

# SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA  
EAST KHASI HILLS: MEGHALAYA – 793108  
COLLEGE NSS UNIT.



To,

The Principal  
Sohra Government College  
Sohra.

## Report of the NSS Regular Activities 2016

### I. World environment Day Celebration: (A total of 220 student Volunteers)

#### A. Poster and Sticker Campaign:02-06-2016

A Poster-Sticker Campaign under the theme- "The Earth: Our Home Habitat" ,was organized to create awareness among the community and public at large on the need to Protect, Save and Conserve the Environment.

##### i. Stickers on the Rear Windshield of Vehicles:

Stickers on issues relating to Protection and Conservation of the Environment was pasted on the rear windshield of the local taxis moving, Maxi Cab plying along the Sohra –Shillong route. It needs mention that the partnership and participation of the Sohra Taxi Owners Association and the Sohra - Shillong Maxi Cab Owners and Drivers Association was secured for the purpose.

##### ii. Posters at Tourist Spots:

Posters were pasted at strategic places frequented by Tourists such as the Tourist Hub at Duwan Sing Syiem Bridge, Mawkdoh; the Arwah-Lumshynna Tourist Hub, Sohra; the Nohkalikai Falls, Khliehshnong,Sohra; Nohsngithiang Falls, Mawsmai.

##### iii. Posters at Educational Institutions:

With the co-operation of the following Schools, Posters were also pasted at:

1. Ramakrishna Mission Higher Secondary School, Khlieh Shnong,Sohra.
2. St. John Bosco Boys' Higher Secondary School,Marai Ka Phon, Sohra.
3. St. John Bosco Girls' Higher Secondary School ,Marai Ka Phon, Sohra.
4. Agape Secondary School, Pomsohmen Sohra.
5. St. Louis Secondary School, Mawpun Kyrting, Sohra.
6. St. Peter and Paul Secondary School, Mawkisyiem, Sohra.
7. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.

##### iv. Posters at important Junctions and Government Offices:

Postersand Flex banner were placed at important junction and offices frequented by the general public:

1. Iew Sohra (Sohra Market)
2. Lad Thanat Junction
3. Office of the Sub- Divisional Officer, (Civil), Sohra.
4. Office of the Block Development Officer, Shella- Bholaganj C & RD Block, Sohra.
5. Community Health Centre, Sohra.

#### B. Tree Plantation Programme: 04-06-2016

A Tree Plantation Programme was organized on the 3<sup>rd</sup> June 2016, commencing from 9:30 am. A total of 200 student Volunteers, including the Higher Secondary Section participated in the Programme. The Volunteers were guided by the teaching Staff of the College and the Higher Secondary Section.

A total number of 200 saplings were planted on the occasion. Bamboo barricade was placed at each sapling to ensure their protection.





## 2. Van Mahotsav Week July 2016

### i. Weeding and Airing of Sapling: 02-07-2016 (Saturday)

As part of the celebration of the Van Mahotsav Week, the NSS Volunteers of Sohra Government College organized a programme for the maintenance of the Saplings that had been planted in the last two years during the World Environment Day Celebration.

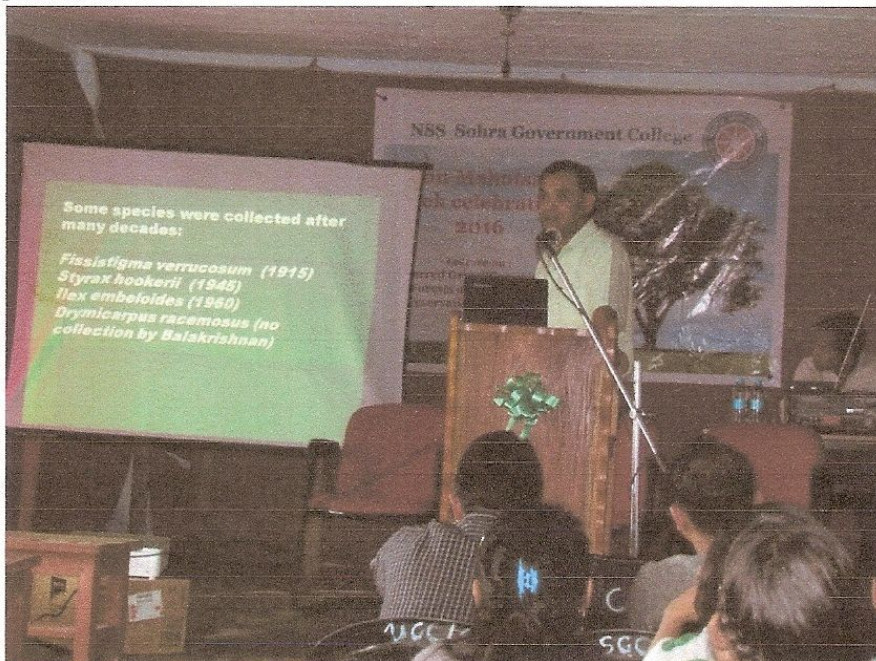
About 100 volunteers participated in the programme which lasted for a duration of 4 hours i.e 7:00 am to 11:00 am. The Volunteers enthusiastically participated in the Weeding and Airing of the saplings, to ensure unhindered growth.

The students were supervised by the following:

1. Shri Kamilang Rane Programme Officer
2. Shri. Klur M. Syiem, Programme Officer.
3. Dr. Shembhalang Kharwanlang, Member Advisory Committee, NSS Sohra Government College.

### ii. Lecture on "Sacred Grove/ Community Reserved Forest as instruments for the Preservation of Forest Cover". 05-07-2016 (Tuesday)

Conscious of the tag that Sohra (Cherrapunjee) being referred to as 'wet desert', the NSS Unit of Sohra Government College organized a Lecture on "**Sacred Grove/Community Reserved Forest as instruments for the preservation of Forest Cover**". Dr. Krishna Uppadhaya, Asst. Professor Basic Science, North Eastern Hills University, Shillong, who had done extensive study on the subject in Meghalaya, delivered a power-point presentation.



The resource person delved extensively on the fact that Meghalaya in particular and North East in general being the biological 'hot-spot' with a plethora of species being endemic only to the region. Presenting a case study of Sohra Plateau, where Sacred Groves/ Community Reserve Forests have been subjected to human disturbances, Dr. Uppadhaya apprised the student volunteers of the College, through the slides that he had collected, about the uniqueness of some of the specie to Sohra Plateau only. He also presented statistics to emphasis on the point

that the higher percentage of forest cover for Meghalaya was largely due to the presence of Sacred Groves and Community Reserved Forests. He exhorted the student volunteers to play a role in their community or village in ensuring protection to whatever patch of green cover available from the ravages of Forest fire which are common in the area.

Two hundred and five volunteers participate in the programme.

## 3. Social Harmony and National Unity (SHANU) Programme: 14<sup>th</sup> August 2016.( A total of 250 student Volunteers)

As part of the Programme on Social Harmony and National Unity, the Unit organized



- a. Quiz Competition for Secondary Schools in and around Sohra.
- b. Debate Competition: **Motion:** “Diversity is anathema to National Unity”
- c. Poster Competition: “Unity is Strength”



The schools which participated were:

- a. St. John Bosco Boys’ Higher Secondary School, Marai Ka Phon, Sohra.
- b. St. John Bosco Girls’ Higher Secondary School, Marai Ka Phon, Sohra.
- c. St. Louis Secondary School, Mawpun Kyrtiang, Sohra.
- d. St. Peter and Paul Secondary School, Mawkisiem, Sohra.
- e. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.
- f.

#### 4. Swacchh Bharat Pakhwada

As part of the Swacchh Bharat Pakhwada the Unit was able to conduct Cleaning Drive at the famed Tourist Spot, Nohkalikai Falls, on the 22<sup>nd</sup> August 2016. 35 student volunteers and two Programme Officers participated in the Programme.

#### 5. Awareness on Voluntary Blood Donation and Voluntary Blood Donation

In collaboration with the Red Ribbon Club, the Unit conducted an Awareness on Voluntary Blood Donation on the 16 of September 2016. Apart from the students of the college, participation was also sought from the local youth from the various localities round Sohra and the local Churches. The awareness Campaign was conducted by the Meghalaya Aids Control Society. On the occasion 32 Voluntary Blood donors donated Blood

#### 6. Workshop on Tourism: 22<sup>ND</sup> SEPTEMBER 2016

A Workshop on “Prospects of Tourism in Sohra” was held on the 22<sup>nd</sup> September 2016.

#### **Objective:**

The objective of the Workshop would be to invoke, inspire and open up the stake holders to the various potential of Sohra’s Rural Tourism /Eco Tourism as an Economic Prospect that would help boost the local economy and act as viable alternative for economic sustenance.

#### **Target Group:**

Local Stake-holders such as :

1. The local Traditional Governing Institutions such as the Dorbar Shnong/Rangbah Shnong.

2. The local Youth Bodies of the Locality, Seng Samla Shnong etc
3. The Homestay Owners.
4. Resort Owners.
5. NSS Volunteers.

**Resource Persons:**

1. Tapping Tourism Potentials: Dr. Punit Gautam, Department of Tourism Management, North Eastern Hills University
2. Commercial Aspect of Tourism: Benjamin Lyngdoh, Asst Professor Department of Tourism, North Eastern Hills University
3. Local Culinary and Tourism: An Instrument of Supplementing Local Income Generation: Ms. Iba Uriah, NESFAS

More than 200 participants comprising the different target Groups participated.

**7. Constitution Day 2016 celebration 26<sup>th</sup> November 2016.**

The celebration was attended by the Teaching and non-Teaching Staff of the College and about 150 volunteers. The brief function was presided by Shri Klur M. Syiem, P.O NSS, Sohra Government College and the following programmes were conducted:

**i. Reading of the Preamble to the Indian Constitution:**

Shri A.K.Choudhury, HoD Economics Deptt, Sohra Government College lead the members present to read the Preamble to the Indian Constitution, rekindling the belief and faith of all the members present on the vision that the Makers of the Constitution have for our great Nation.

**ii. Reading of the Fundamental Duties of the Indian Citizen as enshrined in the Indian Constitution:**

Shri K. Niangmih, HoD Khasi Deptt, Sohra Government College, reminds all present on the importance of US as the citizens to not only claim for OUR RIGHTS but to be equally aware of OUR DUTIES. He emphasized that “someone else’s Duty becomes another’s Right”. A reading of the Fundamental Duties was also lead by Shri K. Niangmih.

**iii. Lecture on “The Indian Constitution and the Constitution Day Celebration”.**

Smt. Catherine Syngai, HoD Political Science Deptt, Sohra Government College, delivered a brief Lecture on the the Indian Constitution and the significance of this Day the 26<sup>th</sup> of November. She reminded the gathering that the recognition on the importance of this Day was recent origin. She informed that this year is only the second time when the 26<sup>th</sup> of November is celebrated as the Constitution Day or Samvidhan Divas. Previously this date was celebrated as Law Day. Mentioning on the unique and embracing nature of the Indian Constitution, she reiterated that this is a befitting acknowledgement to the Contributions of the Framers of the Indian Constitution.

The celebration ended with a Vote of Thanks from Shri Kamailang Rane, P.O NSS, Sohra Government College.



*(Signature)*  
 Shri Klur M. Syiem  
 Programme Officer  
 NSS, Sohra Government College

*(Signature)*  
 Shri. Kamailang Rane  
 Programme Officer  
 NSS, Sohra Government College