

**ONE DAY REGIONAL SEMINAR ON “TOURISM AND LIVELIHOOD” WITH
REFERENCE TO SOHRA AT SOHRA GOVERNMENT COLLEGE, SOHRA**

PROGRAMME

DATE; 11th APRIL, 2017

9:30 a.m: Inaugural Session

Welcome Address: Chairman of the Seminar, Shri. A.K. Choudhury

Presentation of Bouquets

Song: Students of Sohra Government College

Speech: Principal, Shri. O.U. Lyngdoh

Keynote, Sub-Divisional Officer(C), Sohra Sub-Division

Vote of Thanks

10:30 a.m

Technical Session I – Eco-Tourism: Its Prospects and Problems

**Resource Person: Shri. S.L. Khyriem, Retd. Deputy Director General
Ministry of tourism, Government of India**

Interactive Session

TEA BREAK

12: 00 noon

Technical Session II- Sustainable Rural Livelihood: Its Prospects and Problems

**Resource Person: Dr. A. R. Syngkon, Associate Professor, Department of Commerce, NEHU,
Shillong**

Interactive Session

LUNCH BREAK

2:00 pm

Technical Session III- Cultural Tourism: Its Prospects and Problems

**Resource Person: Shri: P. Kharbamon, Branch Head of Jettwings Insitute of Airlines,
Hospitality and Tourism Management, Shillong**

Interactive Session

3:00 pm

VALEDICTORY SESSION



To,

The Principal
Sohra Government College, Sohra



Subject: Detailed Report of the Event:

INAUGURAL FUNCTION: Chief Guest - Smt. J. Umdor EAC Sohra Civil Subdivision

The Inaugural Function was chaired by Shri. A. K. Choudhury, HoD, Department of Economics, Sohra Government College.

The Chairman extended a heartiest welcome to all members present. A special word of appreciation was extended to the representatives from the various localities of Sohra for responding to the invitation of the College. Highlighting on the purpose and relevance of the theme – “Tourism and Livelihood”- the chairman stated that, tourism as an industry in promoting livelihood in Sohra is a significant one, more so, as it is a ‘smokeless industry’.

Shri. O. U. Lyngdoh, Principal Sohra Government College, in his speech, expressed thankfulness to the seminar committee for labouring towards making the seminar a reality. Further, commenting on the relevance of the theme, Shri. O. U. Lyngdoh mentioned on how the extensive use of the available resources will go a long way in lifting the economy of Sohra area, in particular, and the growth and development of the country as a whole. He expresses hope that through the seminar, the stakeholders will be able to equip themselves in harnessing the available resources through managerial skills etc and, thereby, tap this very important aspect of the tertiary sector, which indeed is a “smokeless industry”.

Delivering the keynote address the Chief Guest, Smt. J. Umdor (EAC Sohra Civil Subdivision), reaffirms the role of tourism in uplifting the economic prospects of the local community. She further stressed on the importance of Eco-Tourism, Rural Tourism etc., to the inflow of tourist to the Sohra region. She noted on the role of tourism in tackling poverty, empowering local community and amplifying employment prospects. Smt. J. Umdor threw a challenge before all present, to initiate Workshop on Sustainable Development, Cleanliness Campaign, Researches etc., which are incidental to reaping greater benefits from tourism in Sohra.

The inaugural function ended with a Vote of Thanks by Smt. Lucia M. Synrem, HoD, Department of Education, Sohra Government College.

TECHNICAL SESSION I: “ECO-TOURISM: ITS PROSPECTS AND PROBLEMS”

Resource Person: Shri. S. L. Khyriem

Retd. Deputy Director General, Ministry of Tourism, Govt. Of India

Before deliberating on the theme “Eco-Tourism: Its Prospects and Problems”, the Resource Person, Shri. S. L. Khyriem, pointed out that the varied understanding of the term Tourism or Tourist. Tourism comprise of Sightseers, persons on Pilgrimage (religious or otherwise), Business Retreat etc. Dwelling on the theme, Shri Khyriem reminded that the concept of Eco- Tourism is of recent origin. It appeared around the last two decades of the 20th Century.

Eco- Tourism, he stressed, is not confined to nature visits but entails the respect for the area and its populace. Eco- Tourism enjoins the preservation and conservation of the tourist resources. Having laid down the essence

of Eco- Tourism, Shri Khyriem, attempted an explanation of the term Eco- tourism by referring to it as “*Responsible Travels to Natural Areas with the Objective of Conserving the Natural Habitat which at the same time does not adversely affect the local populace*”.

The Resource Person laid down some the identifiable benefits of Eco- tourism;

- Eco- tourism is a means of helping us earn yet at the same time preserve our pristine environment
- Eco- Tourism is a means of bringing about economic development in a sustainable way
- Eco- Tourism amplifies employment opportunities as it necessitates the service of tour guides (with specialised knowledge)
- Eco- Tourists are, generally, big spenders, as they come to stay and learn

Shifting from prospects to challenges; the Resource Person stated that in tourism, “more people mean more money”. He therefore added that in Eco- Tourism stakeholders need to be cautious of the ‘carrying capacity’ of a place. Secondly, the local stakeholders need to be cautious from being exploited by the Eco- tourists. Thirdly, stakeholders need to be cautious to the tourist economy threatening the local economy. Fourthly, he exhorted to be cautious from ‘the outside developers’, whose main concern is to reap maximum benefit, and unmindful of the sustainability of the pristine resources, which are the source of livelihood for future generations.

The Resource Person concluded by exhorting the members presents to start tourism in a small way. He further pressed upon the local youths to give emphasis to Eco- Tourism. Eco- Tourism, in a real sense might not be attractive as it involves smaller number; nonetheless, he reiterated Eco- Tourism has a low impact on ecology.

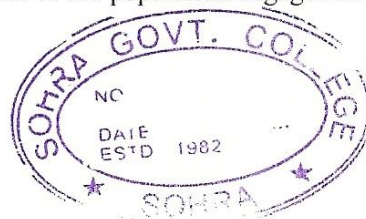
TECHNICAL SESSION II: SUSTAINABLE RURAL LIVELIHOOD: ITS PROSPECTS AND PROBLEMS

Resource Person: Dr A. R. Synkon

Associate Prof., Dept. Of Commerce, North Eastern Hill University

From the outset the Resource Person, Dr A. R. Synkon, stressed on the interdependence nature of our existence and mentioned that the discourse on Sustainable Rural Livelihood will proceed along this line. Dwelling on the theme, Dr Synkon tried to clear certain key concepts connected to the theme, beginning with ‘**Livelihood**’. Dr Synkon defined Livelihood as “a combination of the resources used and the activities undertaken in order to live”. Furthermore, the Resource Person highlighted on the important terms associated with livelihood such as Assets, Stores, Claims and Access etc. Besides, he delved on the various factors affecting a person’s livelihood viz; Human Capital, Physical Capital, Natural Capital, Social Capital, Financial Capital etc. He further emphasised that livelihood has to be understood within the Social, Economic and Political Context. Discoursing on the Strategies of Livelihood, the Resource Person stated that livelihood is understood in terms of how the people use the Assets within the context of the Social, Economic, Political and Environmental. The range of these strategies is different and varied: from Collective Livelihood Strategy to Familial Livelihood Strategy. Furthermore, he dwelled on the vulnerability associated with our move towards Livelihood. He stated that the strength of our Livelihood is not only measured in terms of its productive outcomes, but equally by its resilience to shock (Natural disaster, economic downturns etc), seasonal changes (available resources may fluctuate according to season) and trends. People may adapt to the changing season in order to survive. Finally the Resource Person stated that Livelihood is interdependent. A given livelihood may rely on other livelihoods to access and exchange livelihood. A given livelihood competes with each other.

Dwelling on the term ‘**Rural**’, Dr Synkon defined ‘Rural’ in accordance with the parameters of the Census 2011. The designation for an area as being rural includes a population not more than 5000 (Five Thousand). A population density of 400 per square kilometre and where 25 percent of the population engaged in agricultural pursuit.



On the term ‘Sustainable’, the Resource Person traced the genesis of the concept ‘SUSTAINABILITY’. He further added that in Development Economics the term ‘Sustainable’ has come to replace the term ‘Integrated’. In the context of the theme “Tourism and Livelihood”, the call for sustenance of the environment is made, so as to sustain the available resource for the future. Dr Synkon, further suggested that Sustainable Livelihood entails the enhancing of the capabilities and assets in the present and the future, keeping in mind the natural resource base.

In his concluding statement, Dr Synkon exhorted the members present that, as we strive for our livelihood we should bear in mind one fact: there are the voiceless beings – trees, plants etc., on whom our very survival is dependent upon.

TECHNICAL SESSION III: CULTURAL TOURISM: ITS PROSPECTS AND PROBLEMS

Resource Person: Shri. P. Kharbamon

Branch Head of Jettwings Institute of Airlines, Hospitality and Tourism Management, Shillong

Shri PhrangkuparKharbamon, attempted a different take on the understanding of the term ‘Tourism’. He stated Tourism as, ‘a social phenomenon that emerged as a result of people wanting to be somewhere and do something different’. Drawing inference from this the Resource Person stated that, it is this kind of an ‘experience in travel’ that facilitates the intermingling of Cultures and hence the concept of Cultural Tourism. Shri PhrangkuparKharbamon, however, refrained from defining Cultural Tourism-as the very concept of Culture is an ever changing one.

He delved more into the practical aspects of Cultural Tourism. Shri PhrangkuparKharbamon, mentioned about the ‘Pull Factor and the Push Factor’ vis-a-vis the Tourist Generating Region and Tourist Destination Region. Underlining the role of Cultural Tourism as an instrument of economic development that attract visitors, outside the host community, who are motivated generally or partially by an interest in the historical, artistic, scientific or related to lifestyles and tradition of a community, region, group or institution. Hence, the Resource Person, emphasized the varied nature and character of a Culture Tourist ranging from the Purposeful, Amateur, Incidental, and Accidental to the Romantic, the Aesthetic and Pilgrim etc. In the context of the “Tourism and Livelihood: With reference to Sohra”, the Resource Person emphasise that Sohra, as a Tourist destination must cater to these varied needs of the Culture Tourist ranging from what the Tourist seeks to experience to the capabilities of the varied age groups in enjoying the ‘experience’. The challenge for a Tourist Destination is to accommodate the different set of innovation to the different set of satisfaction.

Shri PhrangkuparKharbamon invited the local stakeholders of showcasing Culture through acts of storytelling, enactment of the Legends and stories surrounding the tourist spots around Sohra. Highlighting on positive aspects of Cultural Tourism, the Resource Person, made mention of the following:

- Protecting and conserving Cultural Resources
- Reviving of certain art forms
- Instilling pride etc



The Resource Person also cautions on the negative aspects of Cultural Tourism which he pointed out as follows:

- The dangers of commoditization of culture
- Acculturation; modifying certain culture to meet the Tourist’s demand
- Demonstration Effect: aping/ accommodating of the culture of others

In conclusion, the Resource Person calls upon the members present, to tap the opportunity available to them in a vibrant sector such as Tourism. Citing the feedback received from those who have secured placement in this sector in different parts of the country, the Resource Person acknowledged that youths from Meghalaya are known to have enjoyed a favourable reputation in the service sector, due to their courteous demeanour. So, he

exhorted all stakeholders present to utilize this potential in the alleviation of the economic condition of the Sohra region.

VALEDICTORY FUNCTION:

The seminar ended with a valedictory session, chaired by Shri A. K. Choudhury. The chair commended the valuable and insightful inputs shared by the Resource Persons. An expression of thanks was extended to the members present. Certificate of participation was also handed out to all participants. The function was concluded with a Vote of Thanks by Smt. Lucia M. Synrem, HoD, Department of Education, Sohra Government College.

From,



(Smt. Jaiphyrnai Mitri)
Member Secretary
Seminar Committee
Sohra Government College, Sohra.

LIST OF PLATES

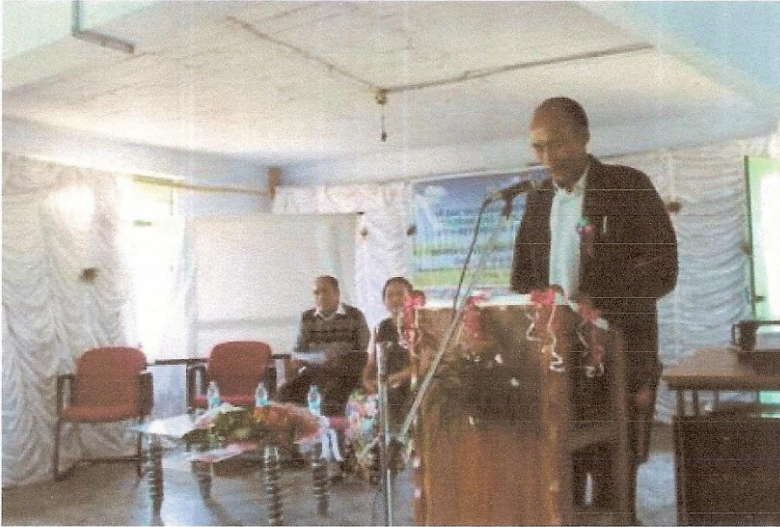


Figure 1: Speech by the Principal, Shri. O.U. Lyngdoh: 11/4/2017



Figure 2: Resource Person, Shri. S.L. Khyriem: 11/4/2017



Figure 3: Resource Person: Dr. A. R. Synkon : 11/4/2017





Figure 4: Resource Person, Shri. P. Kharbamon : 11/4/2017

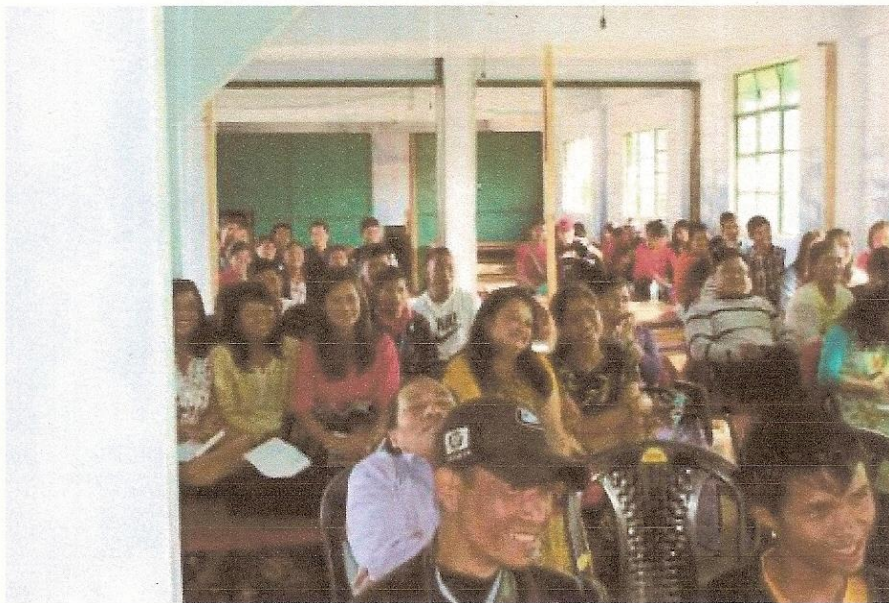


Figure 5: Participants: 11/4/2017



From,

(Smti. Āaiphyrnai Mitri)
Member Secretary
Seminar Committee
Sohra Government College, Sohra.



ONE DAY REGIONAL SEMINAR

ON

"TOURISM AND LIVELIHOOD" : WITH REFERENCE TO SOHRA

Sponsored By

Indian Council of Social Science Research
NERC, NEHU, Shillong

Organised by: SOHRA GOVT. COLLEGE

Certificate of Participation

This is to certify that

Prof/ Dr./ Mr./ Mrs./ Ms. Eradondor Lyngdoh

of Sohra Government College was a participant/ resource person in the

Regional Seminar held at Sohra Govt. College on the

11th of April, 2017 and presentedpaper(s)

Ms. T. Mitri
Member Secretary
Seminar Committee

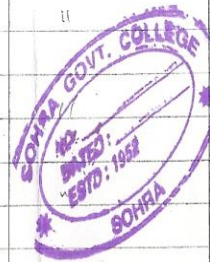


Mr. O.U. Lyngdoh
Principal
Sohra Govt. College

SHILLONG POWER

Seminar on Tourism and livelihood with reference to Sohra.
 Organized by Sohra Govt College on 11th April 2017

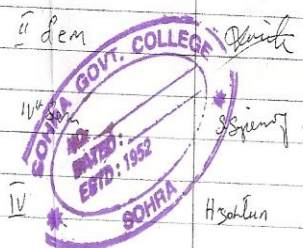
SLNO	Name	Address & Contact No	Signature	SLNO	Name	Address & Contact No	Signature
1	Shi. D. U. Lyngdoh	Sohra Govt College 9456210682		17	A. Gjem	Nongrim 8575576113	
2	Sh. A.K. Chomelmy	S.G.C. 94363246178		18	P. Nongrum	Nongrim 7627952678	
3	Smt. I. Mita	Sohra Govt. College 9436706709		19	A.M. Wallay	Sohra Govt college 8575414046	
4	Shi P. Lymienta	Sohra Govt College 9615706515		20	Shubobang Shati	Sohra Govt college BA II Sem 8575977198	
5	Arijidancy Riaktam	Sohra Govt college BA II Sem 8014501540	A. Riaktam	21	Kenai nam Ticoman	8014918725 BA II Sem Sohra Govt College	
6	Mkhona Pradhan	Sohra Govt college BA II Sem 9612920894	M Pradhan	22	Karabang Shongram	Sohra Govt College BA II Sem 8014707758	
7	Ethylberth Khongyama	Sohra Govt College BA II Sem 8575358355		23	Alianman Solkhia	Sohra Govt college BA II Sem 9615741199	
8	Smti. A.M. Synaem	Sohra Govt College 8575346660		24	Memory Jdo	Sohra Govt college BA II Sem 8014913356	
9	A.L. Sunu	Sohra Govt College 8794543416		25	Bandyranandang Khongyama	Sohra Govt College BA II Sem 8014990050	
10	E.V. WARR.	9986219311		26	Fessacie Khosraier	BA II Sem 8014453226 Sohra Govt. College	
11	WMB MONSANG	Sohra Govt. College 9556221474		27	Smti. J.M. Wndes	KAC, Sohra Govt Sub Division 9863100016	
12	R.R. Rany	Sohra Govt College 9615992594		28	Smti. U. Khylliep	Sohra Govt. College	
13	A. Kuchey	Sohra Govt Collg 9615973923		29	Smti. P. Khyrcem	"	
14	Banithisha Riaktam	Sohra Governmental Collg BA II Sem 8575631922	B. Riaktam	30	Tyngpaar Deyfah	"	
15	Smt A.B. Lyngdoh Arkidoo Arthom Lyngdoh	Sohra Govt. College 9615594282		31	Arijancy Nongrum	"	
16	N. Solkhia	Nongrim 9856179486		32	P. Mumsima Synem	"	
				33	Phuloisak Mambaniang	Sohra Govt. college, BA II Sem	



Sl No	Name	Address & Contact No	Page No	Signature	Sl No	Name	Address & Contact No	Page No	Signature
33	Kalinia Kharmit	Sekolah Gout College BA 2 nd Sem		K. Kharmit	49	Demetris Nongfij	BA. 4 th Semester		D. Nongfij
34	Daphinika Ruben	" "		D. Ruben	50	Dulikhon Rosi Nongum	BA. 2 nd Semester		D. Nongum
35	Galakoidor Nongum	" BA 2 nd Sem		J. Nongum	51	Alabarker Nakhlong	BA. 3 rd Semester		A. Nakhlong
36	Santomas Khongchai	" BA 2 nd Sem		S. Khongchai	52	Jennifer Khairiyah	BA. 2 nd Semester		J. Khairiyah
37	Mir M. Syim	Asst. Professor S.C.C		M. Syim	53	Mansashika Lyngdoh	BA 4 th Semester		M. Lyngdoh
38	Kamulaya Rama	" do		K. Rama	54	Greta Singa	" "		G. Singa
39	Syhadat Nongum	" BA. 4 th Sem		S. Nongum	55	Dakynshaw Kharwanthong	Sekolah Gout H.S. School		D. Kharwanthong
40	Synaps Lyngdoh	BA. 2 nd Semester		S. Lyngdoh	56	B. Banjouri Marthong	Sekolah Gout H.S. School		B. Marthong
41	Xavonia Sjaniele	BA. 4 th Semester		X. Sjaniele	57	Censory Heart Synnon	Sekolah Gout H.S. School		C. Synnon
42	Krasmus Nongum	" "		K. Nongum	58	Balawantken Lyngdoh	Sekolah Gout College 2 nd Semester		B. Lyngdoh
43	Rafhulanawrang Riangdeh	BA Semester		R. Riangdeh	59	Maulana Taltih	Sekolah Gout College 2 nd Semester		M. Taltih
44	Kabirangin Tyfoceng	BA 2 nd Semester		K. Tyfoceng	60	Anasha Tanggeri	2 nd Semester		A. Tanggeri
45	Baruch Malangiang	BA 2 nd Semester		B. Malangiang	61	Tahaty Sakchih	2 nd Sem		T. Sakchih
45	Andi Korken Dabog	BA 3 rd Sem		A. Dabog	62	Kerangan Lyngdoh	2 nd Sem		K. Lyngdoh
46	Anderson Lyngdoh	BA 2 nd Sem		A. Lyngdoh	63	Baisalyata. Caroline. danong	Sekolah Gout College		B. danong
47	Memorica Saman	BA. 2 nd Sem.		M. Saman	64	Luity Lyngdoh	BA. 2 nd Semester		L. Lyngdoh
48	Francis Khongchai	BA. 4 th Sem		F. Khongchai	65	Leiphibari War	BA. 2 nd Semester		L. War

Sl No	Name	Address & Contact No	Page No. Signature	Sl No	Names	Address & Contact No	Page No. Signature
33	Kalina Khamil	Sohra Govt College. BA 2 nd Sem	K. Khamil	49	Demita Nongrij	BA. 4 th Semester	D. Nongrij
34	Daphinika Ruben	"	D. Ruben	50	Dulita Rose Nongum	BA. 2 nd Semester	D. Nongum
35	Abalakoid Nongum	" BA 2 nd Sem	J. Nongum	51	Ababaker Wahlong	BA. 2 nd Semester	A. Wahlong
36	Laitomas Khongchai	" BA 2 nd Sem	J. Khongchai	52	Jennifer Khaybylliang	B.A. 2 nd Semester	J. Khaybylliang
37	Mir M. Syan	Asst. Professor S.C.C	Mir M. Syan	53	Mambashiko Lyngdoh	BA 4 th Semester	M. Lyngdoh
38	Kamulay Rama	— do	Kamulay Rama	54	Greta Singha	"	G. Singha
39	Syhadat Nongum	" BA. 4 th Semester	Syhadat Nongum	55	Daphinika Khaybylliang	Sohra Govt. H.S. School	D. Khaybylliang
40	Synops Lyngdoh	B.A. 2 nd Semester	Synops Lyngdoh	56	Banshun Marthlong	Sohra Govt. H.S. School	Banshun Marthlong
41	Davinia Sjanich	B.A. 4 th Semester	Davinia Sjanich	57	Censorly Heart Synsom	Sohra Govt. H.S. School	Censorly Heart Synsom
42	Erasmus Nongum		E. Nongum	58	Balasankhen Lyngdoh	Sohra Govt. College 2 nd Semester	B. Lyngdoh
43	Rafihlanawkiang Ringdoh	BA 2 nd Semester	B. Ringdoh	59	Mouasa Tolit	Sohra Govt College 2 nd Semester	M. Tolit
44	Kabangien Tyhacang	BA 2 nd Semester	L. Tyhacang	60	Anasha Jangjel	2 nd Semester	A. Jangjel
45	Basak Malngiang	BA 2 nd Semester	B. Malngiang	61	Jahdy Sakchit	2 nd Sem	J. Sakchit
45	Arlet Kikhun Saly	BA. 3 rd year	A. Kikhun Saly	62	Kerygan Lyngdoh	2 nd Sem	K. Lyngdoh
46	Abidondan Lyngdoh	BA 2 nd Sem	Abidondan Lyngdoh	63	Bairadalynti. Christline. danong	Sohra Govt College	B.C. danong
47	Memorica Sanian	BA. 2 nd Sem.	M. Sanian	64	hiky Lyngdoh	B.A. 2 nd Semester	H. Lyngdoh
48	Francis Khayngjai	BA. 4 th Sem	F. Khayngjai	65	Diphibanti War	B.A. 2 nd Semester	D. War

Sl. No	Name	Address & Contact	Signature	Sl. No	Name	Address & Contact	Signature
66	Danibho Kshiani	Nangrim, Sohra BA 2 nd Semester	D. Kshiani	83.	Jucelbany Sankar	V Semester	Jucelbany
67	Daphinokor Laloo	BA 4 th Semester	D. Laloo	84.	Päiboneh K. Phumbuh	IV Semester	Phumbuh
68	Shantimai Khongfiri	BA 2 nd Semester	S. Khongfiri	85.	Balaseador wahang	IV Sem.	B. Wahang
69.	Papfichina Symbet	BA 4 th Semester	P. Symbet	86.	Rejice Symbet	IV Sem	R. Symbet
70	Sosma Saniar	BA 4 th Semester	S. Saniar	87.	Joda Mary Swan	IV Sem	I Swan
71	S.A. KHARU	RESTURCE PERBORN	Kharu	88.	Larisa Thabah	IV Sem	L. Thabah
72	C. Swan	Lecturer, SOGA	C. Swan	89.	Bakimulang Nangrim	II Sem	B. Nangrim
73	Ralie Shangklang	BA 4 th Semester	R. Shangklang	90.	George Lyngdel	II Sem	G. Lyngdel
74	Shaphyla Khongfiri	BA 4 th Semester	S. Khongfiri	91.	Cornelius Nangrim	IV Sem	C. Nangrim
75.	C. Bakondor Woor	BA 4 th Semester	C. Woor	92.	Vickycheil. Khambuh	II Sem	V. Khambuh
76.	Boridashita Nangrim	BA 4 th Semester	B. Nangrim	93.	Sambor Symbet	IV Sem	S. Symbet
77.	Lagynrudin Symbet	BA 4 th Semester	L. Symbet	94.	Hening Stone Soltun	IV	H. Soltun
78.	Jestina Rygal	B. A 4 th Semester	J. Rygal	95.	Dr RASyngkon	Dept. of Commerce, NEHU	R. Syngkon
79.	K. Nangrim	Sohra Govt. College	K. Nangrim	96.	Mrs Evadendor Lyngdel	Sohra Govt. College	E. Lyngdel
80.	Mirack Hymirista	BA 4 th Semester	M. Hymirista	97.	Olsten Khongfiri	IV	O. Khongfiri
81.	Arondley - Khastaki	BA 2 nd Semester	A. Khastaki	98.	Richard Khastaki	IV Sem.	R. Khastaki
82.	Bakymulang Nangrim	BA 2 nd Semester	B. Nangrim	99.	Ingberlong wam	IV Sem	I. Wam



LIST OF PLATES



Figure 1: Speech by the Principal, Shri. O.U. Lyngdoh: 11/4/2017



Figure 2: Resource Person, Shri. S.L. Khyriem: 11/4/2017



Figure 3: Resource Person: Dr. A. R. Synkon : 11/4/2017



Figure 4: Resource Person, Shri. P. Kharbamon : 11/4/2017



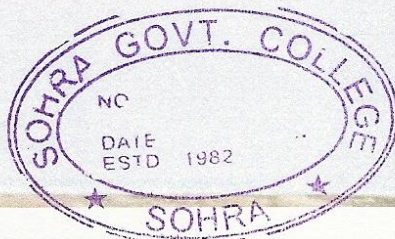
Figure 5: Participants: 11/4/2017

Understanding the **TRIBES** of Asia



Tradition
Roots
Identity
Belief
Environment &
Security

David Arnold Kharchandy



Contents

<i>Acknowledgements</i>	ix
1. Introduction <i>David Arnold Kharchandy</i>	1
2. The Concept of Indigenous Peoples: Continuing Opportunities, Challenges and Contestations in Asia <i>Ian G. Baird</i>	17
3. Asian Tribes and the Search for an Indigenous Identity <i>Walter Fernandes</i>	25
4. Lepchas in Sikkim: Are they a Vanishing Tribe?: Their Struggle for the Existence <i>Sandhya Devi Thapa and Karma Loday Tamang</i>	37
5. Exposure to Foreign Culture: Identity and Language Loss among Tribal Boys and Girls <i>Sonita Khongwir</i>	49
6. The Naming Ceremony (<i>Ka Jer Ka Thoh</i>) among the Khasis of Meghalaya <i>Shembhalang Kharwanlang</i>	65
7. Identity and Cultural Dynamics: The Misings of Assam and Arunachal Pradesh in Context <i>Abani Doley</i>	69
8. Language, Thought and Cultural Relativity <i>Christina Kharlukhi</i>	83
9. Ethnic Lenses: The Values, Language and Cultural Identity of a People <i>Pynsuklin Syiemiong</i>	93
10. Sustaining Tribal/Minority Languages in Education: A Case of North East <i>Ch. Sarajubala Devi</i>	101
11. The Early Evolution of Biaste Language and Literature and the Question of its being an Endangered Language <i>Remsiam Ngamlai</i>	111



The Naming Ceremony (*Ka Jer Ka Thoh*) among the Khasis of Meghalaya

SHEMBHALANG KHARWANLANG

Ceremonies demonstrate the cultural practices of a community; moreover, abiding social relationships come to the fore. Stemming out of a Dharmic way of life, they establish the organic connection between individual and society, the society in close relationship with nature.

The Khasi community, though a matrilineal society, welcome the birth of both – male child and female child – with great joy. In a Khasi home both sons and daughters are welcomed, loved and valued. Khasis believe that 'a home without a daughter is a body without a soul and a home without a son is like a body crippled.

A Child is a gift from and a creation of God, therefore, it has a special and distinct identity the moment it is born. It is the duty of the family to inform all the members of both the paternal and maternal side of the family about the birth of the child and give the child a name.

Traditionally, a child is named on the morning after its birth.

Objectives

- To get a clearer insight of the of the items use in the ceremony.
- To examine why naming ceremony have a meaning and significances
- To understand the role play by paternal grandmother and father in the ceremony



This volume is a collection of papers on emerging perceptions for understanding the tribes of Asia. Tribes and tribal study is not something new to this present research world. In Asia they comprise about one-third of the global indigenous population, which is home to more than 2,000 civilizations and languages. Irrespective of their legal status or the terminology used, many tribal people experience non-recognition of their cultural identity, exclusion, discrimination and marginalization, dispossessed of their ancestral lands to make way for mines, dams, logging concessions and tourism complexes, heavy assimilation pressure and violent repression by state security forces. Additionally, many governments in Asia insist on viewing the tribal issue as a 'Western' concept that does not apply to the region. This makes it doubly difficult for tribals, especially in Asia to advocate for the recognition of their rights as distinct people. Asian tribal people, like tribal people everywhere are usually minorities and see themselves as distinct from the mainstream. When the tribes and tribals are facing such challenges, a wide range of discussions in this book gives a meaningful reading to researchers, academics and analysts.



David Arnold Kharchandy is presently an Assistant Professor in the Department of History, Synod College, Shillong. He has a teaching experience of ten years at the under-graduate level. Has edited three books and has a number of research papers and articles to his credit. As Principal Investigator, he has completed a UGC Minor Research Project and three In-House Research

Projects of the college. He was a Convener of two National Seminars and Organizing Secretary of two International Seminars. He is an active member of a number of organizations and committees. Currently he is pursuing his Doctoral Degree from the North Eastern Hill University, Shillong.



Lakshi Publishers & Distributors
4264/3, 1st Floor
Ansari Road, Darya Ganj
New Delhi 110002
Tel: 011-23286322
lakshipublishers@gmail.com



₹ 1,995

ISBN 978-93-82120-36-0



9 789382 120360

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

The Principal
Sohra Government College
Sohra.

Brief Report on the Activities of the NSS Unit, Sohra Government College, Sohra from 01st April 2019 to 31st March 2020.

Volunteering for Election (A total of 50 student Volunteers):

The Volunteers of the College attended as Volunteers during the Election to the Lok Sabha held on the 11th of April 2019. The Volunteers also attended the training for the volunteers held at Meghalaya Bharat Scouts and Guides Headquarter, Laban, Shillong in the first week of April 2019.

Swacchh Bharat Campaign:

- Cleaning Drive on 15th May 2019, at College Campus: A Cleaning Drive was organized on May 2019 as part of the Swachh Pakwada Programme. 60 (Sixty) Volunteers of the College participated in the Cleaning Drive.
- Cleaning Drive on the 06th July 2019: A Cleaning Drive was held on the 06th July 2019 in which 74 (Seventy four) Volunteers participated.
- Cleaning Drive on the 14th August 2019: As part of the preparation for the Independence Day Celebration, the Unit organized a mass Cleaning Drive on the 14th August 2019. More than 200 (Two hundred) students of the College participated in the Drive.



International Yoga Day 21st June 2019:

As part of the world wide celebration of the International Day for Yoga, the Unit organized, along with the NCC cadets, a Yoga session in the morning of the 21st June 2019. About 60 participants took part in the Yoga session.



Orientation Programme for New Volunteers on 23rd June 2019:

An Orientation Programme was conducted for the new volunteers to familiarized them with the aim, objectives and benefits of the NSS. About 200 Volunteers took part in the programme.

Van Mahotsav Week 04th July 2019

As part of the Van Mahotsav Week, the Unit organized a Tree Plantation Programme on the 04th July 2019. 70 volunteers took part in the tree plantation programme held in the premise of the College.

Talk on Swachhta and Swachchata Pledge 23rd July 2019 (A total of 305 student Volunteers)



As part of the Clean India Campaign of the Government of India a short programme was conducted on the 23rd July 2019 as regard to Clean Surroundings; followed by an Oath taking ceremony to maintain Cleanliness. The Programme Officer, Dr. Kamailang Nongmalieh delivered a Talk on Swachhta and led the students in the Pledge Taking Ceremony.

NSS Foundation Day 24th September 2019:

The Volunteers from the College participated in the 50th Foundation Day of the NSS held at NEHU Campus, Shillong. 20 Volunteers participated and presented cultural song and dance on the occasion.

150th Anniversary Celebration of the Birth Anniversary of Mahatma Gandhi:

The NSS Unit along with the Department of History, Sohra Government College celebrated the 150th Anniversary of the Birth of the "Father of the Nation"- Mahatma Gandhi on the 02nd October 2019. At the short inaugural function, to start the Celebration the Principal, Dr. A.L.Lyngdoh, reminded the students on the contribution of the Father of the Nation, towards liberating our Country from foreign yoke.



On this occasion a number of Activities were organized- Extempore Speech, Essay Writing, Sketch; Debate Competition and a Cleaning Drive. The themes for the various competitions were based on the beliefs and thinking of Mahatma Gandhi.

Extempore Speech Competition: There were, in all, 09 (Nine) participants in the Extempore Speech Competition. The following were adjudged winners:

- 1st: SamborlangKhongwar Class XI
- 2nd KyntiewlangNongrum B.A 5th Semester
- 3rd DaphishishaRinbon B.A 5th Semester

Sketch/Painting Competition: A Sketch and Painting Competition on the theme "Clean Surrounding, Healthy Surrounding" was held in which 11 participants took part. The following were adjudged winners:

- 1st Daryl DolfPhanbuh (B.A 5th Semester)
- 2nd KsanborRyngnga (Class XII)
- 3rd DonboklangTham (B.A 1st Semester)

Essay Writing Competiton:



The topic for the Essay was "Violence is Preferable to Cowardice". The total number of participants for the essay writing competition was 12. The following were adjudged winners:

- 1st QueendalyneDkhar B.A 3rd Semester
- 2nd PhilaiadonlangKhongjliw B.A 5th Semester
- 3rd Nanujywa B.A 3rd Semester

Debate Competition:

A debate on the motion "Non-Violence Protest is the best form of Protest", was conducted in which 06 participants took part. The following were adjudged winners:

- 1st SamborlangKhongwar Class XI
- 2nd Daphishisha Rinbon B.A.5th Semester
- 3rd Suchita Paul B.A. 3rd Semester

On this occasion a Cleaning Drive was also organized, in which 225 students participated.

NSS Special Programme for the North Eastern Region 22nd -26th October 2019:

Eleven students and two Programme officers participated in the "Capacity Building of Youth on Leadership and Personality Development through Life Skills", organized by the NSS Unit St. Anthony's College Shillong, from the 22nd of October to the 26th of October 2019, at Siloam, Umbrir. This programme was sponsored by the Regional Directorate, National Service Scheme, Guwahati.



National Unity Day 31st October 2019:

Commemorating the National Unity Day, which is also the birth anniversary of Sardar Vallabhbhai Patel, a lecture on "Sardar Vallabhbhai Patel and the Integration of Indian States" was organized. The lecture was delivered by Smt. C.L. Sunn, Assistant Professor Department of History, Sohra Government College. Smt. C.L. Sunn's lecture, dwelled on the existence of the Princely States and the persuasive and coercive tactics employed by Sardar Patel in integrating them to the Indian Union.

Sketch/Painting Competition: A Sketch and Painting Competition on the theme Unity is Strength, was held in which 15 participants took part. The following were adjudged winners:

- 1st Kyntiewborlang Nongrum (B.A 5th Semester)
- 2nd Daryldolf Phanbuh (B.A 5th Semester)
- 3rd Daker Tham (B.A 3rd Semester)

Awareness Programme on Road Safety (05-11-2019) (A total of 42 student volunteers):

An Awareness Programme on Road Safety was conducted on the 5th November 2019. This was organized in collaboration with the Transport Committee of the College. Shri A.S. Shadap, Sub-Inspector Sohra Police Station provided a lecture on the Subject.

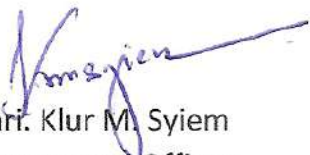
Special Camp at Mawkalang Village (09-12-2019 to 14-12-2019) (A total of 45 student volunteers):

The NSS Unit conducted a special camp, in the adopted village, Mawkalang, East Khasi Hills, from 09-12-2019 to 14-12-2019. During the weeklong stay a number of awareness programmes relating to health risks relating to smoking and chewing of tobacco; women and child health; upliftment of agriculture through scientific and modern methods of pest control and vermi-compost etc; Swacch Bharat initiative, refurbishing and painting of the village community hall were conducted.



Workshop on Challenges and Opportunities in NSS (27thnd 28th February 2020)

The two Programme Officers Dr. Kamailang Nongmalieh and Shri Klur Manik Syiem attended the above workshop organized by National Service Scheme Cell, North Eastern Hills University, Shillong in collaboration with the State NSS Cell, Government of Meghalaya along with Regional; Directorate of NSS, Guwahati, Government of India, Ministry of Youth Affairs and Sports.



Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College



Shri. Kamailang Ranee
Programme Officer
NSS, Sohra Government College



SOHRA GOVERNMENT COLLEGE
SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



REPORT ON THE REGULAR ACTIVITIES 2018-2019

1. Tree Plantation at the College Campus as part of the World Environment Day Celebration on the 5th June, 2018:

As part of the World Environment Day Celebration, the College NSS Unit organised a Tree Plantation Programme in the Campus. A total of 96 volunteers took enthusiastic participation during the programme. The Programme was also participated by many of the teaching faculties of the College. A total of 250 saplings of the indigenous trees were planted. The saplings were supplied by the Soil and Water Conservation Department of the Government of Meghalaya.

2. Orientation Programme of the newly inducted NSS Volunteers at the College on the 15th June, 2018.

With the commencement of the new academic session for the year 2018, an orientation programme was organised at the college on the 15th June, 2018. The Orientation Programme was attended by 300 newly inducted volunteers of the college. During the Orientation Programme, Shri K.M. Syiem sensitised the student of the various aspects of the National Service Scheme including its objectives, vision and mission.

3. Van Mohatsav Week Celebration – Weeding and airing of roots of Trees in the Campus Organised on the 7th July, 2018.

In order to ensure that the planted tree saplings (the recently planted and those planted during the previous years) survive and grow, the NSS Sohra Government College organised a weeding and airing of the roots on all the young trees in the campus. This activity also coincided with the Van Mohatsav Week (July 1-7). During the activity, about 100 student volunteers participated and all young trees were weeded and enclosures were erected around them to prevent them from being damaged by cattles.

4. Independence Day Celebration: Debate, Essay and Quiz Competition organised in the College on the 14th August, 2018

The NSS Sohra Government College organised competitions in Debate, Essay and Quiz for the students of the College on the 14th August, 2018 at 10.am onwards. The Programme was organised to ensure that the flame of patriotism and nationalism in the students are kept alive. In all about 50 students actively participated in the competitions. The winners were awarded with trophies/mementos, certificates for encouragement. The programme was successfully conducted with the help of NSS volunteers of the College.

5. Cleaning Drive at lew Sohra: Swacch Bharat Abhiyan programme organised at lew Sohra on the 15th September, 2018: As part of the nation-wide drive to keep India clean, the NSS Sohra Government College, Sohra organised a one-day cleaning drive at lew Sohra, one of the biggest market in the area. About 80 volunteers made themselves available during the programme.

6. Cleaning Drive at the College Campus on the 1st October, 2018 as part of the Gandhi Jayanti Celebration: To commemorate the 149th birth anniversary of Mahatma Gandhi, the NSS Sohra Government College organised a one day cleaning drive in the campus on the 1st October, 2018. The programme was participated by 80 volunteers who also constructed compost pits and dust bins for disposal of wastes in the college.

Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Shri. KamallangNongmalieh
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

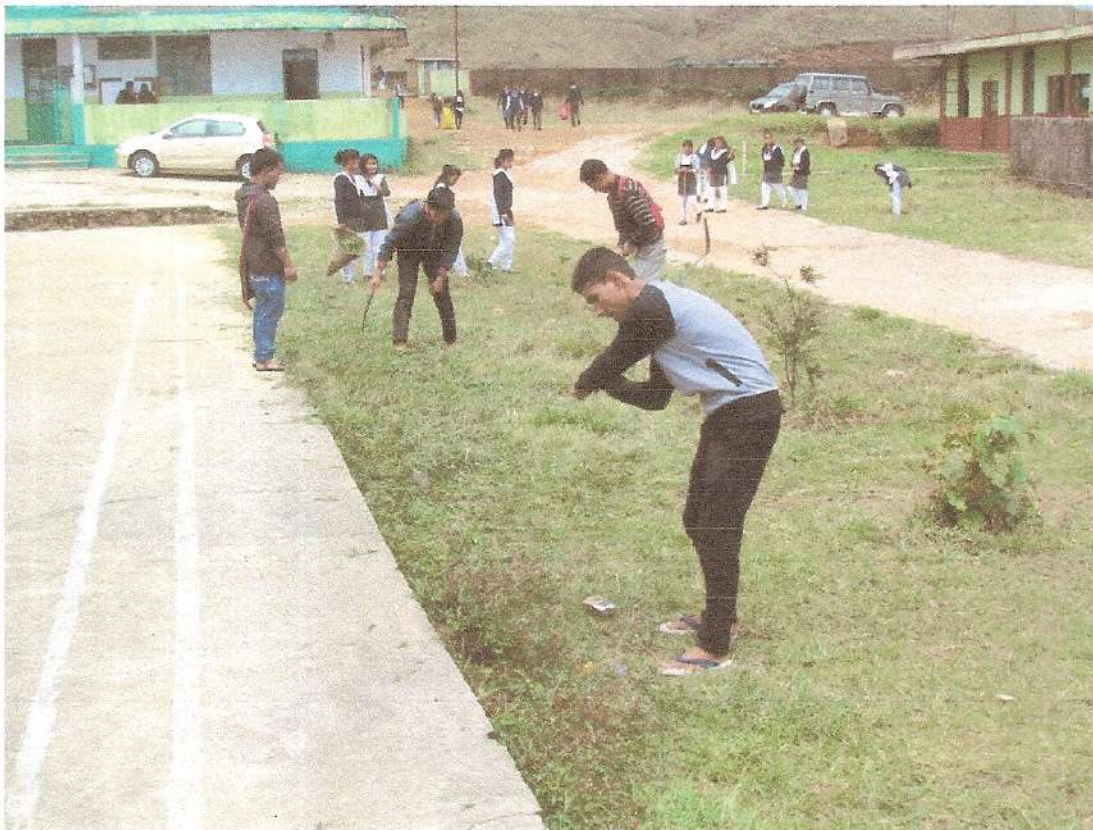
The Principal
Sohra Government College
Sohra.



Subject: Report on the regular activities 2017-2018

1. Cleaning Drive in the College 15th May 2017:

With the conclusion of the Semester Exams (April-May) 2017, a Cleaning Drive was conducted on the 15th of May 2017 at the College premises. A total of 65 Student Volunteers participated in the Cleaning Drive.



2. Tree Plantation Programme at U Soso Tham Recreation Park, Saitsohpen Sohra on 03rd June 2017.

As part of the World Environment Day Celebration, a Tree Plantation Programme was organised at U Soso Tham Recreation Park, Saitsohpen Sohra. This programme was held in advance of the World Environment Day due to the fact that a portion of the College Campus has been earmarked for raising a building. As the proposed construction and the clearing of the portion is to be undertaken soon; it was felt

necessary to relocate the saplings planted the previous years to a secure location. Hence no new saplings were requisitioned for this Programme. A Total of 50 Volunteers including the PO's participated in the Programme.

3. Swacchh Bharat at Iew Sohra, (Sohra Market) on the 14th August 2017.

As part of the Swacchh Pakhwada, Unit undertook the task of conducting Swacchh initiative at Iew Sohra (Sohra Market) on the 14th August 2017. A total of 75 student volunteers and PO's participated in the cleaning of this local market after due permission had been obtained from the Office Syiem of Sohra. Local vendors too participated in the initiative.

4. Commemorating the Birth Anniversary of Dr. Sarvapalli Radhakrishnan 05th September 2017, in collaboration with the Sohra Government College Students' Union.

The Sohra Government College Student Union, whose office bearers are active NSS Volunteers, requested the Unit to lend a hand in commemorating the Birth Anniversary of Dr Sarvapalli Radhakrishnan- on the 05th of September 2017. 250 student Volunteers made themselves available for the programme.



5. **Swacchh Bharat Pakhwada in the College premises on 11-09-2017:** Continuing with its Swacchh initiative, the Unit involved itself in another Cleaning Drive on the 11th September 2017. The volunteers conducted cleaning drive of the approach road to the College, the Archaeological monument, (adjacent to the College Campus) as well as within the College grounds. A total of 550 volunteers participated in this programme.



6. **Trekking to Mawphlang Sacred Grove 30th November 2018.**

The unit undertook a Trekking expedition to Sacred Grove, Mawphlang via Laitryngew, Sohra Rim, Lad Mawphlang David Scott Trail. A total of 92 student Volunteers and PO's participated in the programme.



Shri. Khur M. Syiem
Programme Officer
NSS, Sohra Government College

Shri. Kamailang Ranee
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



To,

The Principal
Sohra Government College
Sohra.

Report of the NSS Regular Activities 2016

I. World environment Day Celebration: (A total of 220 student Volunteers)

A. Poster and Sticker Campaign:02-06-2016

A Poster-Sticker Campaign under the theme- "The Earth: Our Home Habitat" ,was organized to create awareness among the community and public at large on the need to Protect, Save and Conserve the Environment.

i. Stickers on the Rear Windshield of Vehicles:

Stickers on issues relating to Protection and Conservation of the Environment was pasted on the rear windshield of the local taxis moving, Maxi Cab plying along the Sohra –Shillong route. It needs mention that the partnership and participation of the Sohra Taxi Owners Association and the Sohra - Shillong Maxi Cab Owners and Drivers Association was secured for the purpose.

ii. Posters at Tourist Spots:

Posters were pasted at strategic places frequented by Tourists such as the Tourist Hub at Duwan Sing Syiem Bridge, Mawkdoh; the Arwah-Lumshynna Tourist Hub, Sohra; the Nohkalikai Falls, Khliehshnong,Sohra; Nohsngithiang Falls, Mawsmai.

iii. Posters at Educational Institutions:

With the co-operation of the following Schools, Posters were also pasted at:

1. Ramakrishna Mission Higher Secondary School, Khlieh Shnong,Sohra.
2. St. John Bosco Boys' Higher Secondary School,Marai Ka Phon, Sohra.
3. St. John Bosco Girls' Higher Secondary School ,Marai Ka Phon, Sohra.
4. Agape Secondary School, Pomsohmen Sohra.
5. St. Louis Secondary School, Mawpun Kyrting, Sohra.
6. St. Peter and Paul Secondary School, Mawkisyiem, Sohra.
7. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.

iv. Posters at important Junctions and Government Offices:

Postersand Flex banner were placed at important junction and offices frequented by the general public:

1. Iew Sohra (Sohra Market)
2. Lad Thanat Junction
3. Office of the Sub- Divisional Officer, (Civil), Sohra.
4. Office of the Block Development Officer, Shella- Bholaganj C & RD Block, Sohra.
5. Community Health Centre, Sohra.

B. Tree Plantation Programme: 04-06-2016

A Tree Plantation Programme was organized on the 3rd June 2016, commencing from 9:30 am. A total of 200 student Volunteers, including the Higher Secondary Section participated in the Programme. The Volunteers were guided by the teaching Staff of the College and the Higher Secondary Section.

A total number of 200 saplings were planted on the occasion. Bamboo barricade was placed at each sapling to ensure their protection.



2. Van Mahotsav Week July 2016

i. Weeding and Airing of Sapling: 02-07-2016 (Saturday)

As part of the celebration of the Van Mahotsav Week, the NSS Volunteers of Sohra Government College organized a programme for the maintenance of the Saplings that had been planted in the last two years during the World Environment Day Celebration.

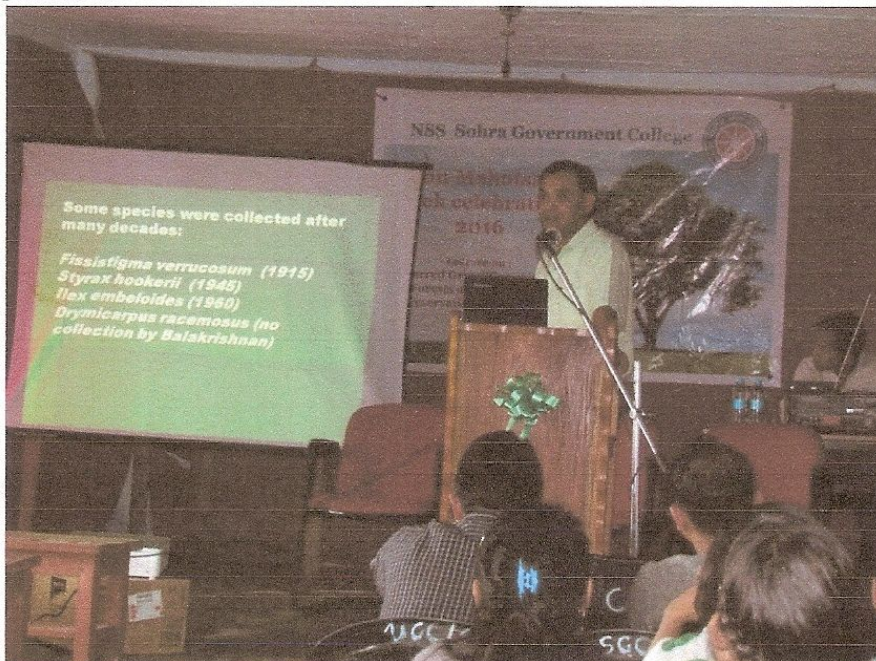
About 100 volunteers participated in the programme which lasted for a duration of 4 hours i.e 7:00 am to 11:00 am. The Volunteers enthusiastically participated in the Weeding and Airing of the saplings, to ensure unhindered growth.

The students were supervised by the following:

1. Shri Kamailang Raneer Programme Officer
2. Shri. Klur M. Syiem, Programme Officer.
3. Dr. Shembhalang Kharwanlang, Member Advisory Committee, NSS Sohra Government College.

ii. Lecture on "Sacred Grove/ Community Reserved Forest as instruments for the Preservation of Forest Cover". 05-07-2016 (Tuesday)

Conscious of the tag that Sohra (Cherrapunjee) being referred to as 'wet desert', the NSS Unit of Sohra Government College organized a Lecture on "**Sacred Grove/Community Reserved Forest as instruments for the preservation of Forest Cover**". Dr. Krishna Uppadhaya, Asst. Professor Basic Science, North Eastern Hills University, Shillong, who had done extensive study on the subject in Meghalaya, delivered a power-point presentation.



The resource person delved extensively on the fact that Meghalaya in particular and North East in general being the biological 'hot-spot' with a plethora of species being endemic only to the region. Presenting a case study of Sohra Plateau, where Sacred Groves/ Community Reserve Forests have been subjected to human disturbances, Dr. Uppadhaya apprised the student volunteers of the College, through the slides that he had collected, about the uniqueness of some of the specie to Sohra Plateau only. He also presented statistics to emphasis on the point

that the higher percentage of forest cover for Meghalaya was largely due to the presence of Sacred Groves and Community Reserved Forests. He exhorted the student volunteers to play a role in their community or village in ensuring protection to whatever patch of green cover available from the ravages of Forest fire which are common in the area.

Two hundred and five volunteers participate in the programme.

3. Social Harmony and National Unity (SHANU) Programme: 14th August 2016.(A total of 250 student Volunteers)

As part of the Programme on Social Harmony and National Unity, the Unit organized

- a. Quiz Competition for Secondary Schools in and around Sohra.
- b. Debate Competition: **Motion:** “Diversity is anathema to National Unity”
- c. Poster Competition: “Unity is Strength”



The schools which participated were:

- a. St. John Bosco Boys’ Higher Secondary School, Marai Ka Phon, Sohra.
- b. St. John Bosco Girls’ Higher Secondary School, Marai Ka Phon, Sohra.
- c. St. Louis Secondary School, Mawpun Kyrtiang, Sohra.
- d. St. Peter and Paul Secondary School, Mawkisiem, Sohra.
- e. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.
- f.

4. Swacchh Bharat Pakhwada

As part of the Swacchh Bharat Pakhwada the Unit was able to conduct Cleaning Drive at the famed Tourist Spot, Nohkalikai Falls, on the 22nd August 2016. 35 student volunteers and two Programme Officers participated in the Programme.

5. Awareness on Voluntary Blood Donation and Voluntary Blood Donation

In collaboration with the Red Ribbon Club, the Unit conducted an Awareness on Voluntary Blood Donation on the 16 of September 2016. Apart from the students of the college, participation was also sought from the local youth from the various localities round Sohra and the local Churches. The awareness Campaign was conducted by the Meghalaya Aids Control Society. On the occasion 32 Voluntary Blood donors donated Blood

6. Workshop on Tourism: 22ND SEPTEMBER 2016

A Workshop on “Prospects of Tourism in Sohra” was held on the 22nd September 2016.

Objective:

The objective of the Workshop would be to invoke, inspire and open up the stake holders to the various potential of Sohra’s Rural Tourism /Eco Tourism as an Economic Prospect that would help boost the local economy and act as viable alternative for economic sustenance.

Target Group:

Local Stake-holders such as :

1. The local Traditional Governing Institutions such as the Dorbar Shnong/Rangbah Shnong.

2. The local Youth Bodies of the Locality, Seng Samla Shnong etc
3. The Homestay Owners.
4. Resort Owners.
5. NSS Volunteers.

Resource Persons:

1. Tapping Tourism Potentials: Dr. Punit Gautam, Department of Tourism Management, North Eastern Hills University
2. Commercial Aspect of Tourism: Benjamin Lyngdoh, Asst Professor Department of Tourism, North Eastern Hills University
3. Local Culinary and Tourism: An Instrument of Supplementing Local Income Generation: Ms. Iba Uriah, NESFAS

More than 200 participants comprising the different target Groups participated.

7. Constitution Day 2016 celebration 26th November 2016.

The celebration was attended by the Teaching and non-Teaching Staff of the College and about 150 volunteers. The brief function was presided by Shri Klur M. Syiem, P.O NSS, Sohra Government College and the following programmes were conducted:

i. Reading of the Preamble to the Indian Constitution:

Shri A.K.Choudhury, HoD Economics Deptt, Sohra Government College lead the members present to read the Preamble to the Indian Constitution, rekindling the belief and faith of all the members present on the vision that the Makers of the Constitution have for our great Nation.

ii. Reading of the Fundamental Duties of the Indian Citizen as enshrined in the Indian Constitution:

Shri K. Niangmih, HoD Khasi Deptt, Sohra Government College, reminds all present on the importance of US as the citizens to not only claim for OUR RIGHTS but to be equally aware of OUR DUTIES. He emphasized that “someone else’s Duty becomes another’s Right”. A reading of the Fundamental Duties was also lead by Shri K. Niangmih.

iii. Lecture on “The Indian Constitution and the Constitution Day Celebration”.

Smt. Catherine Syngai, HoD Political Science Deptt, Sohra Government College, delivered a brief Lecture on the the Indian Constitution and the significance of this Day the 26th of November. She reminded the gathering that the recognition on the importance of this Day was recent origin. She informed that this year is only the second time when the 26th of November is celebrated as the Constitution Day or Samvidhan Divas. Previously this date was celebrated as Law Day. Mentioning on the unique and embracing nature of the Indian Constitution, she reiterated that this is a befitting acknowledgement to the Contributions of the Framers of the Indian Constitution.

The celebration ended with a Vote of Thanks from Shri Kamailang Rane, P.O NSS, Sohra Government College.



Klur M. Syiem
 Shri. Klur M. Syiem
 Programme Officer
 NSS, Sohra Government College

Kamailang Rane
 Shri. Kamailang Rane
 Programme Officer
 NSS, Sohra Government College



Sohra Government College, NSS, Unit

(Saitsohpen) Sohra,
East Khasi Hills District: Meghalaya Pin 793108



REPORT ON THE ACTIVITIES OF THE NSS UNIT, SOHRA GOVERNMENT COLLEGE FOR 2015-16.

The NSS Unit of Sohra Government College undertook the following activities for the year 2015-2016.

- Swacchh Bharat Abhiyan -13-08-15:** A Cleaning Drive of the College Campus was organized on the 13-08-15, as part of the nation-wide initiative of 'Clean India Campaign'. The total participants numbered around 560 volunteers and students of the college, who displayed eager enthusiasm by braving inclement weather conditions and
The Cleaning Drive started at 8:30 in the morning and continued till late in the afternoon. Apart from the College Campus, the drive was carried on along the Approach Road to the College, as well as the David Scott Monument located adjacent to the College Building.
- Independence Day Celebration 15th August 2015:** Along with the rest of the country, the NSS Unit of Sohra Government College also observed the 69th Independence Day. An elaborate programme was planned which included a Cross Country Race and Painting Competition. But due to incessant rain the Cross Country Race had to be abandoned. A short Programme was conducted in the presence of the Principal of the College. Shri Kamailang Rane, Programme Officer, reminded the student Volunteers of the hard-earned freedom that the country accomplished through the sacrifice of our forefathers and exhorted them to cherish and uphold the freedom and values, so as to enable them to become responsible citizens of TOMORROW. A Painting Competition was organized under the Theme: "Your Visualisation of an Independent India". Twenty Volunteers participated in the Painting Competition and the following three were adjudged winners:
 - Shri Roton Thabah 1st Prize
 - Shri. Dakerlang Tham 2nd Prize
 - Shri Aiskhem Shabong 3rd Prize.
- Career Guidance and Counselling- 19th September 2015:-** The NSS Unit in collaboration with the the Career Guidance and Counselling Cell, Sohra Government College conducted the Career Guidance and Counselling under the theme: "Change Yourself and Change the Society". The following Three persons addressed the programme as Resource Persons.
 - Professor. A. Kyrham Nongkynrih, Deptt of Sociology NEHU, gave a presentation on the sub- theme "Youth and Change".
 - Shri. S.S.Rynjah, a Counsellor with the Khasi Jaintia Welfare Association, dwelled on the sub-theme "Tackling Employment Related Examinations".
 - Shri. Airpeace Rani, Asst. Professor Political Science, Synod College Shillong, addressed on the sub-theme "Employment Opportunities for Students of the Arts Stream"
- Clean India Campaign at Tourist Spots- 15th October 2015:** Seventy Volunteers from this unit undertook the task of conducting a Cleaning Drive at two important Tourist Spots around Sohra viz; Nohkalikai Falls and Mawsmi Cave.
- Constitution day Celebration – 26th November 2015:** As part of the nation-wide celebration of Constitution Day, the Unit also organized a short programme in which a brief programme of reading

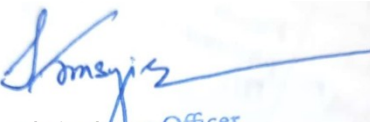
of the “Preamble to The Indian Constitution” was undertaken which was participated by the Students and Teaching staff of the College. A Poster Competition on the Theme “Unity in Diversity”, was also organized to mark the occasion of the adoption of the Constitution. The following Students were adjudged winners:

- a. Dakerlang Tham 1st Prize
- b. Roton Thabah 2nd Prize
- c. Shining Swer 3rd Prize

6. Special Camp- 7th December 2015 to 13th December 2015: The unit also conducted a Special Camp at its Adopted Village, Mawkalang, which is situated at the farthest corner under Laitkroh C& RD Block, Sohra Civil Sub-division. Important Highlights of the Special Camp included Awareness Programme on Rural Development Schemes, Economic Potential of Agriculture, Health and Nutrition, Socio-Economic Survey, Literary Awareness, Children and Youth Interaction. (*Detailed Report has been sent separately*).

7. Attending NSS Related Programmes:

- a. Two student Volunteers from the College, Shri. Aiskhem Shabong and Shri. Chwami Dhar participated in the North East Youth Camp held at Arunachal Pradesh from 5th June -11 June 2015.
- b. Ten Student volunteers and Shri Klur M. Syiem participated at the “Swacchh Bharat Abhiyan” held on the 31st July 2015 at NEHU, Mawkyroh Umshing, Shillong on the 31st July 2015.
- c. Ten Student volunteers and Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated at the NSS Foundation Day Programme at NEHU, Mawkyroh Umshing, Shillong on the 24th September 2015.
- d. Seven Student Volunteer and 02 Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated in the “Inter-District NSS Festival” held at Union Christian College, Ri-Bhoi District in October 2015.
- e. The two Programme Officers of the Unit, Shri. Kamailang Ranee and Klur M. Syiem, participated at the programme on “Social Harmony and National Unity”(SHANU), jointly organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu and NSS, Regional Directorate, Guwahati from the 5th January to 9th January 2016. This programme was conducted at NEHU, New Guest House, Mawkyroh-Umshing, Shillong.
- f. Nine Student Volunteers and 01 Programme Officer, Shri Klur M. Syiem, attended the North East Youth Festival held at Kohima, Nagaland from the 29th February to 5th March 2016.
- g. Ten Students along with 01 Programme Officer, Shri Kamailang Ranee, attended the “Digital India Programme” held at NEHU, Mawkyroh-Umshing, Shillong on the 3rd of March 2016.



Shri. Klur M. Syiem
NSS Unit, Sohra Government College,
Sohra



Shri. Kamailang Ranee
NSS Unit, Sohra Government College,
Sohra

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

The Principal
Sohra Government College
Sohra.

Brief Report on the Activities of the NSS Unit, Sohra Government College, Sohra from 01st April 2019 to 31st March 2020.

Volunteering for Election (A total of 50 student Volunteers):

The Volunteers of the College attended as Volunteers during the Election to the Lok Sabha held on the 11th of April 2019. The Volunteers also attended the training for the volunteers held at Meghalaya Bharat Scouts and Guides Headquarter, Laban, Shillong in the first week of April 2019.

Swacchh Bharat Campaign:

- Cleaning Drive on 15th May 2019, at College Campus: A Cleaning Drive was organized on May 2019 as part of the Swachh Pakwada Programme. 60 (Sixty) Volunteers of the College participated in the Cleaning Drive.
- Cleaning Drive on the 06th July 2019: A Cleaning Drive was held on the 06th July 2019 in which 74 (Seventy four) Volunteers participated.
- Cleaning Drive on the 14th August 2019: As part of the preparation for the Independence Day Celebration, the Unit organized a mass Cleaning Drive on the 14th August 2019. More than 200 (Two hundred) students of the College participated in the Drive.



International Yoga Day 21st June 2019:

As part of the world wide celebration of the International Day for Yoga, the Unit organized, along with the NCC cadets, a Yoga session in the morning of the 21st June 2019. About 60 participants took part in the Yoga session.



Orientation Programme for New Volunteers on 23rd June 2019:

An Orientation Programme was conducted for the new volunteers to familiarized them with the aim, objectives and benefits of the NSS. About 200 Volunteers took part in the programme.

Van Mahotsav Week 04th July 2019

As part of the Van Mahotsav Week, the Unit organized a Tree Plantation Programme on the 04th July 2019. 70 volunteers took part in the tree plantation programme held in the premise of the College.

Talk on Swachhta and Swachchata Pledge 23rd July 2019 (A total of 305 student Volunteers)



As part of the Clean India Campaign of the Government of India a short programme was conducted on the 23rd July 2019 as regard to Clean Surroundings; followed by an Oath taking ceremony to maintain Cleanliness. The Programme Officer, Dr. Kamailang Nongmalieh delivered a Talk on Swachhta and led the students in the Pledge Taking Ceremony.

NSS Foundation Day 24th September 2019:

The Volunteers from the College participated in the 50th Foundation Day of the NSS held at NEHU Campus, Shillong. 20 Volunteers participated and presented cultural song and dance on the occasion.

150th Anniversary Celebration of the Birth Anniversary of Mahatma Gandhi:

The NSS Unit along with the Department of History, Sohra Government College celebrated the 150th Anniversary of the Birth of the "Father of the Nation"- Mahatma Gandhi on the 02nd October 2019. At the short inaugural function, to start the Celebration the Principal, Dr. A.L.Lyngdoh, reminded the students on the contribution of the Father of the Nation, towards liberating our Country from foreign yoke.



On this occasion a number of Activities were organized- Extempore Speech, Essay Writing, Sketch; Debate Competition and a Cleaning Drive. The themes for the various competitions were based on the beliefs and thinking of Mahatma Gandhi.

Extempore Speech Competition: There were, in all, 09 (Nine) participants in the Extempore Speech Competition. The following were adjudged winners:

- 1st: SamborlangKhongwar Class XI
- 2nd KyntiewlangNongrum B.A 5th Semester
- 3rd DaphishishaRinbon B.A 5th Semester

Sketch/Painting Competition: A Sketch and Painting Competition on the theme "Clean Surrounding, Healthy Surrounding" was held in which 11 participants took part. The following were adjudged winners:

- 1st Daryl DolfPhanbuh (B.A 5th Semester)
- 2nd KsanborRyngnga (Class XII)
- 3rd DonboklangTham (B.A 1st Semester)

Essay Writing Competiton:



The topic for the Essay was "Violence is Preferable to Cowardice". The total number of participants for the essay writing competition was 12. The following were adjudged winners:

- 1st QueendalyneDkhar B.A 3rd Semester
- 2nd PhilaiadonlangKhongjliw B.A 5th Semester
- 3rd Nanujywa B.A 3rd Semester

Debate Competition:

A debate on the motion "Non-Violence Protest is the best form of Protest", was conducted in which 06 participants took part. The following were adjudged winners:

- 1st SamborlangKhongwar Class XI
- 2nd Daphishisha Rinbon B.A.5th Semester
- 3rd Suchita Paul B.A. 3rd Semester

On this occasion a Cleaning Drive was also organized, in which 225 students participated.

NSS Special Programme for the North Eastern Region 22nd -26th October 2019:

Eleven students and two Programme officers participated in the "Capacity Building of Youth on Leadership and Personality Development through Life Skills", organized by the NSS Unit St. Anthony's College Shillong, from the 22nd of October to the 26th of October 2019, at Siloam, Umbrir. This programme was sponsored by the Regional Directorate, National Service Scheme, Guwahati.



National Unity Day 31st October 2019:

Commemorating the National Unity Day, which is also the birth anniversary of Sardar Vallabhbhai Patel, a lecture on “Sardar Vallabhbhai Patel and the Integration of Indian States” was organized. The lecture was delivered by Smt. C.L. Sunn, Assistant Professor Department of History, Sohra Government College. Smt. C.L. Sunn’s lecture, dwelled on the existence of the Princely States and the persuasive and coercive tactics employed by Sardar Patel in integrating them to the Indian Union.

Sketch/Painting Competition: A Sketch and Painting Competition on the theme Unity is Strength, was held in which 15 participants took part. The following were adjudged winners:

- 1st Kyntiewborlang Nongrum (B.A 5th Semester)
- 2nd Daryldolf Phanbuh (B.A 5th Semester)
- 3rd Daker Tham (B.A 3rd Semester)

Awareness Programme on Road Safety (05-11-2019) (A total of 42 student volunteers):

An Awareness Programme on Road Safety was conducted on the 5th November 2019. This was organized in collaboration with the Transport Committee of the College. Shri A.S. Shadap, Sub-Inspector Sohra Police Station provided a lecture on the Subject.

Special Camp at Mawkalang Village (09-12-2019 to 14-12-2019) (A total of 45 student volunteers):

The NSS Unit conducted a special camp, in the adopted village, Mawkalang, East Khasi Hills, from 09-12-2019 to 14-12-2019. During the weeklong stay a number of awareness programmes relating to health risks relating to smoking and chewing of tobacco; women and child health; upliftment of agriculture through scientific and modern methods of pest control and vermi-compost etc; Swacch Bharat initiative, refurbishing and painting of the village community hall were conducted.



Workshop on Challenges and Opportunities in NSS (27thnd 28th February 2020)

The two Programme Officers Dr. Kamailang Nongmalieh and Shri Klur Manik Syiem attended the above workshop organized by National Service Scheme Cell, North Eastern Hills University, Shillong in collaboration with the State NSS Cell, Government of Meghalaya along with Regional; Directorate of NSS, Guwahati, Government of India, Ministry of Youth Affairs and Sports.



Klur Manik Syiem

Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Kamailang Ranee

Shri. Kamailang Ranee
Programme Officer
NSS, Sohra Government College



SOHRA GOVERNMENT COLLEGE
SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



REPORT ON THE REGULAR ACTIVITIES 2018-2019

1. Tree Plantation at the College Campus as part of the World Environment Day Celebration on the 5th June, 2018:

As part of the World Environment Day Celebration, the College NSS Unit organised a Tree Plantation Programme in the Campus. A total of 96 volunteers took enthusiastic participation during the programme. The Programme was also participated by many of the teaching faculties of the College. A total of 250 saplings of the indigenous trees were planted. The saplings were supplied by the Soil and Water Conservation Department of the Government of Meghalaya.

2. Orientation Programme of the newly inducted NSS Volunteers at the College on the 15th June, 2018.

With the commencement of the new academic session for the year 2018, an orientation programme was organised at the college on the 15th June, 2018. The Orientation Programme was attended by 300 newly inducted volunteers of the college. During the Orientation Programme, Shri K.M. Syiem sensitised the student of the various aspects of the National Service Scheme including its objectives, vision and mission.

3. Van Mohatsav Week Celebration – Weeding and airing of roots of Trees in the Campus Organised on the 7th July, 2018.

In order to ensure that the planted tree saplings (the recently planted and those planted during the previous years) survive and grow, the NSS Sohra Government College organised a weeding and airing of the roots on all the young trees in the campus. This activity also coincided with the Van Mohatsav Week (July 1-7). During the activity, about 100 student volunteers participated and all young trees were weeded and enclosures were erected around them to prevent them from being damaged by cattles.

4. Independence Day Celebration: Debate, Essay and Quiz Competition organised in the College on the 14th August, 2018

The NSS Sohra Government College organised competitions in Debate, Essay and Quiz for the students of the College on the 14th August, 2018 at 10.am onwards. The Programme was organised to ensure that the flame of patriotism and nationalism in the students are kept alive. In all about 50 students actively participated in the competitions. The winners were awarded with trophies/mementos, certificates for encouragement. The programme was successfully conducted with the help of NSS volunteers of the College.

5. Cleaning Drive at lew Sohra: Swacch Bharat Abhiyan programme organised at lew Sohra on the 15th September, 2018: As part of the nation-wide drive to keep India clean, the NSS Sohra Government College, Sohra organised a one-day cleaning drive at lew Sohra, one of the biggest market in the area. About 80 volunteers made themselves available during the programme.

6. Cleaning Drive at the College Campus on the 1st October, 2018 as part of the Gandhi Jayanti Celebration: To commemorate the 149th birth anniversary of Mahatma Gandhi, the NSS Sohra Government College organised a one day cleaning drive in the campus on the 1st October, 2018. The programme was participated by 80 volunteers who also constructed compost pits and dust bins for disposal of wastes in the college.

Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Shri. KamallangNongmalieh
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

The Principal
Sohra Government College
Sohra.



Subject: Report on the regular activities 2017-2018

1. Cleaning Drive in the College 15th May 2017:

With the conclusion of the Semester Exams (April-May) 2017, a Cleaning Drive was conducted on the 15th of May 2017 at the College premises. A total of 65 Student Volunteers participated in the Cleaning Drive.



2. Tree Plantation Programme at U Soso Tham Recreation Park, Saitsohpen Sohra on 03rd June 2017.

As part of the World Environment Day Celebration, a Tree Plantation Programme was organised at U Soso Tham Recreation Park, Saitsohpen Sohra. This programme was held in advance of the World Environment Day due to the fact that a portion of the College Campus has been earmarked for raising a building. As the proposed construction and the clearing of the portion is to be undertaken soon; it was felt

necessary to relocate the saplings planted the previous years to a secure location. Hence no new saplings were requisitioned for this Programme. A Total of 50 Volunteers including the PO's participated in the Programme.

3. Swacchh Bharat at Iew Sohra, (Sohra Market) on the 14th August 2017.

As part of the Swacchh Pakhwada, Unit undertook the task of conducting Swacchh initiative at Iew Sohra (Sohra Market) on the 14th August 2017. A total of 75 student volunteers and PO's participated in the cleaning of this local market after due permission had been obtained from the Office Syiem of Sohra. Local vendors too participated in the initiative.

4. Commemorating the Birth Anniversary of Dr. Sarvapalli Radhakrishnan 05th September 2017, in collaboration with the Sohra Government College Students' Union.

The Sohra Government College Student Union, whose office bearers are active NSS Volunteers, requested the Unit to lend a hand in commemorating the Birth Anniversary of Dr Sarvapalli Radhakrishnan- on the 05th of September 2017. 250 student Volunteers made themselves available for the programme.



5. **Swacchh Bharat Pakhwada in the College premises on 11-09-2017:** Continuing with its Swacchh initiative, the Unit involved itself in another Cleaning Drive on the 11th September 2017. The volunteers conducted cleaning drive of the approach road to the College, the Archaeological monument, (adjacent to the College Campus) as well as within the College grounds. A total of 550 volunteers participated in this programme.



6. **Trekking to Mawphlang Sacred Grove 30th November 2018.**

The unit undertook a Trekking expedition to Sacred Grove, Mawphlang via Laitryngew, Sohra Rim, Lad Mawphlang David Scott Trail. A total of 92 student Volunteers and PO's participated in the programme.



Konjia

Shri. Khur M. Syiem
Programme Officer
NSS, Sohra Government College

Kamran

Shri. Kamailang Rane
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



To,

The Principal
Sohra Government College
Sohra.

Report of the NSS Regular Activities 2016

I. World environment Day Celebration: (A total of 220 student Volunteers)

A. Poster and Sticker Campaign:02-06-2016

A Poster-Sticker Campaign under the theme- "The Earth: Our Home Habitat" ,was organized to create awareness among the community and public at large on the need to Protect, Save and Conserve the Environment.

i. Stickers on the Rear Windshield of Vehicles:

Stickers on issues relating to Protection and Conservation of the Environment was pasted on the rear windshield of the local taxis moving, Maxi Cab plying along the Sohra –Shillong route. It needs mention that the partnership and participation of the Sohra Taxi Owners Association and the Sohra - Shillong Maxi Cab Owners and Drivers Association was secured for the purpose.

ii. Posters at Tourist Spots:

Posters were pasted at strategic places frequented by Tourists such as the Tourist Hub at Duwan Sing Syiem Bridge, Mawkdoh; the Arwah-Lumshynna Tourist Hub, Sohra; the Nohkalikai Falls, Khliehshnong,Sohra; Nohsngithiang Falls, Mawsmai.

iii. Posters at Educational Institutions:

With the co-operation of the following Schools, Posters were also pasted at:

1. Ramakrishna Mission Higher Secondary School, Khlieh Shnong,Sohra.
2. St. John Bosco Boys' Higher Secondary School,Marai Ka Phon, Sohra.
3. St. John Bosco Girls' Higher Secondary School ,Marai Ka Phon, Sohra.
4. Agape Secondary School, Pomsohmen Sohra.
5. St. Louis Secondary School, Mawpun Kyrting, Sohra.
6. St. Peter and Paul Secondary School, Mawkisyiem, Sohra.
7. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.

iv. Posters at important Junctions and Government Offices:

Postersand Flex banner were placed at important junction and offices frequented by the general public:

1. Iew Sohra (Sohra Market)
2. Lad Thanat Junction
3. Office of the Sub- Divisional Officer, (Civil), Sohra.
4. Office of the Block Development Officer, Shella- Bholaganj C & RD Block, Sohra.
5. Community Health Centre, Sohra.

B. Tree Plantation Programme: 04-06-2016

A Tree Plantation Programme was organized on the 3rd June 2016, commencing from 9:30 am. A total of 200 student Volunteers, including the Higher Secondary Section participated in the Programme. The Volunteers were guided by the teaching Staff of the College and the Higher Secondary Section.

A total number of 200 saplings were planted on the occasion. Bamboo barricade was placed at each sapling to ensure their protection.



2. Van Mahotsav Week July 2016

i. Weeding and Airing of Sapling: 02-07-2016 (Saturday)

As part of the celebration of the Van Mahotsav Week, the NSS Volunteers of Sohra Government College organized a programme for the maintenance of the Saplings that had been planted in the last two years during the World Environment Day Celebration.

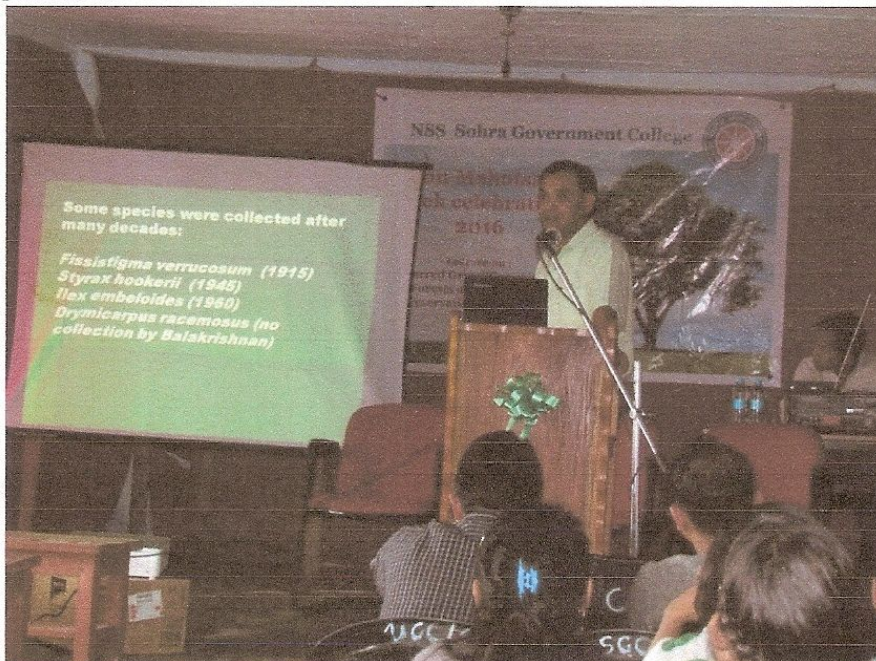
About 100 volunteers participated in the programme which lasted for a duration of 4 hours i.e 7:00 am to 11:00 am. The Volunteers enthusiastically participated in the Weeding and Airing of the saplings, to ensure unhindered growth.

The students were supervised by the following:

1. Shri Kamailang Raneer Programme Officer
2. Shri. Klur M. Syiem, Programme Officer.
3. Dr. Shembhalang Kharwanlang, Member Advisory Committee, NSS Sohra Government College.

ii. Lecture on "Sacred Grove/ Community Reserved Forest as instruments for the Preservation of Forest Cover". 05-07-2016 (Tuesday)

Conscious of the tag that Sohra (Cherrapunjee) being referred to as 'wet desert', the NSS Unit of Sohra Government College organized a Lecture on "**Sacred Grove/Community Reserved Forest as instruments for the preservation of Forest Cover**". Dr. Krishna Uppadhaya, Asst. Professor Basic Science, North Eastern Hills University, Shillong, who had done extensive study on the subject in Meghalaya, delivered a power-point presentation.



The resource person delved extensively on the fact that Meghalaya in particular and North East in general being the biological 'hot-spot' with a plethora of species being endemic only to the region. Presenting a case study of Sohra Plateau, where Sacred Groves/ Community Reserve Forests have been subjected to human disturbances, Dr. Uppadhaya apprised the student volunteers of the College, through the slides that he had collected, about the uniqueness of some of the specie to Sohra Plateau only. He also presented statistics to emphasis on the point

that the higher percentage of forest cover for Meghalaya was largely due to the presence of Sacred Groves and Community Reserved Forests. He exhorted the student volunteers to play a role in their community or village in ensuring protection to whatever patch of green cover available from the ravages of Forest fire which are common in the area.

Two hundred and five volunteers participate in the programme.

3. Social Harmony and National Unity (SHANU) Programme: 14th August 2016.(A total of 250 student Volunteers)

As part of the Programme on Social Harmony and National Unity, the Unit organized

- a. Quiz Competition for Secondary Schools in and around Sohra.
- b. Debate Competition: **Motion:** “Diversity is anathema to National Unity”
- c. Poster Competition: “Unity is Strength”



The schools which participated were:

- a. St. John Bosco Boys’ Higher Secondary School, Marai Ka Phon, Sohra.
- b. St. John Bosco Girls’ Higher Secondary School, Marai Ka Phon, Sohra.
- c. St. Louis Secondary School, Mawpun Kyrtiang, Sohra.
- d. St. Peter and Paul Secondary School, Mawkisiem, Sohra.
- e. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.
- f.

4. **Swacchh Bharat Pakhwada**

As part of the Swacchh Bharat Pakhwada the Unit was able to conduct Cleaning Drive at the famed Tourist Spot, Nohkalikai Falls, on the 22nd August 2016. 35 student volunteers and two Programme Officers participated in the Programme.

5. **Awareness on Voluntary Blood Donation and Voluntary Blood Donation**

In collaboration with the Red Ribbon Club, the Unit conducted an Awareness on Voluntary Blood Donation on the 16 of September 2016. Apart from the students of the college, participation was also sought from the local youth from the various localities round Sohra and the local Churches. The awareness Campaign was conducted by the Meghalaya Aids Control Society. On the occasion 32 Voluntary Blood donors donated Blood

6. **Workshop on Tourism: 22ND SEPTEMBER 2016**

A Workshop on “Prospects of Tourism in Sohra” was held on the 22nd September 2016.

Objective:

The objective of the Workshop would be to invoke, inspire and open up the stake holders to the various potential of Sohra’s Rural Tourism /Eco Tourism as an Economic Prospect that would help boost the local economy and act as viable alternative for economic sustenance.

Target Group:

Local Stake-holders such as :

1. The local Traditional Governing Institutions such as the Dorbar Shnong/Rangbah Shnong.

2. The local Youth Bodies of the Locality, Seng Samla Shnong etc
3. The Homestay Owners.
4. Resort Owners.
5. NSS Volunteers.

Resource Persons:

1. Tapping Tourism Potentials: Dr. Punit Gautam, Department of Tourism Management, North Eastern Hills University
2. Commercial Aspect of Tourism: Benjamin Lyngdoh, Asst Professor Department of Tourism, North Eastern Hills University
3. Local Culinary and Tourism: An Instrument of Supplementing Local Income Generation: Ms. Iba Uriah, NESFAS

More than 200 participants comprising the different target Groups participated.

7. Constitution Day 2016 celebration 26th November 2016.

The celebration was attended by the Teaching and non-Teaching Staff of the College and about 150 volunteers. The brief function was presided by Shri Klur M. Syiem, P.O NSS, Sohra Government College and the following programmes were conducted:

i. Reading of the Preamble to the Indian Constitution:

Shri A.K.Choudhury, HoD Economics Deptt, Sohra Government College lead the members present to read the Preamble to the Indian Constitution, rekindling the belief and faith of all the members present on the vision that the Makers of the Constitution have for our great Nation.

ii. Reading of the Fundamental Duties of the Indian Citizen as enshrined in the Indian Constitution:

Shri K. Niangmih, HoD Khasi Deptt, Sohra Government College, reminds all present on the importance of US as the citizens to not only claim for OUR RIGHTS but to be equally aware of OUR DUTIES. He emphasized that “someone else’s Duty becomes another’s Right”. A reading of the Fundamental Duties was also lead by Shri K. Niangmih.

iii. Lecture on “The Indian Constitution and the Constitution Day Celebration”.

Smt. Catherine Syngai, HoD Political Science Deptt, Sohra Government College, delivered a brief Lecture on the the Indian Constitution and the significance of this Day the 26th of November. She reminded the gathering that the recognition on the importance of this Day was recent origin. She informed that this year is only the second time when the 26th of November is celebrated as the Constitution Day or Samvidhan Divas. Previously this date was celebrated as Law Day. Mentioning on the unique and embracing nature of the Indian Constitution, she reiterated that this is a befitting acknowledgement to the Contributions of the Framers of the Indian Constitution.

The celebration ended with a Vote of Thanks from Shri Kamailang Rane, P.O NSS, Sohra Government College.



Klur M. Syiem
 Shri. Klur M. Syiem
 Programme Officer
 NSS, Sohra Government College

Kamailang Rane
 Shri. Kamailang Rane
 Programme Officer
 NSS, Sohra Government College



Sohra Government College, NSS, Unit

(Saitsohpen) Sohra,

East Khasi Hills District: Meghalaya Pin 793108



REPORT ON THE ACTIVITIES OF THE NSS UNIT, SOHRA GOVERNMENT COLLEGE FOR 2015-16.

The NSS Unit of Sohra Government College undertook the following activities for the year 2015-2016.

- Swacchh Bharat Abhiyan -13-08-15:** A Cleaning Drive of the College Campus was organized on the 13-08-15, as part of the nation-wide initiative of 'Clean India Campaign'. The total participants numbered around 560 volunteers and students of the college, who displayed eager enthusiasm by braving inclement weather conditions and
The Cleaning Drive started at 8:30 in the morning and continued till late in the afternoon. Apart from the College Campus, the drive was carried on along the Approach Road to the College, as well as the David Scott Monument located adjacent to the College Building.
- Independence Day Celebration 15th August 2015:** Along with the rest of the country, the NSS Unit of Sohra Government College also observed the 69th Independence Day. An elaborate programme was planned which included a Cross Country Race and Painting Competition. But due to incessant rain the Cross Country Race had to be abandoned. A short Programme was conducted in the presence of the Principal of the College. Shri Kamailang Rane, Programme Officer, reminded the student Volunteers of the hard-earned freedom that the country accomplished through the sacrifice of our forefathers and exhorted them to cherish and uphold the freedom and values, so as to enable them to become responsible citizens of TOMORROW. A Painting Competition was organized under the Theme: "Your Visualisation of an Independent India". Twenty Volunteers participated in the Painting Competition and the following three were adjudged winners:
 - Shri Roton Thabah 1st Prize
 - Shri. Dakerlang Tham 2nd Prize
 - Shri Aiskhem Shabong 3rd Prize.
- Career Guidance and Counselling- 19th September 2015:-** The NSS Unit in collaboration with the the Career Guidance and Counselling Cell, Sohra Government College conducted the Career Guidance and Counselling under the theme: "Change Yourself and Change the Society". The following Three persons addressed the programme as Resource Persons.
 - Professor. A. Kyrham Nongkynrih, Deptt of Sociology NEHU, gave a presentation on the sub- theme "Youth and Change".
 - Shri. S.S.Rynjah, a Counsellor with the Khasi Jaintia Welfare Association, dwelled on the sub-theme "Tackling Employment Related Examinations".
 - Shri. Airpeace Rani, Asst. Professor Political Science, Synod College Shillong, addressed on the sub-theme "Employment Opportunities for Students of the Arts Stream"
- Clean India Campaign at Tourist Spots- 15th October 2015:** Seventy Volunteers from this unit undertook the task of conducting a Cleaning Drive at two important Tourist Spots around Sohra viz; Nohkalikai Falls and Mawsmi Cave.
- Constitution day Celebration – 26th November 2015:** As part of the nation-wide celebration of Constitution Day, the Unit also organized a short programme in which a brief programme of reading

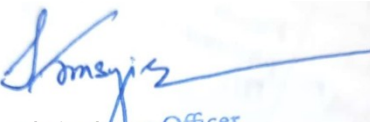
of the “Preamble to The Indian Constitution” was undertaken which was participated by the Students and Teaching staff of the College. A Poster Competition on the Theme “Unity in Diversity”, was also organized to mark the occasion of the adoption of the Constitution. The following Students were adjudged winners:

- a. Dakerlang Tham 1st Prize
- b. Roton Thabah 2nd Prize
- c. Shining Swer 3rd Prize

6. Special Camp- 7th December 2015 to 13th December 2015: The unit also conducted a Special Camp at its Adopted Village, Mawkalang, which is situated at the farthest corner under Laitkroh C& RD Block, Sohra Civil Sub-division. Important Highlights of the Special Camp included Awareness Programme on Rural Development Schemes, Economic Potential of Agriculture, Health and Nutrition, Socio-Economic Survey, Literary Awareness, Children and Youth Interaction. (*Detailed Report has been sent separately*).

7. Attending NSS Related Programmes:

- a. Two student Volunteers from the College, Shri. Aiskhem Shabong and Shri. Chwami Dhar participated in the North East Youth Camp held at Arunachal Pradesh from 5th June -11 June 2015.
- b. Ten Student volunteers and Shri Klur M. Syiem participated at the “Swacchh Bharat Abhiyan” held on the 31st July 2015 at NEHU, Mawkyroh Umshing, Shillong on the 31st July 2015.
- c. Ten Student volunteers and Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated at the NSS Foundation Day Programme at NEHU, Mawkyroh Umshing, Shillong on the 24th September 2015.
- d. Seven Student Volunteer and 02 Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated in the “Inter-District NSS Festival” held at Union Christian College, Ri-Bhoi District in October 2015.
- e. The two Programme Officers of the Unit, Shri. Kamailang Ranee and Klur M. Syiem, participated at the programme on “Social Harmony and National Unity”(SHANU), jointly organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu and NSS, Regional Directorate, Guwahati from the 5th January to 9th January 2016. This programme was conducted at NEHU, New Guest House, Mawkyroh-Umshing, Shillong.
- f. Nine Student Volunteers and 01 Programme Officer, Shri Klur M. Syiem, attended the North East Youth Festival held at Kohima, Nagaland from the 29th February to 5th March 2016.
- g. Ten Students along with 01 Programme Officer, Shri Kamailang Ranee, attended the “Digital India Programme” held at NEHU, Mawkyroh-Umshing, Shillong on the 3rd of March 2016.



Shri. Klur M. Syiem
NSS Unit, Sohra Government College,
Sohra



Shri. Kamailang Ranee
NSS Unit, Sohra Government College,
Sohra



SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

The Principal
Sohra Government College
Sohra.

Brief Report on the Activities of the NSS Unit, Sohra Government College, Sohra from 01st April 2019 to 31st March 2020.

Volunteering for Election (A total of 50 student Volunteers):

The Volunteers of the College attended as Volunteers during the Election to the Lok Sabha held on the 11th of April 2019. The Volunteers also attended the training for the volunteers held at Meghalaya Bharat Scouts and Guides Headquarter, Laban, Shillong in the first week of April 2019.

Swacchh Bharat Campaign:

- Cleaning Drive on 15th May 2019, at College Campus: A Cleaning Drive was organized on May 2019 as part of the Swachh Pakwada Programme. 60 (Sixty) Volunteers of the College participated in the Cleaning Drive.
- Cleaning Drive on the 06th July 2019: A Cleaning Drive was held on the 06th July 2019 in which 74 (Seventy four) Volunteers participated.
- Cleaning Drive on the 14th August 2019: As part of the preparation for the Independence Day Celebration, the Unit organized a mass Cleaning Drive on the 14th August 2019. More than 200 (Two hundred) students of the College participated in the Drive.



International Yoga Day 21st June 2019:

As part of the world wide celebration of the International Day for Yoga, the Unit organized, along with the NCC cadets, a Yoga session in the morning of the 21st June 2019. About 60 participants took part in the Yoga session.



Orientation Programme for New Volunteers on 23rd June 2019:

An Orientation Programme was conducted for the new volunteers to familiarized them with the aim, objectives and benefits of the NSS. About 200 Volunteers took part in the programme.

Van Mahotsav Week 04th July 2019

As part of the Van Mahotsav Week, the Unit organized a Tree Plantation Programme on the 04th July 2019. 70 volunteers took part in the tree plantation programme held in the premise of the College.

Talk on Swachhta and Swachchata Pledge 23rd July 2019 (A total of 305 student Volunteers)



As part of the Clean India Campaign of the Government of India a short programme was conducted on the 23rd July 2019 as regard to Clean Surroundings; followed by an Oath taking ceremony to maintain Cleanliness. The Programme Officer, Dr. Kamailang Nongmalieh delivered a Talk on Swachhta and led the students in the Pledge Taking Ceremony.

NSS Foundation Day 24th September 2019:

The Volunteers from the College participated in the 50th Foundation Day of the NSS held at NEHU Campus, Shillong. 20 Volunteers participated and presented cultural song and dance on the occasion.

150th Anniversary Celebration of the Birth Anniversary of Mahatma Gandhi:

The NSS Unit along with the Department of History, Sohra Government College celebrated the 150th Anniversary of the Birth of the "Father of the Nation"- Mahatma Gandhi on the 02nd October 2019. At the short inaugural function, to start the Celebration the Principal, Dr. A.L.Lyngdoh, reminded the students on the contribution of the Father of the Nation, towards liberating our Country from foreign yoke.



On this occasion a number of Activities were organized- Extempore Speech, Essay Writing, Sketch; Debate Competition and a Cleaning Drive. The themes for the various competitions were based on the beliefs and thinking of Mahatma Gandhi.

Extempore Speech Competition: There were, in all, 09 (Nine) participants in the Extempore Speech Competition. The following were adjudged winners:

- 1st: SamborlangKhongwar Class XI
- 2nd KyntiewlangNongrum B.A 5th Semester
- 3rd DaphishishaRinbon B.A 5th Semester

Sketch/Painting Competition: A Sketch and Painting Competition on the theme "Clean Surrounding, Healthy Surrounding" was held in which 11 participants took part. The following were adjudged winners:

- 1st Daryl DolfPhanbuh (B.A 5th Semester)
- 2nd KsanborRyngnga (Class XII)
- 3rd DonboklangTham (B.A 1st Semester)

Essay Writing Competiton:



The topic for the Essay was "Violence is Preferable to Cowardice". The total number of participants for the essay writing competition was 12. The following were adjudged winners:

- 1st QueendalyneDkhar B.A 3rd Semester
- 2nd PhilaiadonlangKhongjliw B.A 5th Semester
- 3rd Nanujywa B.A 3rd Semester

Debate Competition:

A debate on the motion "Non-Violence Protest is the best form of Protest", was conducted in which 06 participants took part. The following were adjudged winners:

- 1st SamborlangKhongwar Class XI
- 2nd Daphishisha Rinbon B.A.5th Semester
- 3rd Suchita Paul B.A. 3rd Semester

On this occasion a Cleaning Drive was also organized, in which 225 students participated.

NSS Special Programme for the North Eastern Region 22nd -26th October 2019:

Eleven students and two Programme officers participated in the "Capacity Building of Youth on Leadership and Personality Development through Life Skills", organized by the NSS Unit St. Anthony's College Shillong, from the 22nd of October to the 26th of October 2019, at Siloam, Umbrir. This programme was sponsored by the Regional Directorate, National Service Scheme, Guwahati.



National Unity Day 31st October 2019:

Commemorating the National Unity Day, which is also the birth anniversary of Sardar Vallabhbhai Patel, a lecture on “Sardar Vallabhbhai Patel and the Integration of Indian States” was organized. The lecture was delivered by Smt. C.L.Sunn, Assistant Professor Department of History, Sohra Government College. Smt. C.L. Sunn’s lecture, dwelled on the existence of the Princely States and the persuasive and coercive tactics employed by Sardar Patel in integrating them to the Indian Union.

Sketch/Painting Competition: A Sketch and Painting Competition on the theme Unity is Strength, was held in which 15 participants took part. The following were adjudged winners:

- 1st Kyntiewborlang Nongrum (B.A 5th Semester)
- 2nd Daryldolf Phanbuh (B.A 5th Semester)
- 3rd Daker Tham (B.A 3rd Semester)

Awareness Programme on Road Safety (05-11-2019) (A total of 42 student volunteers):

An Awareness Programme on Road Safety was conducted on the 5th November 2019. This was organized in collaboration with the Transport Committee of the College. Shri A.S.Shadap, Sub-Inspector Sohra Police Station provided a lecture on the Subject.

Special Camp at Mawkalang Village (09-12-2019 to 14-12-2019) (A total of 45 student volunteers):

The NSS Unit conducted a special camp, in the adopted village, Mawkalang, East Khasi Hills, from 09-12-2019 to 14-12-2019. During the weeklong stay a number of awareness programmes relating to health risks relating to smoking and chewing of tobacco; women and child health; upliftment of agriculture through scientific and modern methods of pest control and vermi-compost etc; Swacch Bharat initiative, refurbishing and painting of the village community hall were conducted.



Workshop on Challenges and Opportunities in NSS (27thnd 28th February 2020)

The two Programme Officers Dr. Kamailang Nongmalieh and Shri Klur Manik Syiem attended the above workshop organized by National Service Scheme Cell, North Eastern Hills University, Shillong in collaboration with the State NSS Cell, Government of Meghalaya along with Regional; Directorate of NSS, Guwahati, Government of India, Ministry of Youth Affairs and Sports.



Klur Manik Syiem

Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Kamailang Ranee

Shri. Kamailang Ranee
Programme Officer
NSS, Sohra Government College



SOHRA GOVERNMENT COLLEGE
SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



REPORT ON THE REGULAR ACTIVITIES 2018-2019

1. Tree Plantation at the College Campus as part of the World Environment Day Celebration on the 5th June, 2018:

As part of the World Environment Day Celebration, the College NSS Unit organised a Tree Plantation Programme in the Campus. A total of 96 volunteers took enthusiastic participation during the programme. The Programme was also participated by many of the teaching faculties of the College. A total of 250 saplings of the indigenous trees were planted. The saplings were supplied by the Soil and Water Conservation Department of the Government of Meghalaya.

2. Orientation Programme of the newly inducted NSS Volunteers at the College on the 15th June, 2018.

With the commencement of the new academic session for the year 2018, an orientation programme was organised at the college on the 15th June, 2018. The Orientation Programme was attended by 300 newly inducted volunteers of the college. During the Orientation Programme, Shri K.M. Syiem sensitised the student of the various aspects of the National Service Scheme including its objectives, vision and mission.

3. Van Mohatsav Week Celebration – Weeding and airing of roots of Trees in the Campus Organised on the 7th July, 2018.

In order to ensure that the planted tree saplings (the recently planted and those planted during the previous years) survive and grow, the NSS Sohra Government College organised a weeding and airing of the roots on all the young trees in the campus. This activity also coincided with the Van Mohatsav Week (July 1-7). During the activity, about 100 student volunteers participated and all young trees were weeded and enclosures were erected around them to prevent them from being damaged by cattles.

4. Independence Day Celebration: Debate, Essay and Quiz Competition organised in the College on the 14th August, 2018

The NSS Sohra Government College organised competitions in Debate, Essay and Quiz for the students of the College on the 14th August, 2018 at 10.am onwards. The Programme was organised to ensure that the flame of patriotism and nationalism in the students are kept alive. In all about 50 students actively participated in the competitions. The winners were awarded with trophies/mementos, certificates for encouragement. The programme was successfully conducted with the help of NSS volunteers of the College.

5. Cleaning Drive at lew Sohra: Swacch Bharat Abhiyan programme organised at lew Sohra on the 15th September, 2018: As part of the nation-wide drive to keep India clean, the NSS Sohra Government College, Sohra organised a one-day cleaning drive at lew Sohra, one of the biggest market in the area. About 80 volunteers made themselves available during the programme.

6. Cleaning Drive at the College Campus on the 1st October, 2018 as part of the Gandhi Jayanti Celebration: To commemorate the 149th birth anniversary of Mahatma Gandhi, the NSS Sohra Government College organised a one day cleaning drive in the campus on the 1st October, 2018. The programme was participated by 80 volunteers who also constructed compost pits and dust bins for disposal of wastes in the college.

Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Shri. KamallangNongmalieh
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.

To,

The Principal
Sohra Government College
Sohra.



Subject: Report on the regular activities 2017-2018

1. Cleaning Drive in the College 15th May 2017:

With the conclusion of the Semester Exams (April-May) 2017, a Cleaning Drive was conducted on the 15th of May 2017 at the College premises. A total of 65 Student Volunteers participated in the Cleaning Drive.



2. Tree Plantation Programme at U Soso Tham Recreation Park, Saitsohpen Sohra on 03rd June 2017.

As part of the World Environment Day Celebration, a Tree Plantation Programme was organised at U Soso Tham Recreation Park, Saitsohpen Sohra. This programme was held in advance of the World Environment Day due to the fact that a portion of the College Campus has been earmarked for raising a building. As the proposed construction and the clearing of the portion is to be undertaken soon; it was felt

necessary to relocate the saplings planted the previous years to a secure location. Hence no new saplings were requisitioned for this Programme. A Total of 50 Volunteers including the PO's participated in the Programme.

3. Swacchh Bharat at Iew Sohra, (Sohra Market) on the 14th August 2017.

As part of the Swacchh Pakhwada, Unit undertook the task of conducting Swacchh initiative at Iew Sohra (Sohra Market) on the 14th August 2017. A total of 75 student volunteers and PO's participated in the cleaning of this local market after due permission had been obtained from the Office Syiem of Sohra. Local vendors too participated in the initiative.

4. Commemorating the Birth Anniversary of Dr. Sarvapalli Radhakrishnan 05th September 2017, in collaboration with the Sohra Government College Students' Union.

The Sohra Government College Student Union, whose office bearers are active NSS Volunteers, requested the Unit to lend a hand in commemorating the Birth Anniversary of Dr Sarvapalli Radhakrishnan- on the 05th of September 2017. 250 student Volunteers made themselves available for the programme.



5. **Swacchh Bharat Pakhwada in the College premises on 11-09-2017:** Continuing with its Swacchh initiative, the Unit involved itself in another Cleaning Drive on the 11th September 2017. The volunteers conducted cleaning drive of the approach road to the College, the Archaeological monument, (adjacent to the College Campus) as well as within the College grounds. A total of 550 volunteers participated in this programme.



6. **Trekking to Mawphlang Sacred Grove 30th November 2018.**

The unit undertook a Trekking expedition to Sacred Grove, Mawphlang via Laitryngew, Sohra Rim, Lad Mawphlang David Scott Trail. A total of 92 student Volunteers and PO's participated in the programme.



Shri. Khur M. Syiem
Programme Officer
NSS, Sohra Government College

Shri. Kamailang Ranee
Programme Officer
NSS, Sohra Government College

SOHRA GOVERNMENT COLLEGE

SAITSOHPEN, SOHRA
EAST KHASI HILLS: MEGHALAYA – 793108
COLLEGE NSS UNIT.



To,

The Principal
Sohra Government College
Sohra.

Report of the NSS Regular Activities 2016

I. World environment Day Celebration: (A total of 220 student Volunteers)

A. Poster and Sticker Campaign:02-06-2016

A Poster-Sticker Campaign under the theme- "The Earth: Our Home Habitat" ,was organized to create awareness among the community and public at large on the need to Protect, Save and Conserve the Environment.

i. Stickers on the Rear Windshield of Vehicles:

Stickers on issues relating to Protection and Conservation of the Environment was pasted on the rear windshield of the local taxis moving, Maxi Cab plying along the Sohra –Shillong route. It needs mention that the partnership and participation of the Sohra Taxi Owners Association and the Sohra - Shillong Maxi Cab Owners and Drivers Association was secured for the purpose.

ii. Posters at Tourist Spots:

Posters were pasted at strategic places frequented by Tourists such as the Tourist Hub at Duwan Sing Syiem Bridge, Mawkdoh; the Arwah-Lumshynna Tourist Hub, Sohra; the Nohkalikai Falls, Khliehshnong,Sohra; Nohsngithiang Falls, Mawsmai.

iii. Posters at Educational Institutions:

With the co-operation of the following Schools, Posters were also pasted at:

1. Ramakrishna Mission Higher Secondary School, Khlieh Shnong,Sohra.
2. St. John Bosco Boys' Higher Secondary School,Marai Ka Phon, Sohra.
3. St. John Bosco Girls' Higher Secondary School ,Marai Ka Phon, Sohra.
4. Agape Secondary School, Pomsohmen Sohra.
5. St. Louis Secondary School, Mawpun Kyrting, Sohra.
6. St. Peter and Paul Secondary School, Mawkisyiem, Sohra.
7. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.

iv. Posters at important Junctions and Government Offices:

Postersand Flex banner were placed at important junction and offices frequented by the general public:

1. Iew Sohra (Sohra Market)
2. Lad Thanat Junction
3. Office of the Sub- Divisional Officer, (Civil), Sohra.
4. Office of the Block Development Officer, Shella- Bholaganj C & RD Block, Sohra.
5. Community Health Centre, Sohra.

B. Tree Plantation Programme: 04-06-2016

A Tree Plantation Programme was organized on the 3rd June 2016, commencing from 9:30 am. A total of 200 student Volunteers, including the Higher Secondary Section participated in the Programme. The Volunteers were guided by the teaching Staff of the College and the Higher Secondary Section.

A total number of 200 saplings were planted on the occasion. Bamboo barricade was placed at each sapling to ensure their protection.



2. Van Mahotsav Week July 2016

i. Weeding and Airing of Sapling: 02-07-2016 (Saturday)

As part of the celebration of the Van Mahotsav Week, the NSS Volunteers of Sohra Government College organized a programme for the maintenance of the Saplings that had been planted in the last two years during the World Environment Day Celebration.

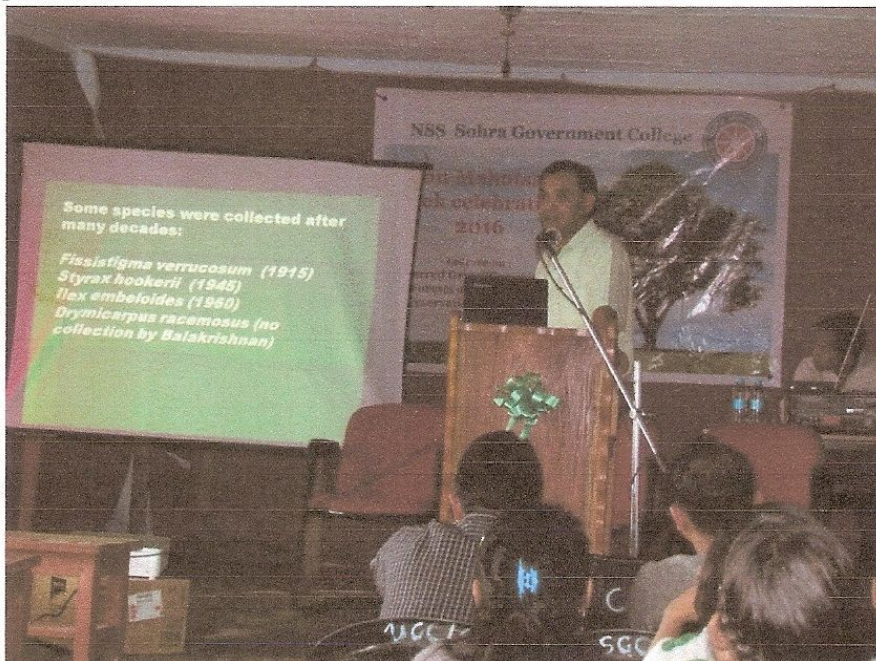
About 100 volunteers participated in the programme which lasted for a duration of 4 hours i.e 7:00 am to 11:00 am. The Volunteers enthusiastically participated in the Weeding and Airing of the saplings, to ensure unhindered growth.

The students were supervised by the following:

1. Shri Kamailang Rane Programme Officer
2. Shri. Klur M. Syiem, Programme Officer.
3. Dr. Shembhalang Kharwanlang, Member Advisory Committee, NSS Sohra Government College.

ii. Lecture on "Sacred Grove/ Community Reserved Forest as instruments for the Preservation of Forest Cover". 05-07-2016 (Tuesday)

Conscious of the tag that Sohra (Cherrapunjee) being referred to as 'wet desert', the NSS Unit of Sohra Government College organized a Lecture on "**Sacred Grove/Community Reserved Forest as instruments for the preservation of Forest Cover**". Dr. Krishna Uppadhaya, Asst. Professor Basic Science, North Eastern Hills University, Shillong, who had done extensive study on the subject in Meghalaya, delivered a power-point presentation.



The resource person delved extensively on the fact that Meghalaya in particular and North East in general being the biological 'hot-spot' with a plethora of species being endemic only to the region. Presenting a case study of Sohra Plateau, where Sacred Groves/ Community Reserve Forests have been subjected to human disturbances, Dr. Uppadhaya apprised the student volunteers of the College, through the slides that he had collected, about the uniqueness of some of the specie to Sohra Plateau only. He also presented statistics to emphasis on the point

that the higher percentage of forest cover for Meghalaya was largely due to the presence of Sacred Groves and Community Reserved Forests. He exhorted the student volunteers to play a role in their community or village in ensuring protection to whatever patch of green cover available from the ravages of Forest fire which are common in the area.

Two hundred and five volunteers participate in the programme.

3. Social Harmony and National Unity (SHANU) Programme: 14th August 2016.(A total of 250 student Volunteers)

As part of the Programme on Social Harmony and National Unity, the Unit organized

- a. Quiz Competition for Secondary Schools in and around Sohra.
- b. Debate Competition: **Motion:** “Diversity is anathema to National Unity”
- c. Poster Competition: “Unity is Strength”



The schools which participated were:

- a. St. John Bosco Boys’ Higher Secondary School, Marai Ka Phon, Sohra.
- b. St. John Bosco Girls’ Higher Secondary School, Marai Ka Phon, Sohra.
- c. St. Louis Secondary School, Mawpun Kyrtiang, Sohra.
- d. St. Peter and Paul Secondary School, Mawkisiem, Sohra.
- e. Sohra Academy, Ngam u Lah, Maraikaphon, Sohra.
- f.

4. Swacchh Bharat Pakhwada

As part of the Swacchh Bharat Pakhwada the Unit was able to conduct Cleaning Drive at the famed Tourist Spot, Nohkalikai Falls, on the 22nd August 2016. 35 student volunteers and two Programme Officers participated in the Programme.

5. Awareness on Voluntary Blood Donation and Voluntary Blood Donation

In collaboration with the Red Ribbon Club, the Unit conducted an Awareness on Voluntary Blood Donation on the 16 of September 2016. Apart from the students of the college, participation was also sought from the local youth from the various localities round Sohra and the local Churches. The awareness Campaign was conducted by the Meghalaya Aids Control Society. On the occasion 32 Voluntary Blood donors donated Blood

6. Workshop on Tourism: 22ND SEPTEMBER 2016

A Workshop on “Prospects of Tourism in Sohra” was held on the 22nd September 2016.

Objective:

The objective of the Workshop would be to invoke, inspire and open up the stake holders to the various potential of Sohra’s Rural Tourism /Eco Tourism as an Economic Prospect that would help boost the local economy and act as viable alternative for economic sustenance.

Target Group:

Local Stake-holders such as :

1. The local Traditional Governing Institutions such as the Dorbar Shnong/Rangbah Shnong.

2. The local Youth Bodies of the Locality, Seng Samla Shnong etc
3. The Homestay Owners.
4. Resort Owners.
5. NSS Volunteers.

Resource Persons:

1. Tapping Tourism Potentials: Dr. Punit Gautam, Department of Tourism Management, North Eastern Hills University
2. Commercial Aspect of Tourism: Benjamin Lyngdoh, Asst Professor Department of Tourism, North Eastern Hills University
3. Local Culinary and Tourism: An Instrument of Supplementing Local Income Generation: Ms. Iba Uriah, NESFAS

More than 200 participants comprising the different target Groups participated.

7. Constitution Day 2016 celebration 26th November 2016.

The celebration was attended by the Teaching and non-Teaching Staff of the College and about 150 volunteers. The brief function was presided by Shri Klur M. Syiem, P.O NSS, Sohra Government College and the following programmes were conducted:

- i. **Reading of the Preamble to the Indian Constitution:**
Shri A.K.Choudhury, HoD Economics Deptt, Sohra Government College lead the members present to read the Preamble to the Indian Constitution, rekindling the belief and faith of all the members present on the vision that the Makers of the Constitution have for our great Nation.
- ii. **Reading of the Fundamental Duties of the Indian Citizen as enshrined in the Indian Constitution:**
Shri K. Niangmih, HoD Khasi Deptt, Sohra Government College, reminds all present on the importance of US as the citizens to not only claim for OUR RIGHTS but to be equally aware of OUR DUTIES. He emphasized that “someone else’s Duty becomes another’s Right”. A reading of the Fundamental Duties was also lead by Shri K. Niangmih.
- iii. **Lecture on “The Indian Constitution and the Constitution Day Celebration”.**
Smt. Catherine Syngai, HoD Political Science Deptt, Sohra Government College, delivered a brief Lecture on the the Indian Constitution and the significance of this Day the 26th of November. She reminded the gathering that the recognition on the importance of this Day was recent origin. She informed that this year is only the second time when the 26th of November is celebrated as the Constitution Day or Samvidhan Divas. Previously this date was celebrated as Law Day. Mentioning on the unique and embracing nature of the Indian Constitution, she reiterated that this is a befitting acknowledgement to the Contributions of the Framers of the Indian Constitution.

The celebration ended with a Vote of Thanks from Shri Kamailang Rane, P.O NSS, Sohra Government College.



Klur M. Syiem
Shri. Klur M. Syiem
Programme Officer
NSS, Sohra Government College

Kamailang Rane
Shri. Kamailang Rane
Programme Officer
NSS, Sohra Government College



Sohra Government College, NSS, Unit

(Saitsohpen) Sohra,
East Khasi Hills District: Meghalaya Pin 793108



REPORT ON THE ACTIVITIES OF THE NSS UNIT, SOHRA GOVERNMENT COLLEGE FOR 2015-16.

The NSS Unit of Sohra Government College undertook the following activities for the year 2015-2016.

- Swacchh Bharat Abhiyan -13-08-15:** A Cleaning Drive of the College Campus was organized on the 13-08-15, as part of the nation-wide initiative of 'Clean India Campaign'. The total participants numbered around 560 volunteers and students of the college, who displayed eager enthusiasm by braving inclement weather conditions and
The Cleaning Drive started at 8:30 in the morning and continued till late in the afternoon. Apart from the College Campus, the drive was carried on along the Approach Road to the College, as well as the David Scott Monument located adjacent to the College Building.
- Independence Day Celebration 15th August 2015:** Along with the rest of the country, the NSS Unit of Sohra Government College also observed the 69th Independence Day. An elaborate programme was planned which included a Cross Country Race and Painting Competition. But due to incessant rain the Cross Country Race had to be abandoned. A short Programme was conducted in the presence of the Principal of the College. Shri Kamailang Rane, Programme Officer, reminded the student Volunteers of the hard-earned freedom that the country accomplished through the sacrifice of our forefathers and exhorted them to cherish and uphold the freedom and values, so as to enable them to become responsible citizens of TOMORROW. A Painting Competition was organized under the Theme: "Your Visualisation of an Independent India". Twenty Volunteers participated in the Painting Competition and the following three were adjudged winners:
 - Shri Roton Thabah 1st Prize
 - Shri. Dakerlang Tham 2nd Prize
 - Shri Aiskhem Shabong 3rd Prize.
- Career Guidance and Counselling- 19th September 2015:-** The NSS Unit in collaboration with the the Career Guidance and Counselling Cell, Sohra Government College conducted the Career Guidance and Counselling under the theme: "Change Yourself and Change the Society". The following Three persons addressed the programme as Resource Persons.
 - Professor. A. Kyrham Nongkynrih, Deptt of Sociology NEHU, gave a presentation on the sub- theme "Youth and Change".
 - Shri. S.S.Rynjah, a Counsellor with the Khasi Jaintia Welfare Association, dwelled on the sub-theme "Tackling Employment Related Examinations".
 - Shri. Airpeace Rani, Asst. Professor Political Science, Synod College Shillong, addressed on the sub-theme "Employment Opportunities for Students of the Arts Stream"
- Clean India Campaign at Tourist Spots- 15th October 2015:** Seventy Volunteers from this unit undertook the task of conducting a Cleaning Drive at two important Tourist Spots around Sohra viz; Nohkalikai Falls and Mawsmi Cave.
- Constitution day Celebration – 26th November 2015:** As part of the nation-wide celebration of Constitution Day, the Unit also organized a short programme in which a brief programme of reading

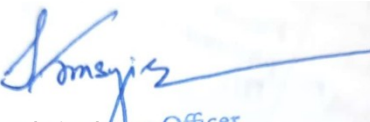
of the “Preamble to The Indian Constitution” was undertaken which was participated by the Students and Teaching staff of the College. A Poster Competition on the Theme “Unity in Diversity”, was also organized to mark the occasion of the adoption of the Constitution. The following Students were adjudged winners:

- a. Dakerlang Tham 1st Prize
- b. Roton Thabah 2nd Prize
- c. Shining Swer 3rd Prize

6. Special Camp- 7th December 2015 to 13th December 2015: The unit also conducted a Special Camp at its Adopted Village, Mawkalang, which is situated at the farthest corner under Laitkroh C& RD Block, Sohra Civil Sub-division. Important Highlights of the Special Camp included Awareness Programme on Rural Development Schemes, Economic Potential of Agriculture, Health and Nutrition, Socio-Economic Survey, Literary Awareness, Children and Youth Interaction. (*Detailed Report has been sent separately*).

7. Attending NSS Related Programmes:

- a. Two student Volunteers from the College, Shri. Aiskhem Shabong and Shri. Chwami Dhar participated in the North East Youth Camp held at Arunachal Pradesh from 5th June -11 June 2015.
- b. Ten Student volunteers and Shri Klur M. Syiem participated at the “Swacchh Bharat Abhiyan” held on the 31st July 2015 at NEHU, Mawkyroh Umshing, Shillong on the 31st July 2015.
- c. Ten Student volunteers and Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated at the NSS Foundation Day Programme at NEHU, Mawkyroh Umshing, Shillong on the 24th September 2015.
- d. Seven Student Volunteer and 02 Programme Officers, Shri. Kamailang Ranee and Klur M. Syiem, participated in the “Inter-District NSS Festival” held at Union Christian College, Ri-Bhoi District in October 2015.
- e. The two Programme Officers of the Unit, Shri. Kamailang Ranee and Klur M. Syiem, participated at the programme on “Social Harmony and National Unity”(SHANU), jointly organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu and NSS, Regional Directorate, Guwahati from the 5th January to 9th January 2016. This programme was conducted at NEHU, New Guest House, Mawkyroh-Umshing, Shillong.
- f. Nine Student Volunteers and 01 Programme Officer, Shri Klur M. Syiem, attended the North East Youth Festival held at Kohima, Nagaland from the 29th February to 5th March 2016.
- g. Ten Students along with 01 Programme Officer, Shri Kamailang Ranee, attended the “Digital India Programme” held at NEHU, Mawkyroh-Umshing, Shillong on the 3rd of March 2016.



Shri. Klur M. Syiem
NSS Unit, Sohra Government College,
Sohra



Shri. Kamailang Ranee
NSS Unit, Sohra Government College,
Sohra