sohra Civil Sub – Division. The survey was conducted by the use of questionnaires and data analysis on the parameters with emphasis on employment, sanitation, health and literacy.

**Sd/-  
Principal  
Sohra Government College  
Sohra**

## ECONOMICS DEPARTMENT

### Scheme for Trans – Disciplinary Research for India’s Developing Economy. (STRIDE) (ECONOMICS DEPARTMENT)

**Questionnaire:** Consumer Needs.

Note: Please tick mark ( ✓ ) where necessary.

- A. Name: \_\_\_\_\_ Age: \_\_\_\_\_
- Address: \_\_\_\_\_ Sex: Male Female
- Occupation: \_\_\_\_\_ Status: Married Unmarried
- Service: \_\_\_\_\_
- Business: \_\_\_\_\_
- Others: \_\_\_\_\_
- Number of members in the family:
- |        |                             |
|--------|-----------------------------|
| 0 To 3 | Monthly income ( In Rupees) |
| 3 To 6 | From 0 to 5000              |
| Over 6 | From 5000 to 10000          |
|        | From 10000 to 20000         |
|        | Above 20000                 |
- B. What problem do you face most?
- (a) Unemployment
- (b) Food Scarcity
- (c) Health and Sanitation
- C. How many days do you engage in your occupation in a week?
- (a) 1-2 days
- (b) 2-3 days
- (c) 3 days above
- D. Do you have Primary Health Centre in your locality?
- Yes / No
- E. Is the Doctor available anytime you visit the health centre?
- Yes / No

- F. Where do you get portable (drinking) water from?  
(a) Government Supply.  
(b) Fresh water.  
(c) Any other Source
- G. What is the distance of your School from your Locality?  
(a) Within the Locality.  
(b) 0 to 1km.  
(c) 1km above.
- H. Is there any school dropouts in your Locality? Yes / No
- I. What is the distance of the main market place from your locality?  
(a) Within the locality.  
(b) 0 to 1km.  
(c) 1km above
- J. How many time do you visit a market place in a month?  
(a) 1 to 5  
(b) 5 to 10  
(c) 10 above
- K. Do you prefer any particular day for shopping/ marketing? Yes / No  
If Yes Specify the preferable day
- L. What is the main source of income in your locality?  
(a) Self – employment  
(b) Government Service  
(c) Business  
(d) Any other
- M. Do the youth in your locality get employment after completing the studies?  
Yes / No
- N. Is there any family living below poverty line (BPL) in the locality?  
Yes / No
- O. Do you get subsidized food items (Ration) supplied by the Government?  
Yes / No
- P. Do all the Households have sanitary toilets? Yes / No

- Q. Do you have any proper waste disposal system in your locality? Yes / No
- R. Is there any proper drainage system in your locality? Yes / No
- S. What according to you is the best way to solve unemployment problem in your locality?  
Write in two or three sentences.
- T. Write comment on the above questionnaire.

*Name of Surveyor*  
*Signature*

## EDUCATION DEPARTMENT



# SOHRA GOVERNMENT COLLEGE

## KHASI DEPARTMENT

### Tip Phi ia Tip Mo?

1. Uei U Kpa jong ki dakthoh Khasi?  
-> Thomas Jones
2. Uei u Khasi banyngkong uba la pass ia ka Entrance Examination?  
->Jeebon Roy
3. Ka Iew Luri Lura ka dei ka Iew jongno?  
-> Ka Iew ki LaiphewMrad
4. Katnotylli ki poim U Myllung SosoTham u la thoh ha ka Duitara Ksiar?  
-> 50 tylli
5. Mano ba thohia ka KotBoit?  
-> S.M. Amjaj Ali
6. Ia u Shynrang Khasi ki ong u Rang aiu?  
-> U Rang Khatar Lamai
7. Kaei ka Shnong kaba khuid tam ha ri Khasi bad Jaintia?  
->Mawlynnong
8. Kaei ka thain ba itynnatt tam bad ba khring tam ia ki Tourist?  
->Sohra
9. Kaei ka Ktienpdeng ha ka thoh ka tar ki Khasi?  
-> Ka Ktien Sohra
10. Ha ka katno tarik bad snem la plie ia ka Sohra College?  
-> 10<sup>th</sup> July 1982
11. Uei U Myllung ka Mariang jong ki Khasi?  
->V. G. Bareh

12. Uei u Myllung bakhraw tam ki Khasi?  
-> U SosoTham
13. Ha ka snemkatno la plie nyngkong eh ia ka Khasi Department, NEHU?  
-> 19<sup>th</sup> September 1981
14. Kaei ka Nongbah ba nyngkong ha kane ka ri jong ngi?  
->Saitsohpen
15. Ha ka katno ka snem la rah nohia ka Nongbah jong ka Jylla jong ngi ha Shillong?  
->1864
16. Ha ka katnotarik bad snem la iohia ka Jylla ba pura ha kane ka State Meghalaya?  
-> 21<sup>st</sup> January 1972
17. U Tirot Sing u la iaphangno bad ha katarik bad ka snem ka ba katno?  
-> Ha Dhaka, 17<sup>th</sup> July 1835
18. Ia ka Ri Khasi la khot kum ka Ri aiu?  
->Ri Laiphew Syiem bad Khadar Dolloi
19. Kaei ka Himabakhrawtam bad kaei ka Himabarit tam ha Ri Khasi bad Jaintia?  
->Hima Myllem (baheh), Hima Jirang (barit)
20. Uei u Sahep ba la wanrahnyngkong eh ia ka Printing Press bad hangnoulawanrah?  
-> Rev. Griffith Hughues
21. Kaei ka wahbaheh tam ha Ri Khasi bad Jaintia?  
->Kupli
22. Kaei ka KotKhubor Khasi ba nyngkong eh?  
-> U Nongkit Khubor
23. Katnotylli ki District ki don ha ka JyllaMeghalaya?  
-> 11 Tylli
24. Katnotylli ki Block ki ba la buh ha kane ka JyllaMeghalaya?  
-> 46 tylli

25. Uei U Chief Ministerubanyngkong eh?  
-> Captain Williamson Sangma
26. Ha ka katno ka snem la sdang ban pyntreikamia ka Cement Factory ha Mawmluh?  
-> 1966
27. Uei u Khasi banyngkong eh uba la leitshilliangduriaw?  
->Larsing Khongwir

## KHASI DEPARTMENT



## REPORT ON THE 150<sup>TH</sup> ANNIVERSARY OF THE BIRTH OF MAHATMA GANDHI 02<sup>ND</sup> OCTOBER 2019

The NSS Unit along with the Department of History, Sohra Government College celebrated the 150<sup>th</sup> Anniversary of the Birth of “The Father of the Nation”, Mahatma Gandhi On the 02<sup>nd</sup> October, 2019. At the short inaugural function, to start the celebration, the Principal Dr. (Miss) A.L. Lyngdoh reminded the students on the contribution of the Father of the Nation, towards liberating our Country from foreign yoke.

On this occasion, a number of activities were organized – Extempore speech, Essay Writing, Sketch, Debate Competition and a Cleaning Drive. The theme for the various competition were based on the beliefs and thinking of Mahatma Gandhi.

**Extempore Speech Competition:** There were in all 09 students in the Extempore Speech Competition. The following were adjudged winners:

- 1<sup>st</sup> Samborlang Khongwar ( Class XI)
- 2<sup>nd</sup> Kyntiewlang Nongrum (BA 5<sup>th</sup> Semester)
- 3<sup>rd</sup> Daphishisha Rinbon (BA 5<sup>th</sup> Semester)

**Sketch/ Painting Competition:** A Sketch and Painting Competition on the theme Clean Surrounding, Healthy Surrounding was held in which 11 participants took part, The following were adjudged winners:

- 1<sup>st</sup> Daryl Dolf Phanbuh (BA 5<sup>th</sup> Semester)
- 2<sup>nd</sup> Ksanbor Ryngha (Class XII)
- 3<sup>rd</sup> Donboklang Tham (BA 1<sup>st</sup> Semester)

**Essay Writing Competition:** The topic for the Essay was “Violence is preferable to Cowardice”. The total number of participants for the Essay Writing Competition was 12. The following were adjudged winners:

- 1<sup>st</sup> Queendalyne Dkhar (BA 3<sup>rd</sup> Semester)
- 2<sup>nd</sup> Philaiadonlang Khongjliw (BA 5<sup>th</sup> Semester)
- 3<sup>rd</sup> Nanu Jyrwa ( BA 3<sup>rd</sup> Semester)



**Debate Competition:** A debate on the Motion “Non – Violence Protest is the best form of Protest”, was conducted in which 06 participants took part. The following were adjudged winners:

- 1<sup>st</sup> Samborlang Khongwar (Class XI)
- 2<sup>nd</sup> Daphishisha Rinbon (BA 5<sup>th</sup> Semester)
- 3<sup>rd</sup> Suchita Paul (BA 3<sup>rd</sup> Semester)

On the occasion a Cleaning Drive was also organized in which 225 students participated.

*Klur Manik Syiem*  
*History Department*

## ENGLISH DEPARTMENT



# Sohra Government College, Saitsohpen, Sohra East Khasi Hills, Meghalaya

Dated 19<sup>th</sup> October, 2019

## Press Release

Sohra Government College, Sohra conducted a series of co – curricular activities during the month of October, 2019 i.e from 2<sup>nd</sup> to 17<sup>th</sup> October.

**150<sup>th</sup> Birth Anniversary of Mahatma Gandhi:** The Sohra Government College, celebrated the 150<sup>th</sup> Anniversary of “The Father of the Nation”, Mahatma Gandhi on the 3<sup>rd</sup> October, 2019. Activities such as extempore speech, sketching, essay writing and debate were organized to commemorate the occasion. Themes related to the life of Mahatma were chosen on the occasion.

**Tree Plantation:** The Sohra Government College organized a tree plantation drive on the 14<sup>th</sup> October in the College Campus with a view to achieve the target of one – student – one – tree. The programme was participated by 200 students in all were tree saplings were planted in the College campus. The tree plantation drive highlighted by the students ‘pledge to adopt one tree each for nurturing during his/ her academic years in the college.

**Fit India Movement:** To develop healthy citizens and fit young people, the college launched a Fit India Movement campaign in the college campus. The college organized a sensitization programme to create awareness amongst the students the benefits and long term returns of staying fit. During the programme, the students of the college took a pledge to walk at least 10000 steps everyday to and from the college. Among other important points taken up during the sensitization, the students were encouraged to take up sports activities conducted by the Sport Committee of the College in the College.

**Swachh Bharat Abhiyan and Awareness Programme on the harmful effects of Single use plastics:** To achieve a clean campus, the College organized a campaign against the use of plastics in the college. During the programme, the students participated in the awareness programme on the harmful effects on the use of plastics on the environment. During the programme the College has declared that the Campus is PLASTICS FREE and the office of the Principal will enforce, with immediate effect, the ban on all kind of plastics within the campus. The students of the College also pledge that all will avoid using plastics from now on.

## BRIEF REPORT ON THE ACTIVITIES OF THE NSS UNIT, SOHRA GOVERNMENT COLLEGE, SOHRA FROM 1<sup>ST</sup> APRIL, 2019 to 28<sup>TH</sup> OCTOBER 2019

### Volunteering for Election:

The Volunteers of the College attended as Volunteer during the Election to the Lok Sabha held on the 11<sup>th</sup> April 2019. The Volunteers also attended the training for the Volunteers held at Meghalaya Bharat Scout and Guides Headquarter, Laban, Shillong in the first week of April 2019.

### Swacchch Bharat Campaign:

- A. Cleaning Drive on May 2019 at College Campus: A Cleaning Drive was organised on May 2019 as part of the Swachch Pakwada Programme. 60(Sixty) Volunteers of the College participated in the Cleaning Drive.
- B. Cleaning Drive on the 06<sup>th</sup> July 2019: A Cleaning Drive was held on 06<sup>th</sup> July 2019 in which 74 (Seventy Four) Volunteers participated.
- C. Cleaning Drive on the 14<sup>th</sup> August 2019: As part of the preparation for the Independence Day Celebration, the Unit organised a mass Cleaning Drive on the 14<sup>th</sup> August 2019. More than 200(Two Hundred) students of the College participated in the Drive.



### Yoga Day 21<sup>st</sup> June 2019:

As part of the worldwide celebration of the International Day for Yoga, the Unit organised, along with the NCC cadets, a Yoga session in the morning of the 21<sup>st</sup> June 2019. About 60 participants took part in the Yoga Session.



### Orientation Programme for New Volunteers on 23<sup>rd</sup> June 2019.

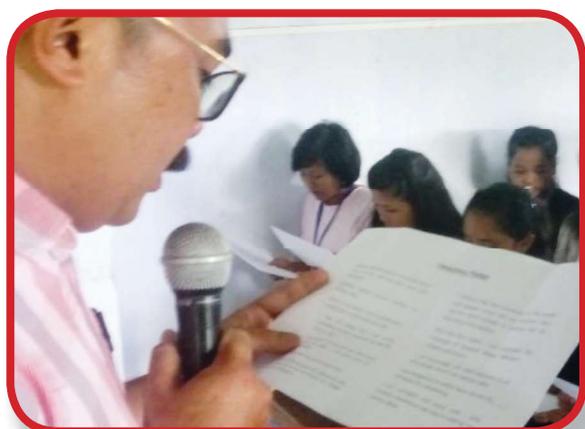
An Orientation Programme was conducted for the New Volunteers to familiarized them will the aim, objectives and benefits of the NSS. About 200 Volunteers took part in the Programme.

### Van Mahotsav week 04<sup>th</sup> July 2019.

As part of the Van Mahotsav Week, the Unit organized a Tree Plantation Programme on the 04<sup>th</sup> July 2019. 70 volunteers took part in the tree plantation programme held in the premise of the College.

### Talk on Swachhta and Swachhata Pledge 23<sup>rd</sup> July 2019.

As part of the Clean India Campaign of the Government of India a short programme was conducted on the 23<sup>rd</sup> July 2019 as regard to Clean Surroundings; followed by an Oath taking ceremony to maintain Cleanliness. The Programme Officer, Dr. Kamailang Nongmalieh delivered a talk on Swachhta and led the Students in Pledge Taking Ceremony.

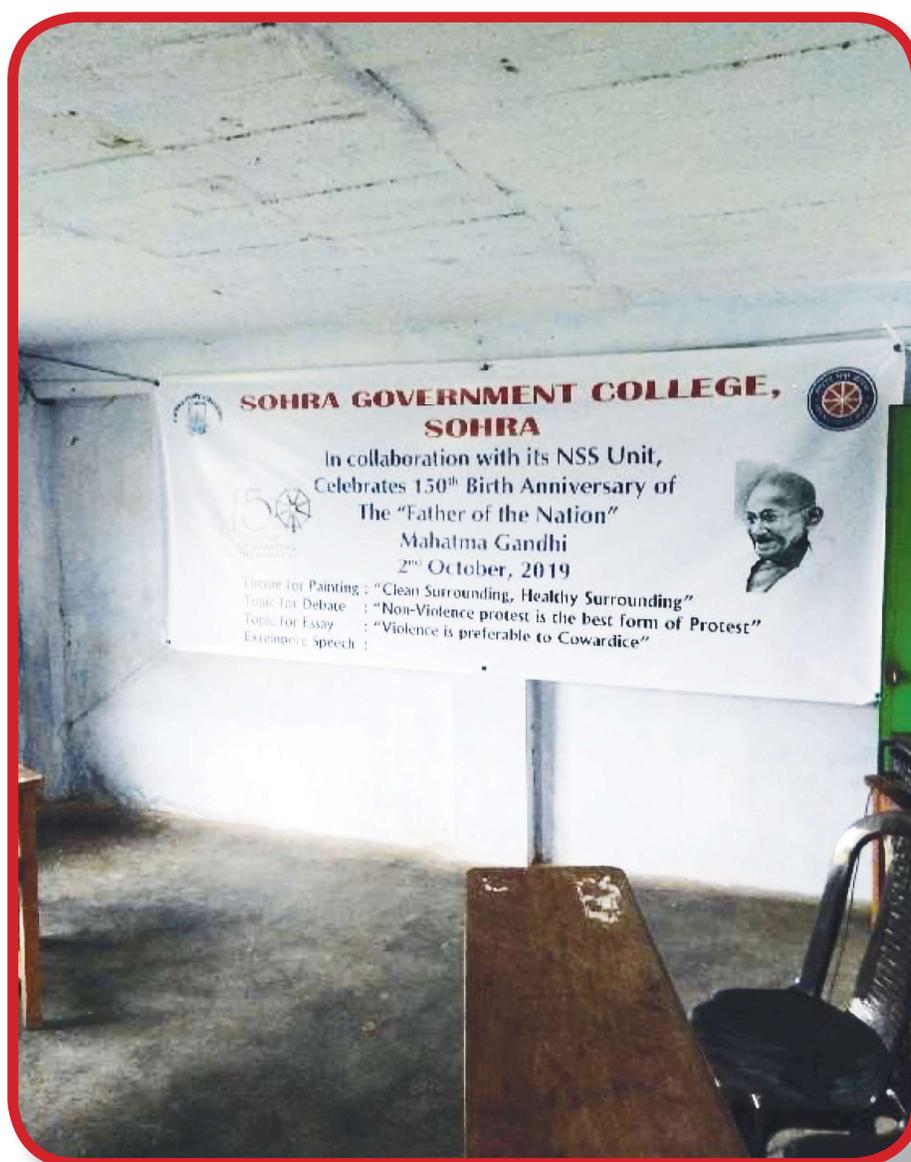


### NSS Foundation Day 24<sup>th</sup> September 2019:

The Volunteers for the College participated in the 50<sup>th</sup> Foundation Day of the NSS held at NEHU Campus, Shillong. 20 Volunteers participated and present cultural song and dance on the occasion.

### 150<sup>th</sup> Anniversary Celebration of the Birth Anniversary of Mahatma Gandhi:

The Unit in collaboration with the college, celebrated the 150<sup>th</sup> Birth Anniversary of the Father of the Nation; Mahatma Gandhi. On this day a number of activities were organised on the theme related to the philosophy of the Mahatma. A Cleaning Drive was also conduct on the occasion



# OFFICE OF THE PRINCIPAL

## SOHRA GOVERNMENT COLLEGE, SOHRA

Dated: Sohra, The 30<sup>th</sup> October, 2019

From: Dr. (Miss) A. L. Lyngdoh  
Principal  
Sohra Government College  
Sohra.

To: Shri. K. Niangmih  
Member Secretary, Academic Committee

Subject: Celebration of College Foundation Day.

Sir,

With reference to the above subject, I would like to remind you that the 3<sup>rd</sup> September 2019, Staff Meeting, it was resolved that the Foundation Day of the College should be celebrated.

In this respect, I would like to request the Academic Committee to prepare the budget and the programme for the event.

The budget estimated should be submitted before 11<sup>th</sup> December, 2019

Your cooperation will enable the Institution to organise the event

*Thanking you.*

*Principal*

Note: The budget proposal was rejected by DHTE, indicating non – availability of fund.

*Principal*

31<sup>st</sup> October, 2019

## REPORT ON THE RASHTRIYA EKTA DIVAS HELD ON THE 31<sup>ST</sup> OCTOBER, 2019

The NSS Unit of Sohra Government College celebrated Rashtriya Ekta Divas on the 31<sup>st</sup> October, 2019. The inaugural function was started by the inaugural address by the Principal Dr. (Miss) A.L. Lyngdoh who highlighted on the significance of the day as regard to the need for Unity.

On the occasion, which also marked the Birth Anniversary of Sardar Vallabhbhai Patel, the first Deputy Prime Minister and in charge of Home Affairs, the following activities were organized.



### A. Talk on Sardar Patel and the Integration of Indian States”:

Smt. Carienea L Sun, Asst. Professor Department of History, Sohra Government College, gave a presentation on the contribution of Sardar Vallabhbhai Patel towards the integration of the 560 plus Princely States to the Indian Union. The Resource Person, dwelt at length on the history of the Princely States, which were creation of the British that existed side by side with the British Indian Province and how these Princely States were initially reluctant to joined with the Indian Union.

### B. Painting Competition:

A Sketch and Painting Competition on the Theme “Unity is Strength” was held in which 10 participants took part. The following were adjudged winners:

- 1<sup>st</sup> KyntiewlangNongrum (BA 5<sup>th</sup> Semester)
- 2<sup>nd</sup> Mycheal Syiemlieh (BA 3<sup>rd</sup> Semester)
- 3<sup>rd</sup> Ailad Khongngain (Class XII)

### C. Essay Writing Competition:

The Topic for the Essay was “National Integration: The Need of the Hour”. The total number of participants for the essay writing competition were 08 numbers. The following were adjudged winners:

- 1<sup>st</sup> Suchatapaul (BA 3<sup>rd</sup> Semester)
- 2<sup>nd</sup> PhilaiadaonlangKhongjliw (BA 5<sup>th</sup> Semester)
- 3<sup>rd</sup> RaiskhemShabong (BA 3<sup>rd</sup> Semester)



## OFFICE OF THE PRINCIPAL SOHRA GOVERNMENT COLLEGE : SOHRA

Dated Sohra, The 04<sup>th</sup> November, 2019

**R**eport on Cleaning Drive conducted on the 03<sup>rd</sup> October, 2019, organized by NSS along with the Department of History, Sohra Government College Sohra.

02<sup>nd</sup> October, 2019 is a day remembered all over the Country as it is the 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi.

To remember this day, Sohra Government College organized a Cleaning Drive as directed by the Office of the Sub – Divisional Officer, Sohra Sub – Division vide No. SSD/ESTT/20/2015/26 dated, Sohra the 27<sup>th</sup> September, 2019.

On this particular day, the programme started at 10: 00 am. More than 200 students and Teachers participated enthusiastically. Cleaning of the entire campus was conducted such as Sweeping, Weeding, and picking up and collection of wastes such as plastics and paper etc. Wastes was segregated, plastics and non plastics.



Besides, Cleaning Drive, competitions in various programmes were also organized such as Extempore Speech, Sketch, Essay Writing and Debate on various theme.

**SOHRA GOVERNMENT COLLEGE SAITSOHPEN, SOHRA  
EAST KHASI HILLS: MEGHALAYA – 793108  
COLLEGE NSS UNIT**

**Dated: November 5<sup>th</sup> 2019**

To

The Principal  
Sohra Government College, Sohra  
East Khasi Hills, Meghalaya.

Subject: Brief Report of Awareness Programme on Road Safety organized by NSS in Collaboration with Transport Committee, Sohra Government College.

Respected Madam,

As per subject mention above, the undersigned have the honour to submit herewith a brief report of the Awareness Programme on Road Safety organized by the NSS Sohra Government College in Collaboration with the Transport Committee of Sohra Government College.

1. An Awareness Programme on “Road Safety” was organized by NSS Sohra Government College and the Transport Committee of the College on the 05<sup>th</sup> November 2019 at 01:PM at Sohra Government College Hall. The programme was Chaired by Shri G. S. Kharwanlang, Secretary – Convener of the Transport Committee. An introductory note was delivered by Dr. A. L. Lyngdoh, Principal Sohra Government College.
2. Sub – Inspector M. Rymbai of Meghalaya Police, also the Officer In Charge of Sohra Police Station was the Resource Person during the Programme. The programme was participated by the students , NSS Volunteers and Staff of the College who were greatly benefitted by the sensitization during the Awareness programme.
3. The Programme was concluded by a vote of thanks proposed by Shri Kamailang Nongmalieh, Programme Officer of National Service Scheme, Sohra Government College.

This report is being submitted for your information and necessary action.

*Thanking you.*

*Yours faithfully*

*Kamailang Nongmalieh  
Programme Officer, NSS,  
Sohra Government College*

*Shri Klur Manik Syiem  
Programme Officer, NSS,  
Sohra Government College*

*Shri G. S. Kharwanlang  
Secretary, Transport Committee  
Sohra Government College*



05<sup>th</sup> to 06<sup>th</sup> November, 2019

All the HODs of all the Department of Sohra Government College participated in the Workshop for preparation of four years integrated BA, B.Ed and BSc, B.Ed. Syllabus, Organised by the Department of Education NEHU, Shillong under the MHRD Scheme of PMMMNMTT.

#### **B.A.B.ED/B.SC.B.ED SYLLABUS**

### **UNDER MHRD SCHEME, PANDIT MADAN MOHAN MALVIYA MISSION ON TEACHERS & TRAINING (PMMMNMTT)**

#### **Concept Note**

The National Council of Teacher Education (NCTE), New Delhi has announced the NCTE (Recognition, norms and procedure) Amendment Regulations 2019 vide the Gazette Notification No. F. NCTE Reg.1011/80/2018 -MS (Regulation)-HQ Dated 29<sup>th</sup> March 2019.

According to this Regulations the Four Year Integrated Teacher Education programme (ITEP) Arts Stream and Science Stream is offered after Senior Secondary (+2) and aims at preparing committed, responsible and professional teachers. This programme is intended to result in a paradigm shift in teacher preparation. The curriculum of this Four Year Integrated Teacher Education programme is designed inculcating the world best practices in the field of teacher education sector. This is a specialised course with integration of pedagogy and content, along with the sustained engagement with liberal disciplines of knowledge and field of education. Opportunity for vertical mobility is visualised through this programme.

# SOHRA GOVERNMENT COLLEGE ALUMNI ASSOCIATION SOHRA - 793108

## RESOLUTION

The General Meeting of the Sohra Government College Past Students was held on the 9<sup>th</sup> November 2019 at the College campus It resolved to formed the SGC Alumni Association.

The Sohra Government College Alumni Association, Sohra was formed on 9<sup>th</sup> November, 2019. The General meeting had also decided to open a Saving Bank Account at Punjab National Bank.

The Executive member presents were as follows:

Sl. No.	Designation	Name and Address	Signature
1	President	Shri. Rex Danny Syiemlieh, Maraikaphon, Sohra	
2	Vice – President	Shri. Milkyway Bynnud Pdengshnong, Sohra	
3	General Secretary	Shri. Deming Star Larngap Saitsohpen, Sohra	
4	Joint Secretary	Smt. Ethelbert Khongrymmai Nongbah, Mawshluit, Sohra	
5	Finance Secretary	Smt. Insurance Diengdoh, Saitsohpen, Sohra	
6	Executive Member	Smt. Ferrarie Kharnaio, Mawmluh, Sohra	
7	Executive Member	Manbha Shisha Sawian	
8	Executive Member	Balawankmen Lyngdoh, Khliehshnong, Sohra	
9	Executive Member	Smt. Philaaisuk Marbaniang, Pomsahmen Sohra	
10	Executive Member	Smt. Quinder Rose Nongrum, Khliehshnong, Sohra	
11	Executive Member	Smt. Memorica Sawian, Maraikaphon, Sohra	
12	Executive Member	Smt. M. Surong, Mawpun, Sohra	
13	Executive Member	Smt. Mahima Pradhan, Mawprem Shillong	
14	Executive Member	Shri. Vicky Chell Kharmih Khlieh Shnong, Sohra	
15	Executive Member	Shri. Dawning Star KyntaSaitsohpen, Sohra	

Shri. G.S Kharwanlang was appointed to assist the Association.

The Principal of the College is the adviser of the Association.

The meeting has also resolved to authorize the President, General Secretary and the Finance Secretary to operate the said Bank Account of the Association.

11<sup>th</sup> November, 2019

## **REPORT ON NATIONAL EDUCATION DAY HELD ON 11<sup>TH</sup> NOVEMBER, 2019**

The NSS Unit Sohra Government College, celebrated National Education Day which was held on the 11<sup>th</sup> November, 2019 in observance of the Birth Anniversary of Maulana Abdul Kalam Azad, the first Education Minister of Independence India. On this day a programme was held in the College premise were talks on the Theme “Education: A Weapon For Change”.

On this theme the following competition were organized to commemorate the occasion

### **1. Slogan Writing Competition:**

A Slogan writing competition was held in which 20 students participated. The following were adjudged winners:

1<sup>st</sup> Labethdaphi Shullai (BA 5<sup>th</sup> Semester)

2<sup>nd</sup> Bevanson Khylllep (BA 5<sup>th</sup> Semester)

3<sup>rd</sup> Raiskhem Shabong (BA 3<sup>rd</sup> Semester)

### **2. Lecture on the Theme:**

A short lecture on the Theme “Education: A Weapon For Change”, was delivered by Smt. Melita N. Nongbri, who highlighted on the importance of Education as an instrument of change in all aspect of human life.

11<sup>th</sup> November, 2019

## Post Event Summary Report

On the 11<sup>th</sup> November, 2019 a meeting on Assessment and Accreditation was held at Sohra Government College, Sohra. In this meeting, besides the Principal, the Consultant for NAAC assessment and accreditation for Government College, Dr. S. R. Lyndem and staff of the College were also present.

The meeting was Chaired by Dr. (Miss) A. L. Lyngdoh, Principal of the College, who also gave the welcome speech. She gave a brief explanation of the importance of assessment and accreditation and also co operation among all teaching and non teaching staff in order to make this mission success.

Dr.Lyndem explained seven main Criteria for fulfilment of assessment and accreditation and that everyone should involved themselves as member of these criteria, so as to provide information/ inputs to these criteria.

Further, Member Secretary and Members of these seven Criteriawere appointed. The list of Members of different Criteriaais attached herewith.

Dr.Lyndem thoroughly explains each and everycriteria in details to all the Members present. He also stress that all Members will have to do things in order so as to able to complete these criteria on time.

Even though the meeting continues till 04: 30 pm but sadly only Criteria 4 could be complete as there were a lot of queries from the Members.

Dr. Lyndem instructed the Members that the meeting is to be concluded the next day, i. E the 12<sup>th</sup> November, 2019 at 01:00pm

*C. Syngai*  
*Co – Ordinator*  
*Sohra Govt. College*  
*Sohra*

*Dr. (Miss) A. L. Lyngdoh IQAC,*  
*Principal*  
*Sohra Govt. College*  
*Sohra*

12<sup>th</sup> November, 2019**Post Event Summary Report**

Name of the Event : Meeting on Assessment and Accreditation

Date of Event : 12<sup>th</sup> November, 2019

Location : Sohra Government College, Sohra

A meeting on Assessment and Accreditation was held on the 12<sup>th</sup> November, 2019 at Sohra Government College, Sohra. The meeting was held at the Staff Room of the College. In this meeting besides Dr. S. R. Lyndem, the teaching staff of the College were also present.

Dr. Lyndem continued from what was left in the previous day. Once again he explains the remaining 3 Criteria in details for fulfilment of assessment and accreditation. He stress that everyone should get themselves involved as members of these Criteria, so as to provide information to these criteria.

An interactive gathering ignited the inquisitiveness of the participants. The meeting ended with a vote of thanks from the Chair.

*C. Syngai*  
*Coordinator*  
*Sohra Govt. College*  
*Sohra*

*Dr. (Miss) A. L. Lyngdoh IQAC,*  
*Principal*  
*Sohra Govt. College*  
*Sohra*

13<sup>th</sup> November, 2019

To

The Principal  
Sohra Govt. College  
Sohra

Subject: Provision of Wi – Fi Facilities.

Respected Madam,

I would like to inform you that from the Infrastructure and Learning Resources Criterion Committee, we kindly request you to provide a Wi – Fi connection in the College campus as a need to fulfil the requirements for the NAAC.

*Yours faithfully*

*Member Secretary  
Infrastructure and Learning Resources  
Criterion Committee*

14<sup>th</sup> November, 2019

To,

The Principal  
Sohra Government College  
Sohra.

Subject: Proposal for an inter – Departmental Seminar on Education on Social change.

Respected Madam,

It is great honour to inform you that the Seminar Committee has proposed to have an Inter – Departmental Seminar on Education and Social change in the month of April 2020. We feel that conducting such a Seminar would greatly benefit both the Teaching and Students community. Therefore, we humbly request you to help us with financial and needed to hold the Seminar.

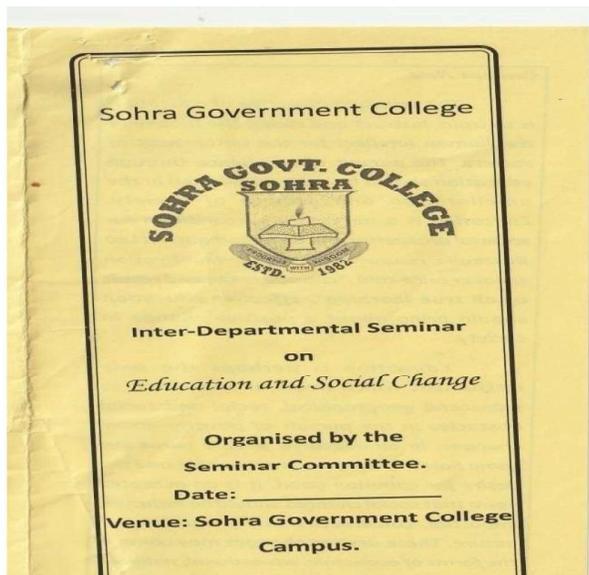
The Concept Note and the Budget proposal is attached herewith for your kind perusal

*Thanking You,*

*Yours faithfully*

19

*Iaiphyrnai Mitrì  
Member Secretary  
Seminar Committee*



<p><b>Concept Note</b></p> <p>The principal objective of education is to train, instruct and shape the faculty of the human intellect for the betterment of society. The pursuit of excellence through education should be seen manifested in the amelioration and growth of society. Education is a necessary precondition for societal prosperity and development. As Leo Buscaglia, renowned author and motivation speaker once said, "change is the end result of all true learning", effective education should bring about a positive change in society.</p> <p>Education is perhaps the only instrument which helps an individual to transcend geographical, racial and social obstacles in the pursuit of positive social changes. In all educated people burns the same flame of progressive thoughts and the desire for common good. It is an accepted norm that social changes should be inclusive, impartial, constructive and progressive in nature. These desired changes may come in the forms of economic, educational, political, societal and literary growth. And it is only</p>	<p>natural to expect that such positive changes can only be achieved through education.</p> <p><b>Aim of the Seminar:</b></p> <p>Having mentioned Education's relation to social change, the seminar aims at providing Sohra Government College's faculty and students, a platform to engage in provocative discussions, to gauge the developmental indices of the area and to suggest suitable and relevant measures for ushering in positive changes that could be effected through education.</p> <p><b>Expected Output:</b></p> <p>A documentation and compilation of all papers presented and to print and publish the same.</p> <p><b>Sub-Themes for the Seminar.</b></p> <p>The following sub-themes have been drawn up keeping in mind the potential papers presenters to come from all departments of the College.</p> <ol style="list-style-type: none"> <li>1. Education and Economic Upliftment in Sohra Civil Sub-division Area with focus on _____ Villages.</li> </ol>	<ol style="list-style-type: none"> <li>2. Evolution and Development of Educational Institution in Sohra Civil Sub-division.</li> <li>3. Education as an Instrument of Political Changes – A case study of the Pressure Groups within Sohra Civil Sub-division.</li> <li>4. Early Marriage and its implications on Social and Educational prospects in Sohra Civil Sub-division.</li> <li>5. Ka Ktien Sohra kum u jyrmie ba tehsong ia ka jaidbynriew. "Khasi language – a cordage that binds the community"</li> <li>6. Literary Consciousness as a vehicle of social change – A highlight on the awareness of the local population on its local literary Stalwarts.</li> </ol> <p>The above mentioned sub-themes are only indicative and not exhaustive. Paper presenters and come up with other sub-themes which are closely related with the above sub-themes.</p> <p><b>Guidelines:</b> An abstract of not more than 200 words will have to be submitted by the paper present-</p>
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ers to the Seminar Committee. The Abstract should consist of a short introduction, a clear objective(s), research methodology and key words. All Abstracts should be submitted in hard copies to the Convener of the Seminar Committee before the date of the Seminar.

# SOHRA GOVERNMENT COLLEGE; SOHRA

## NAAC PREPARATION TEAM CRITERIA 2

Dated: Sohra the 16<sup>th</sup> November 2019

To

The Principal

Sohra Government College, Sohra

Subject: Proposal to felicitate Teachers who have completed 25 years of Service.

Respected Principal Madam,

Referring to the subject cited above I would like to bring to your kind notice, that our attention is drawn to the fact that there is a 15 points weightage given to teachers who had been awarded or given recognition, at the state, national or international level. Since none from among us have been given any of the above recognition or award, we have been advised by the RUSA Consultant, Dr.S.R.Lyndem, to give recognition to teachers who have completed 25 years of Service in the College, since its inception in 1982. As a college, we do have three teachers (presently serving) who have completed 25 years of Service. Felicitations have already been given to them, as recognition for their services, in the previous years. However, for the citation to be a valid document for assessment, it has to have the signature of high level officials from the State Government, making it a recognition at the State level.

In this connection, the Team, would like to propose before your good office that for the recognition given to them, for the 25 years of service, to be able to have the weightage a citation may be prepared, duly signed by competent authority. The presentation of the Citation may be conducted on the Final day of College Week 2019.

*Thanking You in anticipation for a favourable response.*

*Sincerely Yours*

*Klur M. Syiem  
Team Criteria 2  
Member Secretary*

19<sup>th</sup> November, 2019

# SOHRA GOVERNMENT COLLEGE SAITSOHPEN, SOHRA EAST KHASI HILLS MEGHALAYA

Minutes of the Staff Meeting of Sohra Government College held on the 19<sup>th</sup> November, 2019 in the Staff Common Room (New Building) at 11 am.

The meeting was chaired by Dr. A. L. Lyngdoh, Principal Sohra Government College.

## Opening:

The meeting was called to order by the Chair who welcome the Staff members to the meeting.

1. **Matter related to the Final Semesters' Examination:** The Chaired brief the meeting about the upcoming semester's final examination in the College and sensitized the staff about the Standard Operating Procedures to be maintain for the proper conduct of the examination.

2. **NAAC Preparation:**

i. In the best interest of the College and to ensure efficient preparation for the accreditation of the College, the meeting resolved to reshuffle the members of the IQAC as follows:

Members:

1. Smt. C. Syngai.
2. Smt. I. Mitri.
3. Shri. A. K. Choudhury.
4. Shri. K. Niangmih.
5. Dr. S. Kharwanlang.
6. Dr. A. K. Nongkynrih (External member from University)
7. (External member .....
8. Kamailang Nongmalieh (Coordinator)

ii. The meeting resolved to invite the NAAC for accreditation in December 2020.

3. **FDP – NEP:** The meeting resolved to organize a Faculty Development Programme for the Staff of the College in the last week of February. The initiatives for this programme has been entrusted to the team Convener of the relevant Criteria.

4. **Social Welfare Measures:** The meeting resolved to constitute a welfare society and to register the same. In order to realize this end, it was resolved to entrust the matter to Ms. Donna Ruth Rani to take up the matter and report the same in the next meeting.
5. **Food Festival:** In order to mobilised resources to kick start the College's Best Practices, the meeting resolved to organize a food festival in the College. The Secretary/ Convener of Criteria 7 is entrusted to take the initiatives towards the end.
6. **Internal Assessment:** The meeting has resolved that there shall be a continuous Internal Assessment (CIA) and 5 (Five) marks is to be allotted for attendance. This will encourage students to attend the classes.

**Closing:**

The meeting was closed by a vote of thanks proposed by the Chair.

*Principal*

12<sup>th</sup> December, 2019**Member present:**

1. Shri A.K Choudhry: HOD Economics
2. D.M Wahlang: Asst. Prof. Khasi Dept.
3. L.M Synrem: Asst. prof. (HOD) Education
4. Dr. S. Kharwanlang: Asst. prof. E.V.S
5. CathrineSynrai: Lecturer (HOD) Pol-sc
6. P. MunsimaiSyiem: Asst. prof. History Dept.
7. P. Hynniewta: Asst. Prof. Economics Dept.
8. C. Swer: Lecturer. HOD History Dept.
9. K. Niangmih: Lecturer. HOD Khasi Dept.
10. Dr. (Mrs) Helen Giri: Rtd Prof. N.E.H.U
11. B.L. Nongbri: Research Scholar N.E.H.U
12. Dr. (Mrs.) A.K Lyngdoh: Principal – SGC.
13. T. Sinha: Lecturer. HOD English Dept.

**Agenda.****Khasi Music.**

The meeting was held at Khasi National Durbar, Mawkhar. Shillong at 11:00 a.m on 12.12.2019. It was chaired by the Principal, SGC. The Principal welcomed the members; expressed gratitude to Rtd. Prof Helen Giri for extending her support to the initiative of the institution to start a 'Khasi Music' course. 'Khasi Music' would provide an inter-disciplinary linked to the various discipline which is one of the criteria required by U.G.C for National Assessment and Accreditation.

The meeting resolved that:

1. In the initial stage it shall be a certificate course.
2. Gradually, it shall to a Degree Course.
3. For the preparation of the Syllabus for the course Prof H. GuriRtd. Prof has consented to corroborate with the Principal, S.G.C.

The meeting ended with a vote of thanks from the Principal followed with right refreshment.

# OFFICE OF THE PRINCIPAL SOHRA GOVERNMENT COLLEGE: SOHRA

Dated: Sohra, The 17<sup>th</sup> Dec, 2019

**1982 – FOUNDING MEMBER  
GOVERNING MEMBER – 2011**

## *Condolence Message.*

Sohra Government College, Sohra convey heartfelt gratitude to late Bah Rijied Singh Hynniewta. His love for knowledge and to spread that knowledge which he had acquired, became a founding member of the institution since 1982, when the college was established. As a founding member, his contribution were tremendous. Along with other member, constructed the building for the institution which still stand tall till today.

As a founder, he continued to support the institution. Being a Member of the governing body till the Government of Meghalaya took over in 2011. His qualities of head and heart has been a source of inspiration for many.

Sohra Government College grief at his demise. (12.12.2019). teaching staff, non-teaching staffs and student recounts his contribution. As a community, we are grateful for all that he has done. We pray that the Almighty God may give him the reward, for all the contributions and the good works that he had done.

May his soul rest in peace.

# OFFICE OF THE PRINCIPAL SOHRA GOVERNMENT COLLEGE: SOHRA

Dated: Sohra, The 20<sup>th</sup> Dec 2019

The Staff meeting held on the 20<sup>th</sup> December, 2019 at 10: 30 Am in the new building of the College, where the Principal presided over the meeting.

## Minutes of the Meeting:-

The Academic Calendar of the College for the Year 2020 – 2021 has been entrusted to Shri. K. M. Syiem and the same should be completed before the opening of the next session.

The next session will be start with the semester exam.

## Foundation Day Celebration:-

To be held on the 10<sup>th</sup> July 2020, all the programme and preparation of budget has been entrusted with the Sport and Cultural Committee before March 2020.

Opening of Khasi Musical Class in the College where the Post Graduate Courses will also be sent for proposal to the Government.

The meeting has resolved that no permission will be allowed for Musical Concert inside the College Campus.

Formation of College loop Society has selected the Adhoc Chairperson – Smt. H. W. Kharshiing, Adhoc Secretary Smt. D. R. Rani and Adviser Smt. B. M. Kyntat to prepare the modalities at the earliest.

Refinement of College Anthem will be done by Smt. I. Mitri.

The meeting is adjourned with the vote of thanks by the Principal of the College.

08<sup>th</sup> January 2020.

**Member present :**

1. Dr. A.L Lyngdoh – Principal
2. Smt B.M Wahlang – Asst. Prof. S.G.C
3. Smt. P.M Syiem – Asst. Prof. S.G.C
4. Dr. Helen Giri – Rtd. Prof. N.E.H.U
5. Shri. Banniewkor Lyngdoh Nongbri – Research Scholar, N.E.H.U

**ARGENDA**

**Khasi Music Syllabus.**

The meeting was held at the residence of Dr. Helen Giri, at MawlaiMawroh at 10:30 a.m. It was chaired by the Principal, S.G.C, who welcomed the members. The meeting confirmed the minutes of the resolution taken on 12.12.2019. A discussion was on the Syllabus that was accepted by the members. It entrusted the Principal towards the application for permission and seek approval from the Directorate of Higher and Technical Education, Govt. of Meghalaya, Shillong, and college Development Council, N.E.H.U. The meeting ended with vote of thanks from the chair followed with light refreshment.

**14.01.2020** Inspection of the Building old and New by the Team of Shri. J. Cajee, RUSA.

**21.01.2020:** Meghalaya Day was organized in Sohra Govt. College, Sohra. The Principal highlighted the historical political development of the State of Meghalaya till it obtained statehood on 21<sup>st</sup> January 1972.

## **REPORT ON SOHRA GOVERNMENT COLLEGE, SOHRA, EAST KHASI HILLS DISTRICT INSPECTED ON THE 23<sup>RD</sup> JANUARY 2020 BY THE UNDERSIGNED.**

On inspecting the College Structure at Sohra Government College, Sohra, East Khasi Hills District, Meghalaya. It has been observed that the structure are in bad condition, the photograph of the College are placed below for references.

The Area of the College covering the area of 330.63 Square.M (Approx)

The severe effected area of the Building are of area 161.68 Square.M and on the Basement an area of 131.76 Square.M.

It may be noted here that as per observation most of the Reinforcement are exposed and the beams are sagging with the Slab, and most of the wall are cracks and some act as a long bearing wall since the beam are too weak . Therefore, it's not safe for the Students to occupy the building also not fit to counteract the natural calamities especially during earthquake.

As per Inspected by:

Shri.S.Khongshei, P.W.D (Building)

Sub-Division-II, Building

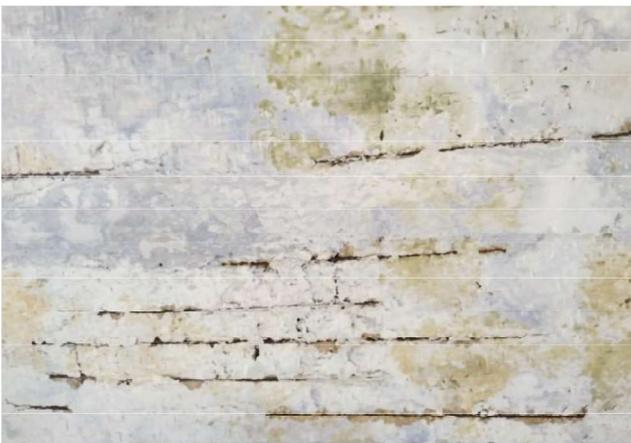
Under Shillong Building Division

### **Report of Sohra College at Sohra, East Khasi Hills District, Meghalaya**



**As inspected by the undersign on the 23<sup>rd</sup> Jan 2020  
following the observations:**

1. Slab reinforcement is rusted and exposed and there is sagging too and its unsafe for the students



2. There is sagging in the beams too



3. Most of the walls are cracks



**4. The Columns and beams are not design as per seismic structure**

**5. Therefore, on all of the above the building is not safe and fit for the students.**

\* Pictures of the Building as per inspections:-



J.E(Civil) Under Building Division,  
Sub-Division-II, Shillong

To,

The Principal  
Sohra Government College  
Sohra.

Subject: Report on the Workshop “EAT Module programme”, Organized by the UGC, NERO Guwahati.

Madam,

With reference to the subject cited above I have the honour to submit herewith the report on this workshop as one of the participants sent from the college.

This workshop was organised by the UGC, Guwahati on the 31<sup>st</sup> January 2020 at Assam Downtown University, Assam. It started with a welcome address from the Education Officer UGC NERO and presided over by one of the faculty Member of the University.

This one day Workshop was divided into two sessions, morning and afternoon session, started from 10:00 AM till 5:00 PM. In the Morning Session we had a theoretical explanation on PEMS (Public Finance Management System) and in the afternoon session we had a hands on training on this system.

This workshop is very useful as far as the transaction of all payments and receipts of the college is concerned. It encourages the mode of payment using cashless and cheque less system so as to ensure accountability in the financial system of the college.

The workshop ended with a vote of thanks from one of the official of the UGC NERO Guwahati.

*Thanking You*

*NB:-Enclosed also photos taken on this day.*

*Dated: Sohra  
The 31<sup>st</sup> Jan. 2020*

*Yours faithfully*

*Shri. Pyllunwell Hynniewta  
Assistant Professor  
Sohra Government College  
Sohra*



# SOHRA GOVERNMENT COLLEGE SOHRA EAST KHASI HILL DISTRICT

Date – 01/02/2020

To,

Dr. (Miss) A. L. Lyngdoh  
Principal Sohra Government College

Subject: Resolution of the Academic Committee, Sohra Government College which was held on 11.02.2020.

Sir/Madam,

With reference to the subject cited above, I have the honour to enclosed herewith the resolutions of the Academic Committee, Sohra Govt. College which was held on the 11.02.2020. I therefore request you to kindly do the needful.

This is for your kind information and necessary action.

*Mr. K. Niangmih  
Member Secretary  
Academic Committee*

Copy to: Office Assistants for information and necessary action.

The Academic Committee was held on 11.02.2020 at 1pm in the Office Chamber of the Principal.

The Members presented in the Committee Meeting are 8people.

The Committee was chaired by the Member Secretary and welcome all the Members presented.

The Committee decided the following agenda:-

**Resolution No. 1:** After reading out the Minutes of the last Committee meeting which was held on the 10/7/2019 was confirmed.

**Resolution No. 2:** The Committee decided that one Almirah is needed in the Staff Room for the convenience in keeping of files by different committees. It was suggested that the Government has to be approached regarding this matter.

**Resolution No. 3:** Time Table for Even Semester: The Committee decided that Smti. C. Swer be entrusted to prepare the Time Table for the New Session that will be resume from 12<sup>th</sup> February, 2020.

**Resolution No. 4:** Academic Calendar: The Committee decided that Shri K. M. Syiem be entrusted with the task of preparing the Academic Calendar of the College, the Internal Test, College Week and Other matter are to be included in the Academic Calendar of the College. The Evaluation Committee is to sit immediately and come up with the dates of the 1<sup>st</sup> and 2<sup>nd</sup> Test Internal Examination and inform the same to the concerned persons.

**Resolution No. 5:** Quality Handbook: The Prospectus where objectives of different departments is to be included and has to be handled by the members of the Criteria 2.

**Resolution No. 6:** Semester Result: Immediately after the results are out, the Academic Committee should sit and analyze the performance of the students and the result of the Internal Test and External Examination. The analyzed results are to be pasted on the Notice Board of the College.

**Resolution No. 7:** Resolved that the Office of the Principal is to see to the availability of new thin Attendance Register for each Department. The Committee also decided that the College Office should print their own Register with the College Logo from the new session (June, 2020). The Supplier will be entrusted with the work.

**Resolution No. 8:** It was decided that the Infrastructure Committee should be immediately see to the condition of the Septic Tanks in the College premises.

**Resolution No. 9:** The Committee resolved that each Department should meet for department meetings.

The meeting was adjourned by the vote of thanks by the Member Secretary of the Academic Committee.

*Mr. K. Niangmih*  
*Member Secretary*  
*Academic Committee*

**SOHRA GOVERNMENT COLLEGE  
SAITSOPEN, SOHRA,  
EAST KHASI HILLS, MEGHALAYA  
(INTERNAL QUALITY ASSURANCE CELL)**

Date: 5<sup>th</sup> February, 2020

To,

The Principal  
Sohra Government College  
Sohra

Subject: Brief report of the consultation for NAAC Assesment.

Madam,

With reference to the subject mentioned above, I am to submit herewith a brief report of the consultation between the various Criteria Team with Dr. S. Lyndem, RUSA Consultant. Government of Meghalaya which took place on the 4<sup>th</sup> February 2020 at the college: –

1. The consultation started at 10:00am where the consultant carefully examined each criterion Team's preparation and documentation required by and for NAAC Assesment.
2. The consultant apprised the IQAC about the latest update of the Manual for the fulfillment of criteria.
3. After the consultant programme, the criteria teams resolved to hasten the registration process as soon as the necessary documents are readied by the college.

This is for your information and necessary action.

*Thank you*

*Your faithfully  
Dr. Kamailang Nongmalieh  
Coordinator  
IOAC, Sohra Government College*

27<sup>th</sup> February, 2020 Principal attended that DDO's workshop organised by State Bank of India, at Main Secretariat Building, Shillong.

02.03.2020 to 07.03.2020: College Week

09.03.2020: Inspection Team from NEHU for permanent Application for BA Honours in English. Members are: –

1. Prof. Esther Syiem Dept. of English NEHU
2. Dr. E.K Mawkhiew
3. J.J. Thabah
4. NG. R. Singh
5. L.K. Ratham

23.03.2020: Meeting with Non-Teaching Staffs.

26.03.2020: Meeting with the Transport Committee. Subject: Conversion of the college bus from commercial usage to Educational usage.

## HISTORY DEPARTMENT



# Activities During The Lock Down

## Teachers Activities During The Lockdown





# Student Activities During Lockdown

**COVID19**

Corona virus is like a Trojan that corrupt and ails our system



Safeguard your System by preventing it's direct contact with infected system from Outside

**PRACTISE SOCIAL DISTANCING  
AVOID RISK OF CONTAMINATION**

Kyntiewlang Nongrum-  
SOHRA GOVERNMENT COLLEGE  
SOHRA



**SAIT IA KI KTI BAN IADA NA U CORONAVIRUS**



- 

Pynkhreh lypa iaka um sabon ha ki dabor plastik hala ting
- 

Sait ia ki kti da ka sabon bad um sabon kumba 20 sekhon
- 

Ha kaba khatduh phler iaki kti ha ka um bakhuid bala pynkhreh ha kawei pat ka jingdiang ne borti

Kyntiewlang Nongrum  
NSS Volunteer  
Sohra Government College  
Sohra






NYKS together towards tomorrow..  
Manbhalang in his duty 🙌🙌

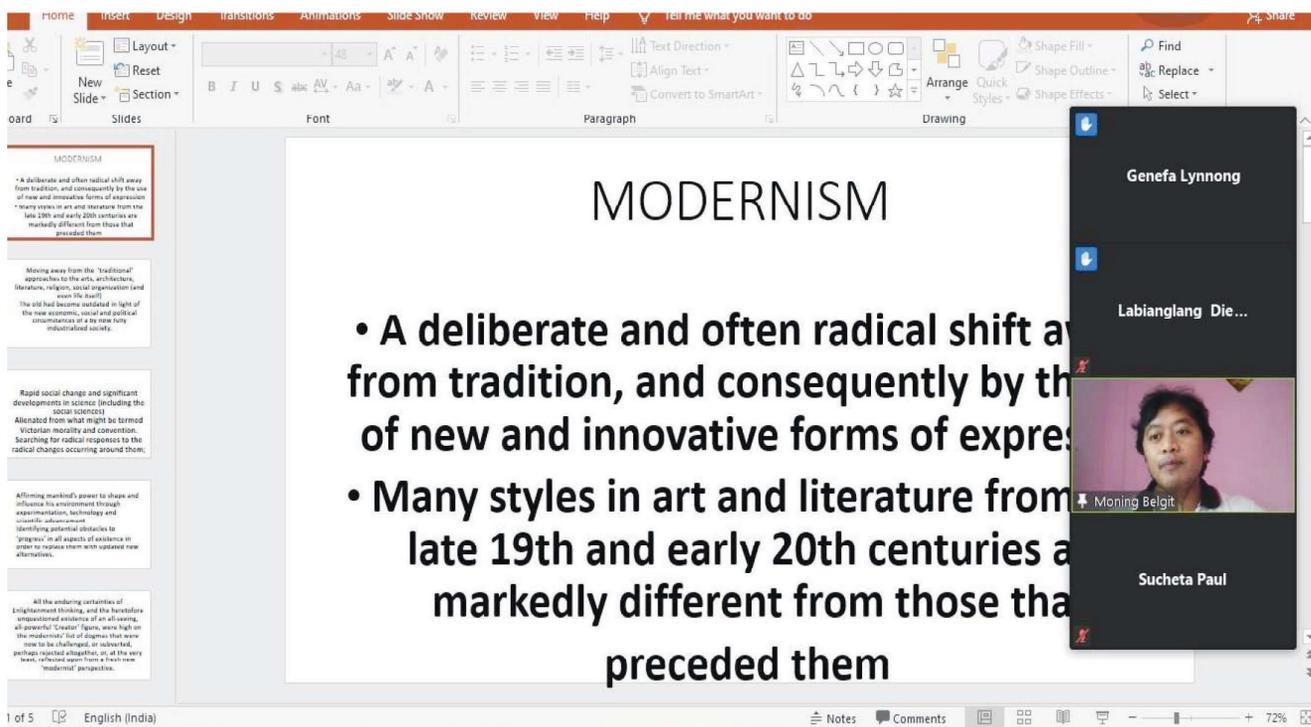
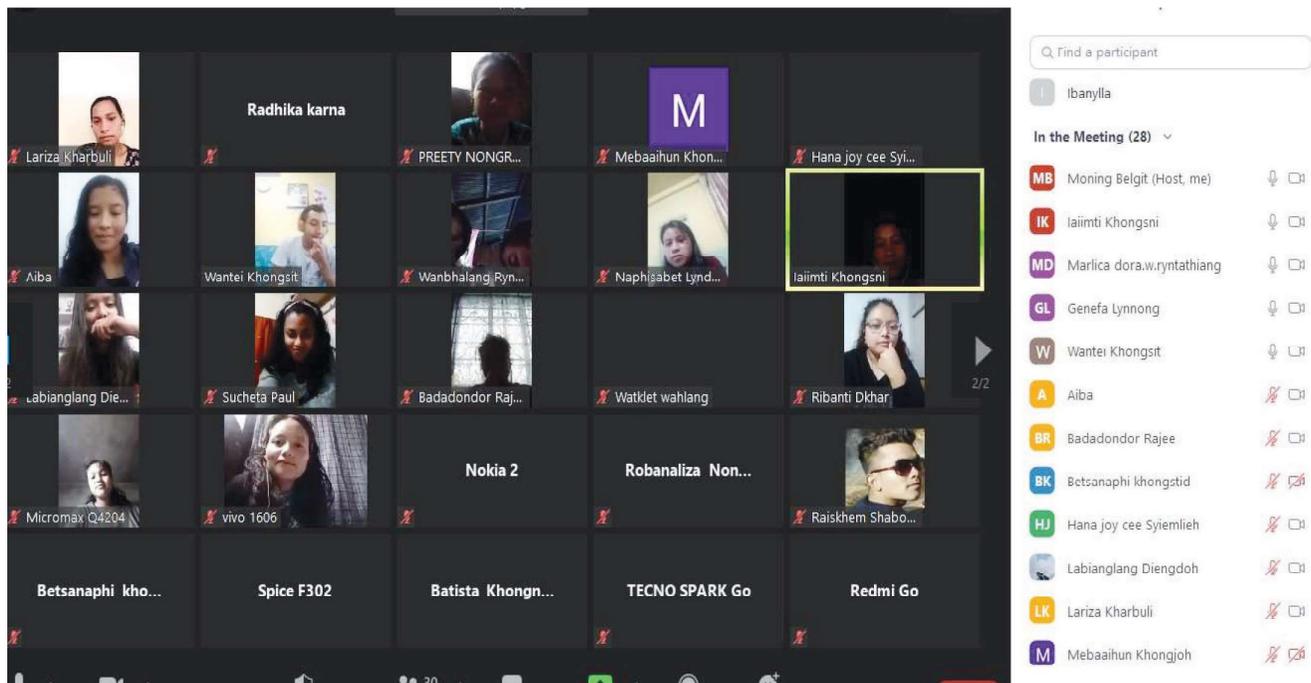


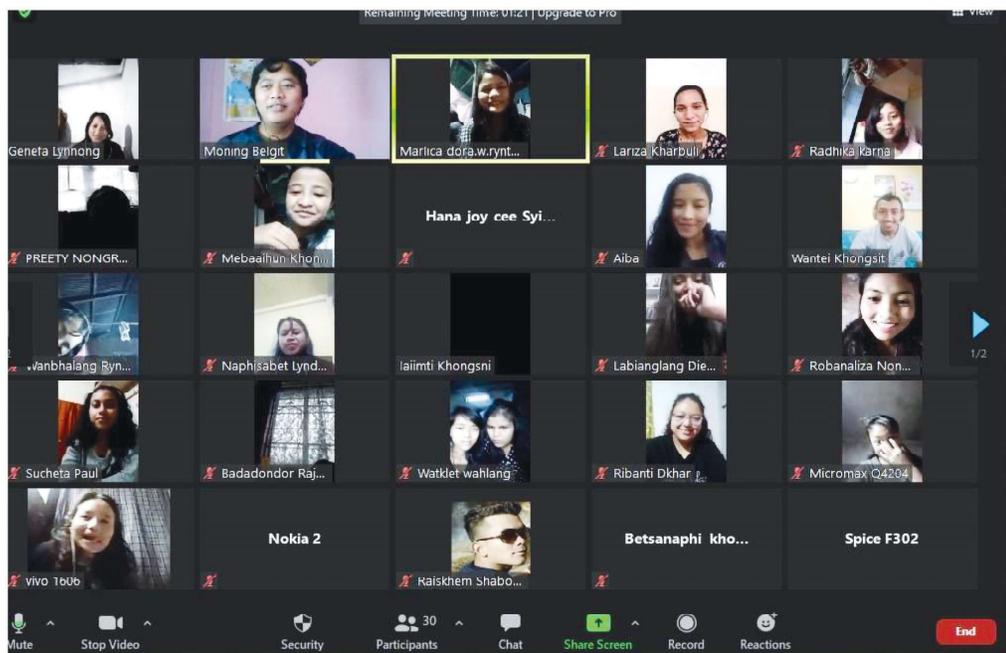
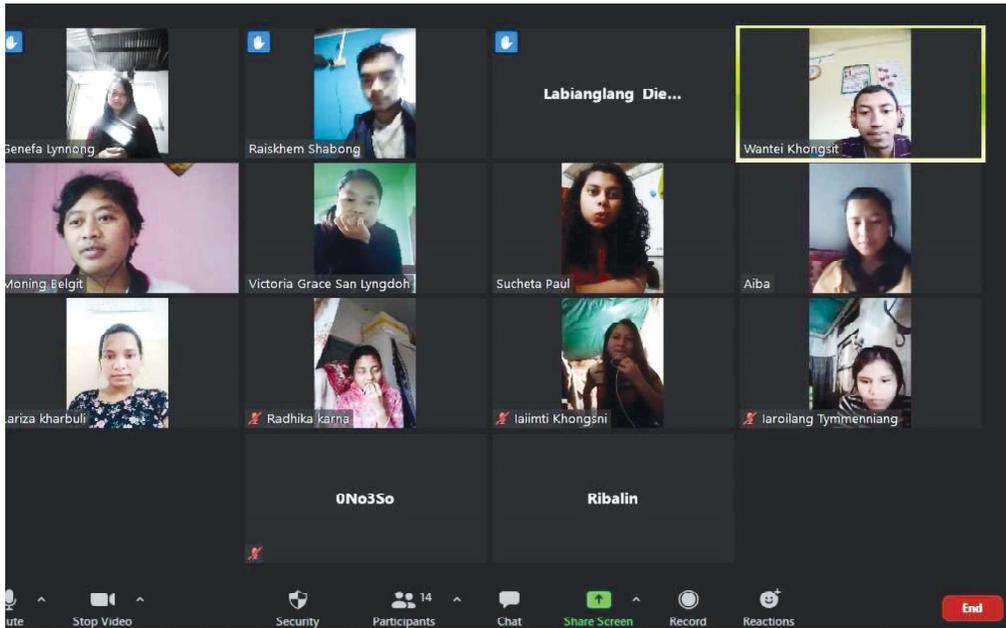






# Academic Activities







# EVERYONE CONTRIBUTED

BY

**SOCIAL DISTANCING**

**STAY HOME**

**STAY SAFE**



*Thank You*

*Khubblei*

**03.06.2020:** On 3<sup>rd</sup> June 2020. The S.D.O In charge of Sohra sub-division Shri A.S Mukhim paid an official visit to the College.

He inspected the College building and found that a major repair has to be done in most of the classrooms.

He also inspected the fencing which had not been constructed by the college. He committed that the expenditure of the fencing will be spent from the DMF Scheme.

11<sup>th</sup> June, 2020

The staff meeting of Sohra Government College held in the 11<sup>th</sup> June, 2020 in the teachers common room at 11a.m

The meeting was chaired by the Principal, Sohra, Govt College, Dr. A.L Lyngdoh

### AGENDA

1. Seminar
2. Training, paper publishing etc.

### Minutes of meeting:

1. i. With the current situation where the pandemic is prevailing, it has been discussed that traditional seminar is not feasible. So it has been resolved that the only option is via webinar. It is entrusted Smt. L.M Synrem, HOD Education Department to Co-ordinate with the principal modalities of St Anthony's College how to go about regarding modalities for webinar.
  - ii. The seminar will stick at the regional level of the theme "Categorization of Khasi lyrics of Khasi Composed Songs" the alternation and dates for the said seminar will be either 22<sup>nd</sup> or 23<sup>rd</sup> July, 2020 at 10:00 a.m.
  - iii. The house entrusted the seminar committee, where Smt. I.M Mitri being the Member Secretary and Khasi Department to proceed forward with the seminar. It is also suggested the Smt. I.M Mitri and Shri. K. Niangmih to prepare the brochures etc.
2. Principal of the College insisted that all the faculty members should organized trainings, workshops, seminars and published minimum two (2) articles in an academic year.

*Recorded by*

*Dr. S. Kharwanlang  
Dept of EVS  
Sohra Govt, College*

16<sup>th</sup> June, 2020

Meeting of the IQAC, Seminar Committee, Khasi Dept. and Education Dept. held on the 16<sup>th</sup> June 2020 at 10:30am.

**Member present: –**

**Signature**

1. Dr. (Mr.) A.H Lyngdoh, Principal, Sohra Govt. College
2. Shri. K. Niangmih
3. Shri. P. Hynniewta
4. Shri. D.M Wahlang
5. Smt. I. Mitri
6. Smt. C. Syngai
7. Smt. C.L. Sunn
8. Smt. E. Lyngdoh
9. Smt. P. Khyriem
10. Smt. L.M. Synrem
11. Smt. M.M. Nongbri
12. Shri K.M. Syiem
13. Smt. I.E Kharpran
14. Smt. Banylla Dopri

The meeting was chaired by the principal; Dr. A.L Lyngdoh.

**Agenda:**

- 1) After being briefed by the chair about the difficulties expressed by the Resource person as on 'Categorization of Khasi lyrics of Khasi composed songs', it was decided that possibility of conducting a webinar on 'Social Media: A Potent instrument for societal change.
- 2) As regard to the webinar on the above topic on 'Social Media: A potent instrument for societal change' it was resolve that the proposed webinar:
  - a) Will be on one day
  - b) Will consist of the following topic:
    - (i) Social Media: a valuable aid in re-experiencing history.
    - (ii) Changing narrative of literature in the age of social media. (Glimpse of social media as a valuable teaching aid)

- (iii) Social Media: a potent instrument in Political protest.
  - (iv) Social Media and Personality Development.
  - (v) Social Media influencing consumer Decision Making
  - (vi) Using Social Media as e-resource in libraries
  - (vii) Social Media and information mining
  - (viii) Social Media usage: a new addition.
- c) Will be handled by resource person/paper presenter, some of whom will be invited from outside the college. The members have been entrusted with the task of scouting for potential resources person.

*Recorded by*

*Klur M. Syiem  
Dept. of History  
Sohra Govt. College*

*21<sup>st</sup> June, 2020*

The College mourns the demise of Late Shri. Kyllang Sing Pde, Grade IV Staff on 21<sup>st</sup> June 2020. His funeral was held on 22<sup>nd</sup> June at Laityra Village.

23<sup>rd</sup> June, 2020**Meeting of HOD of the college on the 23<sup>rd</sup> June 2020 at 11am in the Principal Chamber.****Members Present:**

1. Dr. (Miss) A.L Lyngdoh, Principal
2. Shri K. Niangmih, Khasi Dept.
3. Smti C. Swer, History
4. Smti T. Sinha, English
5. Smti P. Hynniewta, Economics
6. Smti L.M Synrem, Education

Shri Dr. S.Kharwanlang (EVS) and Ms. C. Syngai (Pd.Sc) have tendered their apologies. The meeting started with a welcome note from the chair Dr. (Ms) A.L Lyngdoh.

**Agenda:**

1. **Audit:** the members are informed that the auditors will be coming for audit in the coming days.
2. **Exposure Trip:** the chair urged the English and History dept. to submit the Bill of the exposure trips already undertaken within a weeks' time.
3. The members unanimously resolved to send the name of Sir P. Hynniewta as the representative of Teachers of affiliated colleges to the Academic Council of North Eastern Hill University Elections – 2020

**Teachers Welfare Fund:**

It was learnt that Sir A.K Choudhry has retired since 30<sup>th</sup> April. Being the convener of the Sohra Government College Teacher Welfare Association it is mandatory to get his signature for any financial matters. Hence, the meeting has resolved to take up the matter and discuss with the teachers in the WhatsApp group, as a general meeting could not be held due to this COVID – 19 Pandemic.

5. **Renovation Schemes:** The meeting is informed that the M.L.A. of Shella Constituency has blocked the fund meant for renovation of the old building of the college. In this regard it was resolved to meet the representatives of both Sohra and Shella Constituencies to discuss the matter. This was entrusted to Sir P. Hynniewta to arrange for the said meeting.
6. **Advisory Committee Meeting:** it was resolved to inform the D.C of the East Khasi Hills relating to this so that the meeting could be conducted at the earliest and important development works of the college could be undertaken without any hindrance.

### ✓ College forms alumni body

**SHILLONG:** The Sohra Government College Alumni Association was constituted on Saturday in a meeting presided by G Syrpailang Kharwanlang, lecturer (Economics) and member secretary of the alumni committee. Kharwanlang welcomed the members and presented the constitution of the association. College Principal AL Lyngdoh lauded the members for responding to the invitation. She also said that the alumni association is a pillar which can strengthen the institution. The meeting elected Rex Danny Syiemlieh as president, Milky Way Bynud as vice-president, Demingstar Larmgap as general secretary, Shemphang Synrem as joint secretary and Insurance Diengdoh as finance secretary. Office bearers and the executive members were also appointed during the meeting.

### ✓ Ioh nongkitkam ka Sohra Government College Alumni Association

Shillong, Naiwieng:

Ha ka 9 tarik mynta u bnai ka Sohra Government College ka la pynlong ia ka jingialang ha kaba la ioh ban seng ia ka Sohra Government College Alumni Association. Ia kane ka jingialang la pyniaid da u Bah Syrpailang Kharwanlang, Lecturer ka Economics bad uba dei ruh u Secretary ka Alumni Committee.

U Bah Kharwanlang u la pdiang sengwbha ia baroh kiba la wan sha ka jingialang bad u la aiti ruh ia ka riti treikam jong ka synjuk ha kane ka sngi.

Haba ai jingkren ha ka jingialang na ka liang i Principal, Dr A.L.Lyngdoh ki la ai khublei bad pynpaw ka sngewnguh ia ki dkhot kiba la pdiang ban long ki nongkitkam ka Alumni Association bad i la ong ruh ba ka jingseng ia kane ka synjuk ka long ban nang pynkhlain bad nang kyntiew shuh shuh ia ka kolej.

Ki nongkitkam ka synjuk kiba la shah jied ha kane ka jingialang ki kynthup ia u President Bah Rex Danny Syiemlieh, Vice President Bah Milky Way Bynud, General Secretary Bah Demingstar Larmgap, Joint Secretary Bah Shemphang Synrem bad Finanace Secretary Kong Insurance Diengdoh nalor kiwei pat ki dkhot ka Executive Member.

Haba pynkut ia ka jingialang la ioh ia ki kyntien ai khublei na i Bah G.S.Kharmawphlang i ba la pynsngew ba ka jingdon jong ka Alumni kan pyniaid shaphrang ia ka kolej ha baroh ki liang.

### Rakhe ka Sohra Government College ia ka National Education Day

Shillong, Naiwieng:

✓ Ka Sohra Government College ha ka 11 tarik mynta u bnai ka la pynlong ia ka National Education Day kum shibytnta ban rakhe ia la lyngkhuu sngi kha u Abdul Kalam Azad uba dei u Myntri ba nyngkong ka tnat pule puthi ka sorkar India.

Ha kane ka sngi ki bor pyniaid ka kolej ki la pynlong da ki prokram jing iakob bapher bapher ba kynthup naduh ka jing iakob dro bad airong dur ryngkat ka phang "Education: A Potent Instrument for Change."

Ka jingai jingkren halor ka phang jong kane ka jingrakhe la wan ban ai

da ka Kong Melita Nongbri, Asst Professor Department of Education.

Kham hashwa ia kane ka jingrakhe, ka Sohra Government College ka la pynlong ia ka jingrakhe 'National Unity Day' bad ha kane ka sngi la wan ban ai jingkren halor ka phang, "Sardar Vallabhai and the integration of Indian States" da i Kong Carienia L.Sunn, Asst Professor, Department of History bad la pynlong ruh ia ki prokram iakob bapher bapher naduh ka thoh essay bad ka dro dur.

Kane ka long katkum ka kyrwoh ba la phah da i Dr A.L.Lyngdoh, Sohra Government College.

## Sohra College made 'plastic free zone'

HP NEWS SERVICE

**Shillong, Oct 20:** The Sohra Government College located at Saitsohpen in Sohra has been made a 'Plastic Free Zone' with immediate effect.

This was informed by the Principal of the College today wherein it was said that the ban that has been imposed on all kinds of plastics in the college will be enforced by the office of the Principal.

"This is in line with the efforts of the college to maintain a clean campus and towards this end, an awareness programme on the harmful effects of plastic on the environment was held recently," the Principal A L Lyngdoh said.

Extending their support to this noble cause, the students have pledged to avoid the use of plastic henceforth.

Meanwhile, the Principal also informed that a number of activities have been conducted at the Sohra College so far in October.

The first of these activities was the observance of the 150th Birth Anniversary of Mahatma Gandhi on October 3.

During an event to mark this day which was held at the college, the students took part in various competitions which include extempore speech, sketching, essay writing and debate.

Themes related to the life of Mahatma Gandhi were chosen for these competitions.

Meanwhile, the college also organised a tree plantation drive on October 14 in pursuit of achieving the 'One student, One tree' target.

Around 200 students took part in this plantation drive where saplings were planted in the college campus.

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They also pledged to adopt one tree each and to nurture this adopted tree during the extent of their years in the college.

So as to develop healthy citizens and fit young people, the college also launched the Fit India Movement in the college campus.

In this regard, the college organised a sensitisation programme to create awareness amongst the students about the benefits and long term returns of staying fit.

During the programme, students of the college pledged to walk at least 10,000 steps every day to and from the college.



*Non-Teaching Staff*



*Teaching Staff*



